

Category Winners						
Men	Name	Club		Women	Name	Club
1st	Simon Harding (M40)	Macclesfield Harriers		1st	Kate Davies (W40)	Staffordshire Moorlands AC
2nd	Billy Hicks (M)	Macclesfield Harriers		2nd	Amy Neill (W)	Staffordshire Moorlands AC
3rd	Laurie Luscombe (M)	Liverpool Harriers & AC		3rd	Alannah Birtwistle (W)	Macclesfield Harriers
M40	Name	Club		W40	Name	Club
1st	Simon Harding	Macclesfield Harriers		1st	Kate Davies	Staffordshire Moorlands AC
2nd	Andy Beavers	Macclesfield Harriers		2nd	Laura Telford	Macclesfield Harriers
3rd	Martin Evans	Staffordshire Moorlands AC		3rd	Nola Calladine	
M50	Name	Club		W50	Name	Club
1st	Lee Ashwood	Disley Runners		1st	Elizabeth Batt	Dark Peak Fell runners
2nd	Neil Pettie	Macclesfield Harriers		2nd	Susan Fourie	Run Free Llangollen
3rd	Nick Hammond	Framlingham Flyers		3rd	Jo Bednall	Buxton AC
M60	Name	Club		W60	Name	Club
1st	David Brearley	Mow Cop Runners		1st	Jocelyn Granger	Staffordshire Moorlands AC
2nd	Edward Austin	Chester Triathlon Club		2nd	Debbie Read	Helsby Running Club
3rd	Chris Thorley	Staffordshire Moorlands AC		3rd	Sue Waring	Chorlton Runners
M70	Name	Club		W70	Name	Club
1st	Michael Moorhouse	Matlock ac		1st	Ann-Marie Jones	Macclesfield Harriers
2nd	John Morris			2nd	Rosemary Symms	Chester Triathlon Club
3rd	-	-		3rd	Chrissie Knight	Lymm Runners
Team Awards				Team Awards		
Men	Club	Athletes		Women	Club	Athletes
1st	Macclesfield Harriers	152.Simon Harding		1st	Macclesfield Harriers	45.Alannah Birtwistle
	15 points	166.Billy Hicks			275 points	167.Hannah Hicks
	(1,2,4,8)	33.Andy Beavers			(49,54,83,89)	351.Laura Telford
		40.Chris Bentley				189.Anna Ireland
2nd	Staffordshire Moorlands AC	115.Martin Evans		2nd	Staffordshire Moorlands AC	98.Kate Davies
	96 points	211.Daniel Lawlor			372 points	273.Amy Neill
	(6,18,28,44)	82.Michael Clewlow			(27,34,139,172)	233.Angela Luznyj
		371.Matt Wall				12.Hannah Arnold
3rd	Bollington Harriers	90.Sam Cooper		3rd	Run Knutsford	326.Karen Ross
	241 points	388.Oliver Winnington			543 points	26.Katy Barnes
	(10,11,93,127)	178.Tim Hudson			(119,133,142,149)	393.Jennie Woods
		101.Roger Dean				372.Cathryn Walley
Vets	Club	Athletes		Vets	Club	Athletes
1st	Macclesfield Harriers	152.Simon Harding (40)		1st	Macclesfield Harriers	351.Laura Telford (40)
	27 points	33.Andy Beavers (40)			390 points	189.Anna Ireland (50)
	(1,4,8,14)	40.Chris Bentley (40)			(83,89,104,114)	391.Charmaine Wood (40)
		260.Jonathan Metcalfe (40)				360.Rebecca Till (50)
2nd	Staffordshire Moorlands AC	115.Martin Evans (40)		2nd	Run Knutsford	326.Karen Ross (50)
	164 points	82.Michael Clewlow (40)			543 points	26.Katy Barnes (40)
	(6,28,44,86)	371.Matt Wall (40)			(119,133,142,149)	393.Jennie Woods (40)
		226.Paul Lockett (50)				372.Cathryn Walley (40)
3rd	Bollington Harriers	90.Sam Cooper (40)		3rd	Staffordshire Moorlands AC	98.Kate Davies (40)
	390 points	178.Tim Hudson (40)			591 points	233.Angela Luznyj (40)
	(10,93,127,160)	101.Roger Dean (50)			(27,139,172,253)	12.Hannah Arnold (40)
		215.Matt Lees (50)				135.Jocelyn Granger (60)