



Macclesfield Harriers & AC Club Records

Monthly Records - February & March 2024 Update

TRACK

Male						
Distance	Age Group	Name	Record	Date Set	Previous Record	Event Details
200m (Indoor)	V45	Jasyn Savage	29.57	18/02/2024	N/A	Manchester Indoor Open
600m (Indoor)	V45	Jasyn Savage	1:51.72	18/02/2024	1:56.18	Manchester Indoor Open
300m (Indoor)	V45	Jasyn Savage	46.49	10/03/2024	50.02	Manchester Indoor Open
60m (Indoor)	V60	Ian Ratcliffe	9.07	10/03/2024	N/A	Manchester Indoor Open
200m (Indoor)	V60	Ian Ratcliffe	30.73	18/02/2023	N/A	British Masters AF T&F Indoor
60mh (Indoor)	U15	Tristan Lamprecht	8.94	10/03/2024	9.01	UK Nationals, Sheffield
60mh (Indoor)	U13	Tristan Lamprecht	9.95	04/12/2022	N/A	Manchester Indoor Open
75m	U13	Tristan Lamprecht	10.70	03/07/2022	11.80	YDL, Macclesfield

Female						
Distance	Age Group	Name	Record	Date Set	Previous Record	Event Details

FIELD

Male						
Event	Age Group	Name	Record	Date Set	Previous Record	Event Details
Octathlon	U15	Tristan Lamprecht	3036 points	06/08/2023	N/A	England Athletics Combined, Sport City
Shot	U15	Tristan Lamprecht	10.09m	10/03/2024	N/A	UK Nationals, Sheffield

Female						
Event	Age Group	Name	Record	Date Set	Previous Record	Event Details

ROAD

Male						
Distance / Event	Age Group	Name	Record	Date Set	Previous Record	Event Details
5K	V50	John Carr	16:19	16/03/2024	16:46	Podium Festival, Leicester

Female						
Distance / Event	Age Group	Name	Record	Date Set	Previous Record	Event Details