

Position	No.	Name	Club	Category	Time	M Master Pos	W Master Pos	Cat pos
1	44	Eammon Clowes	Newcastle (Staffs) Tri Club	MU23	00:33:05			1
2	462	Matthew Cleave		MSEN	00:34:31			1
3	20	Nathanael Booker	Macclesfield Harriers & AC	MSEN	00:34:46			2
4	464	Sam Whitehead	Vale Royal	MSEN	00:34:49			3
5	458	Ben Hobson	Chorlton Runners	MSEN	00:35:06			4
6	136	Andrew Lamont		M40	00:35:26	1		1
7	36	Phil Carpenter	Stockport Harriers & AC	M40	00:35:49	2		2
8	437	Michael Wood	Macclesfield Harriers & AC	MU23	00:36:07			2
9	139	Phil Larratt	Chorlton Runners	MSEN	00:36:11			5
10	453	Jack Walton		MU23	00:36:28			3
11	90	Alex Galloway	Macclesfield Harriers & AC	M40	00:36:44	3		3
12	198	Matt Owens	Pennine Fell Runners	M40	00:37:05	4		4
13	275	Mark Walker	Macclesfield Harriers & AC	M40	00:37:21	5		5
14	75	Martin Evans	Staffs Moorlands AC	M40	00:37:34	6		6
15	1	Dominic Allen	Levenshulme Runners	MSEN	00:37:38			6
16	162	Craig Marchington	Macclesfield Harriers & AC	MSEN	00:37:53			7
17	169	Rob Massey	Bollington Harriers	MSEN	00:38:15			8
18	294	Peter Williams	Wilmslow Striders	MSEN	00:38:23			9
19	259	Leigh Thomas	Macclesfield Harriers & AC	MSEN	00:38:31			10
20	142	Oliver Lee	Sale Harriers Manchester	MSEN	00:38:47			11
21	68	Mark Eastman	Bollington Harriers	MSEN	00:38:56			12
22	290	Tom Whittington	Macclesfield Harriers & AC	M40	00:39:00	7		7
23	298	Oliver Winnington	Bollington Harriers	MSEN	00:39:13			13
24	91	Neil Gerrity	Newcastle Staffs AC	M40	00:39:18	8		8
25	256	Christopher Tait	Sale Harriers Manchester	MSEN	00:39:19			14
26	214	David Ratcliffe	Boalloy Running Club	M50	00:39:23	9		1
27	8	Niall Bancroft	Darwen Dashers RC	MSEN	00:39:48			15
28	276	Hollie Wall	Staffs Moorlands AC	WSEN	00:39:50			1
29	440	Tom Worthington	Levenshulme Runners	MSEN	00:39:53			16
30	452	Ben Walton		MSEN	00:39:54			17
31	119	Joel Hulley	Stockport Harriers & AC	MU23	00:40:05			4
32	85	Graeme Fox	Pennine Fell Runners	MSEN	00:40:08			18
33	47	Sam Cooper	Bollington Harriers	M40	00:40:17	10		9
34	42	Rob Cleaver	Levenshulme Runners	MSEN	00:40:21			19
35	55	Ben Crossley	Vegan Runners UK	MSEN	00:40:22			20
36	67	Darren Dunn	Macclesfield Harriers & AC	M50	00:40:26	11		2
37	40	Nick Chick	Stockport Tri Club	M50	00:40:34	12		3
38	28	Benjamin Brown	Chorlton Runners	MSEN	00:41:00			21
39	473	Barnaby Gordon	Sale Harriers	M40	00:41:07	13		10
40	203	Neil Pettie	Macclesfield Harriers & AC	M50	00:41:10	14		4
41	102	Rachel Hall	Macclesfield Harriers & AC	W40	00:41:17		1	1
42	4	Mike Ashby	Sale Harriers Manchester	M40	00:41:19	15		11
43	292	Josh Wilkes	Golden Hour Runners	MSEN	00:41:21			22
44	262	Edward Thornton		MSEN	00:41:23			23
45	451	Glen Atkinson		MSEN	00:41:32			24
46	53	Edward Credland	Poynton Runners	MSEN	00:41:34			25
47	247	John Stockdale	Marple Runners	M50	00:41:38	16		5
48	192	Paul Noble	Sale Harriers Manchester	M50	00:41:48	17		6
49	468	Alex Mason	Runners meat the sea	M40	00:41:52	18		12
50	260	Helen Thompson	Poynton Runners	W40	00:41:57		2	2
51	33	Russ Cairns	Macclesfield Harriers & AC	M50	00:42:12	19		7
52	194	Ben Osullivan		MSEN	00:42:19			26
53	231	Laurie Sage	Levenshulme Runners	M40	00:42:20	20		13
54	30	Adam Burnett	Chorlton Runners	MSEN	00:42:22			27
55	64	Chris Duff		M40	00:42:23	21		14
56	24	Tom Boyesen-Corballis	Levenshulme Runners	MSEN	00:42:34			28
57	219	Andy Roberts	Macclesfield Harriers & AC	M50	00:42:45	22		8
58	279	Simon Ward		MSEN	00:42:52			29
59	476	Philip Thompson		M40	00:42:57	23		15
60	244	Hamish Stephen	Macclesfield Harriers & AC	MSEN	00:43:02			30
61	280	Lucy Wasinski	Glossopdale Harriers	W40	00:43:05		3	3
62	161	Andrew Mainwaring		M40	00:43:21	24		16

63	99	Miguel Gutierrez Rubio		MSEN	00:43:28			31
64	92	Kristy Gill	Macclesfield Harriers & AC	W40	00:43:33		4	4
65	117	David Hulley	Stockport Harriers & AC	M40	00:43:33	25		17
66	96	Wayne Grant	Goyt Valley Striders	M40	00:43:34	26		18
67	120	Bruce Humphrey	Chorlton Runners	M40	00:43:34	27		19
68	174	James McMurtry	Ashbourne RC	M50	00:43:40	28		9
69	277	Matt Wall	Staffs Moorlands AC	M40	00:43:44	29		20
70	288	William White	Levenshulme Runners	MSEN	00:43:48			32
71	235	Ian Sharpe	Chorlton Runners	M50	00:43:59	30		10
72	459	Sam Markowiz		MSEN	00:44:02			33
73	163	Angela Markley	Macclesfield Harriers & AC	W40	00:44:07		5	5
74	6	Francesca Bale	Chorlton Runners	WSEN	00:44:17			2
75	239	Joel Sims		MSEN	00:44:43			34
76	13	Paul Barrett	Sale Harriers Manchester	M40	00:44:47	31		21
77	234	Helen Saunders	Macclesfield Harriers & AC	WSEN	00:44:49			3
78	69	Graeme Eddie	Macclesfield Harriers & AC	M40	00:44:55	32		22
79	54	Dan Croft	Macclesfield Harriers & AC	M50	00:44:58	33		11
80	179	Richard Monksmith	Delamere Spartans	M40	00:45:05	34		23
81	58	Peter Daly	Glossopdale Harriers	M50	00:45:21	35		12
82	237	Chris Shearlock		M50	00:45:26	36		13
83	87	Wayne Francis	Macclesfield Harriers & AC	M40	00:45:28	37		24
84	81	Lee Fitzsimons	Heald Green Runners	M40	00:45:36	38		25
85	152	Richard Lowe		MSEN	00:45:43			35
86	3	Richard Applewhite	Macclesfield Harriers & AC	M40	00:45:44	39		26
87	10	David Barlow		M50	00:45:46	40		14
88	168	Emma Mason	Macclesfield Harriers & AC	WSEN	00:45:48			4
89	212	Chris Randall	Goyt Valley Striders	M40	00:45:51	41		27
90	444	Matt Yardley		M50	00:46:00	42		15
91	218	Ian Riley	Bollington Harriers	M40	00:46:01	43		28
92	243	Ian Stanway	Congleton Harriers	MSEN	00:46:04			36
93	472	Christopher Clements	Bollington Harriers	M40	00:46:10	44		29
94	441	Dan Wright		MSEN	00:46:15			37
95	41	Paul Crisp	Delamere Spartans	M60	00:46:18	45		1
96	193	Kathleen O'donnell	Macclesfield Harriers & AC	W40	00:46:21		6	6
97	187	Robert Murphy	Glossopdale Harriers	M60	00:46:26	46		2
98	442	Leigh Wykes	Macclesfield Harriers & AC	M50	00:46:27	47		16
99	177	Euan Mills		MSEN	00:46:27			38
100	267	Andrew Tongue	Chorlton Runners	MSEN	00:46:41			39
101	258	Laura Telford	Macclesfield Harriers & AC	W40	00:46:49		7	7
102	295	Ian Williamson	Chorlton Runners	M50	00:47:01	48		17
103	131	Yvonne King	Chorlton Runners	WSEN	00:47:24			5
104	160	Guy Maddox	Macclesfield Harriers & AC	M50	00:47:27	49		18
105	289	David Whitfield	Macclesfield Harriers & AC	M50	00:47:36	50		19
106	82	Sam Forbes-Walker	Levenshulme Runners	MSEN	00:47:39			40
107	140	James Leask	Bollington Harriers	M40	00:47:43	51		30
108	282	Daria Watson	Chorlton Runners	WSEN	00:47:44			6
109	158	Natalie Macfarlane	Chorlton Runners	WSEN	00:47:45			7
110	471	Sian Rowley	Sale Harriers	W40	00:47:52		8	8
111	287	Ivan Whigham	Goyt Valley Striders	M60	00:47:53	52		3
112	108	Josh Hewitt	Macclesfield Harriers & AC	M40	00:47:53	53		31
113	60	Martin Day		M40	00:48:06	54		32
114	116	Tim Hudson	Bollington Harriers	M40	00:48:08	55		33
115	469	John Dinan	Levenshulme Runners	M40	00:48:12	56		34
116	436	Charmaine Wood	Macclesfield Harriers & AC	W40	00:48:16		9	9
117	286	Rebbie Webb	Chorlton Runners	WSEN	00:48:17			8
118	270	Andrew Vincent	Bollington Harriers	M60	00:48:22	57		4
119	78	Alastair Fensome	Levenshulme Runners	MSEN	00:48:25			41
120	180	Mick Moorhouse	Matlock Athletic Club	M70	00:48:30	58		1
121	278	Sam Ward	Levenshulme Runners	MSEN	00:48:38			42
122	115	Joel Howarth	Bollington Harriers	M40	00:48:39	59		35
123	105	Sam Hayes		MSEN	00:48:40			43
124	46	Mark Cooper	Chorlton Runners	M50	00:48:42	60		20
125	215	Steve Rawlins	Chorlton Runners	M40	00:48:52	61		36

126	50	Barnaby Crawshaw	Pennine Fell Runners	M40	00:48:54	62		37
127	159	John Mackintosh		M50	00:48:58	63		21
128	89	Tom Gallagher		MSEN	00:49:02			44
129	56	Kieran Cummings	Chorlton Runners	M40	00:49:09	64		38
130	455	Lewis Edwards	South Cheshire Harriers	MSEN	00:49:10			45
131	238	Colin Shore	Stockport Tri Club	M50	00:49:11	65		22
132	246	James Stockdale	Marple Runners	MU23	00:49:12			5
133	181	Christopher More	Bollington Harriers	M40	00:49:16	66		39
134	156	Andrea Lynes	Macclesfield Harriers & AC	W50	00:49:22		10	1
135	229	Paul Rushworth	Grantham Running Club	M40	00:49:24	67		40
136	12	Graham Barnes		M60	00:49:30	68		5
137	65	Jamie Duncan		MU23	00:49:37			6
138	121	Etienne Humphries	Chorlton Runners	M40	00:49:41	69		41
139	133	Claire Kivlin	South Cheshire Harriers	WSEN	00:49:45			9
140	183	Owain Morris	Macclesfield Harriers & AC	MSEN	00:49:54			46
141	261	Michael Thorley	Macclesfield Harriers & AC	M50	00:49:54	70		23
142	470	Zulnaid Mondson	Chorlton Runners	W40	00:50:00		11	10
143	59	Paul Davidson	Chorlton Runners	M40	00:50:02	71		42
144	111	Colin Hill	Macclesfield Harriers & AC	MSEN	00:50:06			47
145	216	Hannah Rees		WSEN	00:50:16			10
146	144	Matt Lees	Bollington Harriers	M50	00:50:23	72		24
147	166	Rob Marsden	Sale Harriers	M40	00:50:30	73		43
148	467	Michael Williams	Bollington Harriers	M40	00:50:33	74		44
149	208	Piyush Pushkar		M40	00:50:34	75		45
150	241	Spence Sivewright	Macclesfield Harriers & AC	M60	00:50:37	76		6
151	439	Francis Wooff	Calder Valley Fell Runners	M60	00:50:39	77		7
152	176	Roland Meylan	Staffs Moorlands AC	M50	00:50:55	78		25
153	188	Matthew Nadin	Buxton AC	M40	00:50:59	79		46
154	125	Rachel Innis	Chorlton Runners	WSEN	00:51:00			11
155	263	Andy Thorp		M50	00:51:04	80		26
156	196	David John Owen	Staffs Moorlands AC	M40	00:51:06	81		47
157	454	Gordan Cresswell	Matlock Athletic Club	M70	00:51:23	82		2
158	57	Davide Cuoghi	Levenshulme Runners	MSEN	00:51:25			48
159	297	Elliot Wilson	Heald Green Runners	MSEN	00:51:27			49
160	195	Bradley Owen		MSEN	00:51:40			50
161	51	Samuel Crawshaw	Levenshulme Runners	M40	00:51:43	83		48
162	155	Angela Luznyj	Staffs Moorlands AC	W40	00:51:47		12	11
163	19	Alan Bocking	Cheshire Hill Racers	M70	00:51:51	84		3
164	173	Kelly McLean	Bollington Harriers	WSEN	00:51:52			12
165	113	Mark Hoath	Meltham AC	M40	00:51:54	85		49
166	438	Jennie Woods	Run Knutsford	W40	00:51:55		13	12
167	248	Jason Stott	Wilmslow Striders	M50	00:51:58	86		27
168	197	Nicky Owen	Belper Harriers	W50	00:52:04		14	2
169	26	James Brisbane	Bramhall Runners	M50	00:52:14	87		28
170	172	Paul McDaid	Heald Green Runners	M50	00:52:16	88		29
171	71	Mary Edgerton	Pennine Fell Runners	W60	00:52:23		15	1
172	80	Rhona Ferguson		WSEN	00:52:28			13
173	220	Charlotte Robinson		WSEN	00:52:36			14
174	153	Holly Lucas	Wilmslow Running Club	WSEN	00:52:40			15
175	103	Helen Hamilton	Pennine Fell Runners	W50	00:52:49		16	3
176	185	Philip Moyle	Chorlton Runners	M40	00:52:58	89		50
177	93	Harry Goddard	Chapel-en-le-Frith Runners	MSEN	00:53:04			51
178	232	Eifion Salsbury	Wilmslow Striders	M50	00:53:08	90		30
179	178	Antonio Mion	Running Bear	M50	00:53:10	91		31
180	460	Steve Fairelinch	Bramhall Runners	M50	00:53:11	92		32
181	122	Daniel Hunstley	Macclesfield Harriers & AC	M50	00:53:27	93		33
182	228	Karen Ross	Run Knutsford	W50	00:53:32		17	4
183	266	Sarah Tomkow		WSEN	00:53:38			16
184	27	Jeremy Brookes	Biddulph RC	M40	00:53:45	94		51
185	118	Jennifer Hulley	Stockport Harriers & AC	W40	00:53:54		18	13
186	443	Rob Wymer		M50	00:53:56	95		34
187	9	Emma Banister	Chorlton Runners	W50	00:53:59		19	5
188	474	Sarah Granville		WSEN	00:53:59			17

189	129	Dave Jones	Newcastle Staffs AC	M50	00:54:08	96		35
190	170	Bernard McCarron	Macclesfield Harriers & AC	M50	00:54:18	97		36
191	233	Jo Sampson	Bramhall Runners	WSEN	00:54:33			18
192	143	Becky Lees	Bollington Harriers	W50	00:54:38		20	6
193	165	Josh Marsden	Levenshulme Runners	MSEN	00:54:47			52
194	43	Phil Cliff	South Cheshire Harriers	M60	00:54:57	98		8
195	2	Cath Applewhite	Run Knutsford	W50	00:55:04		21	7
196	164	Graeme Marsden	Disley Runners	M60	00:55:05	99		9
197	242	James Stables	Meltham AC	M40	00:55:17	100		52
198	29	Nick Budd	Congleton Harriers	M60	00:55:22	101		10
199	255	Katherine Syrett	Chorlton Runners	W40	00:55:28		22	14
200	134	David Kivlin	South Cheshire Harriers	M40	00:55:38	102		53
201	182	Julian Morgan		M60	00:55:39	103		11
202	95	Toby Gold	Wilmslow Striders	M60	00:55:45	104		12
203	475	Megan Evans		WSEN	00:55:49			19
204	291	Gabriella Wieland	Chorlton Runners	WSEN	00:55:54			20
205	300	Ian Wolfendale	Pennine Fell Runners	M60	00:55:57	105		13
206	265	Louise Tomkow		WSEN	00:55:59			21
207	456	Michael Docherty		M70	00:56:02	106		4
208	268	Charlotte Turner	Chorlton Runners	WSEN	00:56:08			22
209	88	Kate Franklin	Macclesfield Harriers & AC	W40	00:56:09		23	15
210	273	Neal Wainwright	Chorlton Runners	M40	00:56:22	107		54
211	62	Siobhan Docksey		WSEN	00:56:23			23
212	77	Nadine Fecht	Macclesfield Harriers & AC	WSEN	00:56:34			24
213	207	Sarah Proudmore	Congleton Harriers	W50	00:56:41		24	8
214	70	James Eden		M40	00:56:45	108		55
215	11	Brian Barnes	Chorlton Runners	M60	00:56:51	109		14
216	74	Christina Emerson	Heald Green Runners	W50	00:56:54		25	9
217	206	John Porteous	Wilmslow Running Club	M70	00:56:55	110		5
218	457	Mark Hartell	Macclesfield Harriers & AC	M50	00:57:03	111		37
219	240	Frances Singer		WSEN	00:57:10			25
220	97	Hannah Greenlee	Chorlton Runners	WSEN	00:57:29			26
221	186	Linda Murgatroyd	Pennine Fell Runners	W50	00:57:42		26	10
222	245	Hannah Stirling		WSEN	00:57:48			27
223	283	Rachel Watson	Belle Vue Racers	W40	00:57:54		27	16
224	39	Andrew Chaplin	Bollington Harriers	M60	00:58:02	112		15
225	171	Kate McCreery	Bollington Harriers	W50	00:58:04		28	11
226	23	Dave Bowen	Pennine Fell Runners	M60	00:58:10	113		16
227	202	Elaine Pettie	Macclesfield Harriers & AC	W40	00:58:17		29	17
228	107	Sarah Helliwell		W60	00:58:20		30	2
229	213	Martin Rands	Macclesfield Harriers & AC	M60	00:58:36	114		17
230	124	Margaret Huyton	Macclesfield Harriers & AC	W70	00:58:38		31	1
231	128	Brad Johnson		M40	00:58:39	115		56
232	35	Andrew Carpenter	Stockport Harriers & AC	M40	00:58:47	116		57
233	221	Jennie Robinson	Macclesfield Harriers & AC	W40	00:58:55		32	18
234	461	Graham Dewar	Poynton Runners	M50	00:59:17	117		38
235	285	Robert Watt		MSEN	00:59:20			53
236	211	Michael Ramsey		MSEN	00:59:38			54
237	465	Beth Cantrell		WSEN	00:59:48			28
238	205	Yvonne Pope	Staffs Moorlands AC	W60	00:59:51		33	3
239	272	Alison Wainwright	Chorlton Runners	W40	00:59:53		34	19
240	76	Lily Feasby		WSEN	00:59:55			29
241	257	Melissa Tate	Chorlton Runners	W50	01:00:22		35	12
242	466	Iain Greig		MSEN	01:00:36			55
243	167	Lee Martin	Levenshulme Runners	M40	01:00:50	118		58
244	230	Julian Sacofsky	Levenshulme Runners	M60	01:00:54	119		18
245	296	Sara Williamson	Chorlton Runners	W50	01:00:58		36	13
246	15	Grace Bennett	Levenshulme Runners	WSEN	01:01:08			30
247	17	Tim Blackwell	Chorlton Runners	M50	01:01:12	120		39
248	210	Shirley Ralph	Bramhall Runners	W40	01:01:28		37	20
249	200	Andy Peet	Macclesfield Harriers & AC	M60	01:01:49	121		19
250	84	Mick Fowler	Matlock Athletic Club	M60	01:01:52	122		20
251	31	Robert Burns	Biddulph RC	MSEN	01:01:56			56

252	225	Joanna Rooney		WSEN	01:01:59			31
253	226	Laura Rooney		WSEN	01:01:59			32
254	227	Michael Rooney	Disley Runners	M60	01:02:11	123		21
255	175	Kiloran Metcalfe	Chorlton Runners	WSEN	01:02:29			33
256	94	Mark Godden	Macclesfield Harriers & AC	M60	01:02:36	124		22
257	269	Chris Turner	Biddulph RC	MSEN	01:03:02			57
258	264	Louise Toach	Nantwich Running Club	W40	01:03:03		38	21
259	463	Maisie Clark		WSEN	01:03:14			34
260	224	Frank Rogers	Levenshulme Runners	M50	01:04:35	125		40
261	34	Ann Carney	Chorlton Runners	W60	01:04:48		39	4
262	114	Garth Houlton		MSEN	01:05:46			58
263	293	Lianne Williams	Levenshulme Runners	WSEN	01:05:54			35
264	154	Julie Lucas	Wilmslow Running Club	W60	01:06:05		40	5
265	150	Emma Lord	Macclesfield Harriers & AC	W50	01:08:50		41	14
266	7	Angela C Bamford	Altrincham & District Athletic Club	W60	01:08:54		42	6
267	98	Tracy Gregory	Buxton AC	W50	01:10:52		43	15
268	217	Helen Reohorn		WSEN	01:10:56			36
269	137	Peter Lancaster		M60	01:19:26	126		23
270	299	Isaac Winton-Hayes		MU23	01:24:50			7
271	SWEEPER	Neil Gunn	Macclesfield Harriers & AC	M60	01:24:51	127		24
272	83	Rosie Foster		WSEN	DNF			
273	222	Kate Robinson	Macclesfield Harriers & AC	WSEN	DNF			