

Macclesfield Harriers & AC Club Records



Monthly Records - May 2023 Update

TRACK

Male						
Distance	Age Group	Name	Record	Date Set	Previous Record	Event Details
800m	V65	Geoff Pettengell	3:09.40	20/05/2023	N/A	Northern League West 1S

Female						
Distance	Age Group	Name	Record	Date Set	Previous Record	Event Details
3000m	V60	Sally-Ann Hales	14:10.70	20/05/2023	14:58.00	Northern League West 1S

FIELD

Male						
Event	Age Group	Name	Record	Date Set	Previous Record	Event Details
Shot Put	U13	Samuel Savage	9.21m	07/05/2023	9.06m	YDL Lower - NW 2
Discus	U13	Samuel Savage	20.70m	13/05/2023	20.49m	Cheshire County Champs

Female						
Event	Age Group	Name	Record	Date Set	Previous Record	Event Details

ROAD

Male						
Distance / Event	Age Group	Name	Record	Date Set	Previous Record	Event Details
5 Mile	V85	Harry Newton	47.28	05/02/2023	N/A	Alsager 5
10K	V85	Harry Newton	59.34	07/01/2023	N/A	Run Through Tatton 10K
Half Marathon	V85	Harry Newton	2:09.27	15/01/2023	N/A	Essar Four Villages HM
20 Mile	V85	Harry Newton	3:52.00	19/03/2023	N/A	Knighton 20
Marathon	V85	Harry Newton	5:28.53	23/04/2023	N/A	TCS London Marathon

Female						
Distance / Event	Age Group	Name	Record	Date Set	Previous Record	Event Details