

Macclesfield Harriers & AC Club Records



Monthly Records - **November / December 2023** Update

TRACK

Male						
Distance	Age Group	Name	Record	Date Set	Previous Record	Event Details
1000m (Indoor)	U15	Jake Rowley	2:45.95	20/11/2022	N/A	Northern Athletics Open, Sheffield
1000m (Indoor)	U17	Jake Rowley	2:38.10	25/11/2023	N/A	Northern Athletics Open, Sheffield
600m (Indoor)	U17	Jake Rowley	1:25.35	09/12/2023	1:25.90	Northern Athletics Open, Sheffield
600m (Indoor)	U17	Jake Rowley	1:24.94	17/12/2023	1:25.35	Manchester Indoor Open, Sportcity

Female						
Distance	Age Group	Name	Record	Date Set	Previous Record	Event Details

FIELD

Male						
Event	Age Group	Name	Record	Date Set	Previous Record	Event Details
Shot 2k	U11	Ben Hunsley	6.81m	26/11/2023	N/A	Connah's Quay Winter Indoor
High Jump	U11	Ben Hunsley	1.2m	26/11/2023	N/A	Connah's Quay Winter Indoor
Long Jump	U11	Ben Hunsley	.4.08m	26/11/2023	N/A	Connah's Quay Winter Indoor

Female						
Event	Age Group	Name	Record	Date Set	Previous Record	Event Details

ROAD

Male						
Distance / Event	Age Group	Name	Record	Date Set	Previous Record	Event Details
10K	V40	Mark Walker	33:01	06/03/2022	33:14	Trafford 10K
15K	V40	Mark Walker	57:01	19/11/2022	N/A	Merebrook 15K
Half-Marathon	V45	Mark Walker	1:13.04	15/10/2023	1:13.40	Manchester
Marathon	V45	Mark Walker	2:38.35	03/12/2023	2:41.22	Valencia, Trinidad Alfonso
10K	V50	John Carr	34:29	26/11/2023	34:40	Wilmslow Festive 10K

Female						
Distance / Event	Age Group	Name	Record	Date Set	Previous Record	Event Details