

Pos.	Number	Pos.	Name	Club	Category	W	MV	WV	Cat	Time
1	152	1	Simon Harding	Macclesfield Harriers	M40		1		1	44:12
2	166	2	Billy Hicks	Macclesfield Harriers	M				1	44:52
3	232	3	Laurie Luscombe	Liverpool Harriers & AC	M				2	44:52
4	33	4	Andy Beavers	Macclesfield Harriers	M40		2		2	47:03
5	13	5	Lee Ashwood	Disley Runners	M50		3		1	47:03
6	115	6	Martin Evans	Staffordshire Moorlands AC	M40		4		3	47:24
7	198	7	Alex Jones	Ashbourne Running Club	M40		5		4	47:24
8	40	8	Chris Bentley	Macclesfield Harriers	M40		6		5	48:24
9	356	9	Leigh Thomas	Macclesfield Harriers	M				3	50:15
10	90	10	Sam Cooper	Bollington Harriers	M40		7		6	50:16
11	388	11	Oliver Winnington	Bollington Harriers	M				4	50:17
12	106	12	Callum Dinsdale	Hyde Village Striders	M				5	50:20
13	209	13	Gareth Knapper	Staffordshire Moorlands	M40		8		7	50:23
14	260	14	Jonathan Metcalfe	Macclesfield Harriers	M40		9		8	50:37
15	36	15	Geoffrey Beetham	Barrow runners	M40		10		9	50:56
16	159	16	Andy Harris		M40		11		10	51:03
17	289	17	Neil Pettie	Macclesfield Harriers	M50		12		2	51:06
18	211	18	Daniel Lawlor	Staffordshire Moorlands AC	M				6	51:48
19	282	19	Andy Page		M				7	51:49
20	150	20	Nick Hammond	Framlingham Flyers	M50		13		3	51:55
21	339	21	Paul Skuse	Glossopdale harriers	M40		14		11	52:09
22	103	22	Matt Dickinson	Salford Harriers	M40		15		12	52:15
23	378	23	Chris Weeks		M40		16		13	52:24
24	387	24	Chris Wilshaw	Belper Harriers	M				8	52:24
25	262	25	Graham Moffatt	Dark Peak Fell runners	M50		17		4	52:34
26	89	26	Jordan Cooper	Macclesfield Harriers	M				9	52:40
27	98	27	Kate Davies	Staffordshire Moorlands AC	W40	1		1	1	52:47
28	82	28	Michael Clewlow	Staffordshire Moorlands AC	M40		18		14	52:49
29	311	29	Wesley Raynbird-Tilbury	Macclesfield Harriers	M				10	53:06
30	191	30	Ashton Jenion		M				11	53:06
31	227	31	Steve Lomas	Macclesfield Harriers	M50		19		5	53:38
32	375	32	Michael Waring	Chester Triathlon Club	M50		20		6	53:46
33	369	33	Mark Walker	Macclesfield Harriers	M40		21		15	53:50
34	273	34	Amy Neill	Staffordshire Moorlands AC	W	2			1	54:15
35	350	35	Matthew Taylor	Wilmslow RC	M50		22		7	54:52
36	169	36	Mike Hill	Wilmslow RC	M50		23		8	54:56
37	333	37	John Scott	Stafford Harriers	M50		24		9	54:58
38	132	38	Chris Gorman	Mow Cop Runners	M40		25		16	55:00
39	294	39	William Platts	Pensby Runners	M				12	55:11
40	94	40	Andy Critchlow		M40		26		17	55:13
41	49	41	Dave Booth	Macclesfield Harriers	M40		27		18	55:26
42	17	42	Tom Atkinson		M50		28		10	55:30
43	128	43	Matt Gittins	Didsbury Runners	M40		29		19	55:43
44	371	44	Matt Wall	Staffordshire Moorlands AC	M40		30		20	56:14
45	91	45	Dominic Corkery	Cheadle rc	M				13	56:21
46	343	46	Chris Smith	Wreccam Tri	M50		31		11	56:29
47	22	47	Ashley Ball		M50		32		12	56:36
48	15	48	Paul Atkin	Macclesfield Harriers	M40		33		21	56:39
49	45	49	Alannah Birtwistle	Macclesfield Harriers	W	3			2	56:43
50	175	50	Robert Hough	SPECTRUM STRIDERS RC	M50		34		13	56:47
51	389	51	Rich Winnington		M				14	56:49
52	32	52	Elizabeth Batt	Dark Peak Fell runners	W50	4		2	1	56:55
53	313	53	Richard Rea	Stafford Harriers	M				15	56:56
54	167	54	Hannah Hicks	Macclesfield Harriers	W	5			3	57:05
55	251	55	Danny McIntyre	Rushcliffe AC	M50		35		14	57:06
56	238	56	Andrew Mainwaring		M40		36		22	57:28
57	174	57	Jarrold Homer	Wilmslow RC	M50		37		15	57:34
58	57	58	Thomas Broadhead	Macclesfield Harriers	M				16	57:37
59	318	59	Mike Roberts		M				17	57:48
60	257	60	James McMurdo	Macclesfield Harriers	M40		38		23	57:54
61	397	61	Matt Yardley		M50		39		16	57:58
62	373	62	Toby Wallis	Macclesfield Harriers	M				18	58:14
63	206	63	Luke Kelly	Chorlton Runners	M				19	58:15
64	319	64	Adam Robinson	Belper Harriers	M				20	58:20

65	11	65	Richard Applewhite	Macclesfield Harriers	M50		40		17	58:24
66	120	66	Susan Fourie	Run Free Llangollen	W50	6		3	2	58:25
67	34	67	Jo Bednall	Buxton AC	W50	7		4	3	58:29
68	179	68	Bruce Humphrey	Chorlton Runners	M40		41		24	58:30
69	100	69	Martin Day		M40		42		25	58:51
70	113	70	Andy Dykins	Macclesfield Harriers	M50		43		18	58:58
71	218	71	Dan Pritchard	Pennine	M				1	59:01
72	208	72	Ed Kennon		M40		44		26	59:02
73	392	73	Phil Wood	Helsby Running Club	M40		45		27	59:04
74	99	74	Ste Davison	Chorlton Runners	M40		46		28	59:27
75	236	75	Scott Macdonald	Poynton Runners	M				21	59:55
76	279	76	Jonathan Orwin		M				22	1:00:24
77	259	77	Rossiana Mee	Belper Harriers	W	8			4	1:00:31
78	37	78	Callum Bell		M				23	1:00:44
79	222	79	Andy Lidstone	Buxton AC	M50		47		19	1:00:59
80	366	80	Anna Tuffs		W	9			5	1:01:02
81	303	81	Joe Priestman		M				24	1:01:04
82	53	82	David Brearley	Mow Cop Runners	M60		48		1	1:01:05
83	351	83	Laura Telford	Macclesfield Harriers	W40	10		5	2	1:01:10
84	55	84	Dan Britton	Marple Runners	M40		49		29	1:01:26
85	309	85	Jim Rangeley	Steel City Striders	M				25	1:01:31
86	226	86	Paul Lockett	Staffordshire Moorlands AC	M50		50		20	1:01:34
87	140	87	Richard Green	Belper Harriers	M50		51		21	1:01:35
88	275	88	David Nimmo	South Cheshire Harriers	M40		52		30	1:01:38
89	189	89	Anna Ireland	Macclesfield Harriers	W50	11		6	4	1:01:53
90	264	90	Michael Moorhouse	Matlock ac	M70		53		1	1:01:56
91	202	91	Andrew Keary	Run Knutsford	M40		54		31	1:02:12
92	252	92	Alastair McKay	Run Knutsford	M				26	1:02:17
93	178	93	Tim Hudson	Bollington Harriers	M40		55		32	1:02:24
94	234	94	Glynn Luznyj	Staffordshire Moorlands AC	M40		56		33	1:02:25
95	23	95	Paul Ball	Audley Striders	M50		57		22	1:02:28
96	112	96	Matthew Dyke		M40		58		34	1:02:33
97	18	97	Edward Austin	Chester Triathlon Club	M60		59		2	1:02:34
98	54	98	David Brice		M				27	1:02:41
99	158	99	Paul Harrington		M50		60		23	1:02:44
100	114	100	Neil Emery		M50		61		24	1:03:18
101	224	101	Rob Lilley	Poynton Runners	M50		62		25	1:03:51
102	70	102	Nola Calladine		W40	12		7	3	1:04:02
103	109	103	Lizzie Dos Santos		W40	13		8	4	1:04:06
104	391	104	Charmaine Wood	Macclesfield Harriers	W40	14		9	5	1:04:06
105	80	105	Oliver Clarke	Silverdale RC	M				28	1:04:15
106	171	106	Ian Hodgkinson	Stafford Harriers	M50		63		26	1:04:23
107	76	107	David Chambers	Macclesfield Harriers	M40		64		35	1:04:30
108	359	108	Chris Thorley	Staffordshire Moorlands AC	M60		65		3	1:04:45
109	25	109	Oliver Barber	Macclesfield Harriers	M40		66		36	1:04:49
110	63	110	Nick Budd	Congleton Harriers	M60		67		4	1:04:50
111	96	111	Amy Dalton	Macclesfield Harriers	W	15			6	1:04:54
112	276	112	Ray O'Keefe	Macclesfield Harriers	M50		68		27	1:05:16
113	51	113	George Bracegirdle		M				29	1:05:17
114	360	114	Rebecca Till	Macclesfield Harriers	W50	16		10	5	1:05:21
115	316	115	Peter Richardson	Cheadle RC	M40		69		37	1:05:21
116	162	116	Sam Hayes		M				30	1:05:22
117	73	117	Dave Carr		M				31	1:05:30
118	293	118	Mark Platts	Staffordshire Moorlands AC	M50		70		28	1:05:45
119	326	119	Karen Ross	Run Knutsford	W50	17		11	6	1:05:47
120	188	120	Sam Hutchinson	Pennine Fell Runners	M40		71		38	1:05:50
121	181	121	Etienne Humphries	Chorlton Runners	M40		72		39	1:05:55
122	125	122	Martha Gilman		W	18			7	1:05:58
123	16	123	Cathy Atkinson	Manchester Tri Club	W50	19		12	7	1:06:11
124	156	124	Chris Harries		M40		73		40	1:06:12
125	281	125	Nicky Owen	Belper Harriers	W50	20		13	8	1:06:36
126	28	126	Carl Barton	Disley Runners	M50		74		29	1:06:37
127	101	127	Roger Dean	Bollington Harriers	M50		75		30	1:06:42
128	353	128	Nitesh Thakrar	Stafford Harriers	M60		76		5	1:06:47
129	324	129	Katie Rolfe	Buxton AC	W40	21		14	6	1:06:50

130	345	130	Adam Snowden	Stafford Tri	M40		77		41	1:06:55
131	383	131	Jason White	Staffordshire Moorlands AC	M50		78		31	1:07:05
132	164	132	Josh Hewitt	Macclesfield Harriers	M40		79		42	1:07:08
133	26	133	Katy Barnes	Run Knutsford	W40	22		15	7	1:07:23
134	242	134	Paul Markall	Buxton AC	M50		80		32	1:07:24
135	1	135	Peter Adams	Staffordshire Moorlands AC	M50		81		33	1:07:26
136	291	136	Wayne Pettitt		M40		82		43	1:07:29
137	290	137	Julie Pettitt		W40	23		16	8	1:07:33
138	111	138	John Dunne	Sandbach striders	M50		83		34	1:07:40
139	233	139	Angela Luznyj	Staffordshire Moorlands AC	W40	24		17	9	1:07:45
140	390	140	Richard Wise	Cybi striders	M60		84		6	1:07:50
141	365	141	Oscar Trevena	Macclesfield Harriers	M				32	1:08:10
142	393	142	Jennie Woods	Run Knutsford	W40	25		18	10	1:08:31
143	340	143	Andrew Slack		M40		85		44	1:08:33
144	248	144	Kate McCeery	Bollington Harriers	W50	26		19	9	1:08:41
145	323	145	Gary Rogerson	Macclesfield Harriers	M50		86		35	1:08:50
146	58	146	Jeremy Brookes	Biddulph Running Club	M40		87		45	1:08:55
147	288	147	Finlay Pettie	Macclesfield Harriers	M				33	1:08:56
148	97	148	Laura Dalton	Macclesfield Harriers	W	27			8	1:09:10
149	372	149	Cathryn Walley	Run Knutsford	W40	28		20	11	1:09:20
150	14	150	Lisa Ashwood	Disley Runners	W50	29		21	10	1:09:27
151	24	151	Emma Banister	Chorlton Runners	W50	30		22	11	1:09:28
152	62	152	Paul Brunt	Belper Harriers	M50		88		36	1:09:49
153	286	153	Nicola Pennington	Pennine Fell Runners	W50	31		23	12	1:10:06
154	213	154	Gabby Le Geyt	Macclesfield Harriers	W40	32		24	12	1:10:14
155	105	155	Barry Dillon	Macclesfield Harriers	M40		89		46	1:10:15
156	249	156	Alexander McCulloch	South Cheshire Harriers	M				34	1:10:16
157	247	157	Bernard McCarron	Macclesfield Harriers	M50		90		37	1:10:33
158	139	158	Chris Green	Helsby Running Club	M				35	1:10:36
159	395	159	Stephen Wright	Sandbach Striders	M40		91		47	1:10:38
160	215	160	Matt Lees	Bollington Harriers	M50		92		38	1:10:54
161	46	161	Jenny Black		W	33			9	1:11:01
162	338	162	Joanne Simpson	Run Knutsford	W40	34		25	13	1:11:34
163	398	163	Tom Yates	Rundamentalists	M40		93		48	1:11:35
164	192	164	Corin Jenion		W	35			10	1:11:44
165	225	165	Jason Littlewood	Stafford Harriers	M				36	1:11:45
166	199	166	Ann-Marie Jones	Macclesfield Harriers	W70	36		26	1	1:11:46
167	301	167	Jonathan Prager		M60		94		7	1:11:48
168	377	168	Will Waters	Run Knutsford	M50		95		39	1:11:50
169	41	169	Hannah Bentley		W40	37		27	14	1:11:51
170	86	170	Miles Coker	Bramhall Runners	M50		96		40	1:11:51
171	93	171	Lisa Costello	Belle Vue Racers	W40	38		28	15	1:11:53
172	12	172	Hannah Arnold	Staffordshire Moorlands AC	W40	39		29	16	1:12:06
173	157	173	Carl Harrington		M50		97		41	1:12:07
174	298	174	Francis Nigel Poole	Congleton Harriers	M60		98		8	1:12:11
175	194	175	David Johnson	Staffordshire Moorlands AC	M				37	1:12:23
176	143	176	Clare Griffin	Macclesfield Harriers	W50	40		30	13	1:13:00
177	144	177	Richard Griffin		M50		99		42	1:13:00
178	221	178	Paul Lewtey	Deestriders	M40		100		49	1:13:07
179	117	179	Nadine Fecht	Macclesfield Harriers	W	41			11	1:13:20
180	295	180	Toby Pogson	Chester Triathlon Club	M50		101		43	1:14:00
181	151	181	Jacqueline Hanmer	Harborough AC	W50	42		31	14	1:14:02
182	325	182	Tim Rolfe	Buxton AC	M50		102		44	1:14:10
183	364	183	Tom Tredwell	Buxton AC	M40		103		50	1:14:11
184	5	184	Paul Alexander	Pensby Runners	M60		104		9	1:14:13
185	349	185	Rosemary Symms	Chester Triathlon Club	W70	43		32	2	1:14:15
186	102	186	Victoria Dean		W40	44		33	17	1:14:21
187	310	187	Laura Rangeley	Steel City Striders	W	45			12	1:14:32
188	299	188	Amy Powe	Disley Runners	W	46			13	1:14:33
189	30	189	Tom Bates		M40		105		51	1:14:39
190	329	190	Andrew William Edward Rushwo		M40		106		52	1:14:39
191	160	191	Michael Harte	Poynton Runners	M50		107		45	1:14:41
192	127	192	Caroline Gisby	Macclesfield Harriers	W40	47		34	18	1:14:49
193	250	193	William McDonald	Buxton AC	M				38	1:14:51
194	287	194	Elaine Pettie	Macclesfield Harriers	W40	48		35	19	1:14:53

195	77	195	Andrew Chaplin	Bollington Harriers	M60		108		10	1:14:58
196	240	196	Nicola Mapes		W	49			14	1:14:59
197	110	197	Tom Drysdale	Ashbourne Running Club	M				39	1:15:03
198	6	198	Jemma Allen		W40	50		36	20	1:16:08
199	7	199	Kirstie Allen		W40	51		37	21	1:16:10
200	69	200	Caroline Caffery	Buckley Runners	W40	52		38	22	1:16:13
201	258	201	James McVeigh	Disley Runners	M50		109		46	1:16:19
202	141	202	Louise Greenall	Northwich RC	W50	53		39	15	1:16:19
203	332	203	Kathryn Schofield	Helsby Running Club	W	54			15	1:16:20
204	196	204	Fiona Johnston	Macclesfield Harriers	W40	55		40	23	1:16:32
205	305	205	Piyush Pushkar		M40		110		53	1:16:41
206	72	206	Phil Carpenter	Stockport Harriers	M40		111		54	1:16:44
207	122	207	Jack Gallacher	Belle Vue Racers	M				40	1:16:53
208	52	208	Melanie Bray	Glossopdale harriers	W50	56		41	16	1:16:54
209	330	209	Hannah Ryan	Helsby Running Club	W	57			16	1:17:07
210	31	210	Catherine Batt	Bollington Harriers	W40	58		42	24	1:17:08
211	274	211	Tom Neill		M50		112		47	1:17:08
212	296	212	Andy Pinton	Silverdale RC	M50		113		48	1:17:37
213	379	213	Maura Welch	Run Knutsford	W50	59		43	17	1:17:38
214	336	214	Bart Shirm		M				41	1:17:39
215	60	215	Steven Brown	Eryri	M50		114		49	1:17:51
216	173	216	Trevor Holliday	Run The Joules	M40		115		55	1:18:12
217	88	217	Dawn Cooper		W40	60		44	25	1:18:14
218	10	218	Catherine Applewhite	Run Knutsford	W50	61		45	18	1:18:20
219	300	219	Nathan Powe	Disley Runners	M				42	1:18:25
220	280	220	Lucy Osborne		W	62			17	1:18:41
221	277	221	Amy Oliver	Stafford Harriers	W	63			18	1:19:16
222	278	222	Mark Oliver	Stafford Harriers	M50		116		50	1:19:17
223	204	223	Emily Kellett		W	64			19	1:19:21
224	146	224	James Jonathan Hackett		M				43	1:19:24
225	163	225	Paul Herd		M50		117		51	1:19:25
226	84	226	Paul Clutterbuck	Northern vets	M50		118		52	1:19:35
227	306	227	Andrew Quigley		M40		119		56	1:19:38
228	307	228	Hannah Quinn		W	65			20	1:20:19
229	219	229	Elisabeth Lewis	Chorlton Runners	W40	66		46	26	1:20:21
230	2	230	Paul Aird	Deestriders	M60		120		11	1:20:23
231	284	231	Louise Payne	Bollington Harriers	W	67			21	1:20:39
232	142	232	Stuart Greenall	Northwich RC	M60		121		12	1:20:39
233	347	233	Nick Stafford	Bollington Harriers	M40		122		57	1:20:40
234	126	234	Elspeth Gilmour	Framlingham Flyers	W40	68		47	27	1:20:41
235	161	235	Sally Haycock	Stafford Harriers	W40	69		48	28	1:20:46
236	297	236	Helen Pinton	#mrprundamentalist	W40	70		49	29	1:20:57
237	223	237	Liz Lilley		W50	71		50	19	1:20:57
238	363	238	Andy Torbitt	Macclesfield Harriers	M				44	1:21:06
239	75	239	Michelle Carter	#mrprundamentalist	W40	72		51	30	1:21:07
240	8	240	Bethan Ambler	Congleton Harriers	W40	73		52	31	1:21:09
241	205	241	Joe Kelly	Helsby Running Club	M				45	1:21:18
242	368	242	Malcolm Dunne		M60		123		13	1:21:55
243	267	243	John Morris		M70		124		2	1:22:01
244	367	244	Chris Turner	Biddulph Running Club	M				46	1:22:07
245	344	245	Karen Smith	Chester Triathlon Club	W50	74		53	20	1:22:12
246	370	246	Phil Wardle	Staffordshire Moorlands AC	M				47	1:22:13
247	341	247	Andrew Smallman		M60		125		14	1:22:32
248	180	248	Natalie Humphreys		W50	75		54	21	1:22:40
249	217	249	Rob Leppard	Bollington Harriers	M50		126		53	1:22:46
250	214	250	Terry Leach Leach	Rundamentalists	M50		127		54	1:23:05
251	50	251	Sarah Booth	Macclesfield Harriers	W40	76		55	32	1:23:24
252	4	252	John Alcock	Newcastle Tri Club	M40		128		58	1:24:04
253	135	253	Jocelyn Granger	Staffordshire Moorlands AC	W60	77		56	1	1:24:07
254	116	254	Andy Farr		M40		129		59	1:24:10
255	201	255	Mark Price Jones		M50		130		55	1:24:11
256	107	256	Lisa Donnelly	Belle Vue Racers	W40	78		57	33	1:24:13
257	308	257	Shirley Ralph	Bramhall Runners	W40	79		58	34	1:24:44
258	165	258	Owen Hewson		M				48	1:24:54
259	346	259	Stephen Souness		M40		131		60	1:24:58

260	172	260	Andrew Hodson	Marple Runners	M50		132		56	1:25:06
261	87	261	Sarah Cook	Marple Runners	W40	80		59	35	1:25:06
262	124	262	Tom Gamwell	Macclesfield Harriers	M				49	1:25:09
263	272	263	Hazel Mycock		W40	81		60	36	1:25:14
264	184	264	Gemma Hurst		W40	82		61	37	1:25:15
265	154	265	Sarah Hargreaves	Bollington Harriers	W50	83		62	22	1:25:27
266	261	266	Lucy Mills	Helsby Running Club	W	84			22	1:25:31
267	21	267	George Bainton	Lymm Runners	M60		133		15	1:25:31
268	400	268	Simon Young	Chester road runners	M50		134		57	1:25:31
269	399	269	Alice Young		W	85			23	1:25:34
270	285	270	Andy Peet	Macclesfield Harriers	M60		135		16	1:25:38
271	149	271	Helen Hamer		W40	86		63	38	1:25:49
272	176	272	Dave Howells		M40		136		61	1:26:44
273	255	273	Maria McMaster		W40	87		64	39	1:26:44
274	357	274	Louise Thomas	Run Knutsford	W50	88		65	23	1:28:04
275	104	275	Hayley Diken		W40	89		66	40	1:28:22
276	245	276	Tom Marsh	Macclesfield Harriers	M				50	1:28:26
277	134	277	Tim Grainger	Wallsend Harriers	M40		137		62	1:28:37
278	314	278	Debbie Read	Helsby Running Club	W60	90		67	2	1:28:52
279	197	279	Michael Johnston		M40		138		63	1:28:58
280	66	280	Graeme Burns	Congleton Harriers	M50		139		58	1:29:09
281	381	281	Charlie Westbrook-Platts	Poynton Runners	W40	91		68	41	1:29:41
282	380	282	Matt Westbrook	Poynton Runners	M40		140		64	1:29:42
283	183	283	Colin Hunter		M				51	1:31:37
284	328	284	Greg Rowlinson		M				52	1:31:37
285	254	285	Debbie McMahon		W40	92		69	42	1:31:38
286	376	286	Sue Waring	Chorlton Runners	W60	93		70	3	1:32:05
287	302	287	Kirstin Prager		W50	94		71	24	1:32:13
288	19	288	Liz Austin	Stafford Harriers	W	95			24	1:32:15
289	130	289	Mark Godden	Macclesfield Harriers	M60		141		17	1:32:32
290	121	290	Julia Foy	Belle Vue Racers	W50	96		72	25	1:33:56
291	71	291	Paul Calnan		M60		142		18	1:34:28
292	216	292	Jo Lenderyou	Run Knutsford	W50	97		73	26	1:35:04
293	193	293	Sue Jennings	Razzers Runners	W50	98		74	27	1:35:35
294	239	294	Sinead Malone	Chester Triathlon Club	W50	99		75	28	1:36:21
295	195	295	Sarah Johnson	Run Knutsford	W	100			25	1:36:23
296	253	296	Louisa McKay	Run Knutsford	W	101			26	1:36:24
297	203	297	Rosalind Keary	Run Knutsford	W	102			27	1:36:24
298	108	298	Sandra Donnelly	Lymm Runners	W50	103		76	29	1:36:25
299	129	299	Louise Godden		W60	104		77	4	1:37:03
300	65	300	Katherine Burgess		W40	105		78	43	1:37:06
301	67	301	Lois Buxton		W50	106		79	30	1:37:24
302	74	302	Richard Carr		M50		143		59	1:37:37
303	317	303	Judith Ritchie		W60	107		80	5	1:38:03
304	61	304	Georgia Brunt		W	108			28	1:38:03
305	155	305	Claire Harper	Here for the Trout	W40	109		81	44	1:39:02
306	59	306	Sarah Brown	Here for the Trout	W	110			29	1:39:35
307	335	307	Amanda Scotter	Deestridders	W40	111		82	45	1:39:36
308	47	308	Jane Blackwell		W50	112		83	31	1:39:37
309	119	309	Alison Felstead	Lymm Runners	W50	113		84	32	1:40:35
310	133	310	Rob Gorton	Macclesfield Harriers	M				53	1:41:29
311	200	311	Cath Jones		W60	114		85	6	1:44:03
312	342	312	Breeshey Smith		W50	115		86	33	1:44:03
313	270	313	Vikki Murphy		W50	116		87	34	1:44:04
314	3	314	Sarah Aitkenhead	Stafford Harriers	W40	117		88	46	1:44:06
315	355	315	Laura Thomas	Havering 90 joggers	W40	118		89	47	1:45:45
316	138	316	Sarah Gray	Stafford Harriers	W60	119		90	7	1:48:33
317	354	317	Chris Thomas	Havering 90 joggers	M40		144		65	1:48:33
318	210	318	Chrissie Knight	Lymm Runners	W70	120		91	3	1:52:06