

Pos.	No.	Name	Club	Cat	W Pos.	MV Pos.	WV Pos.	Cat pos	Time
1	190	Simon Harding	Macclesfield Harriers	M				1	49:51
2	233	Nathanael Booker	Macclesfield Harriers	M				2	52:15
3	175	Andy Beavers	Macclesfield Harriers	M40		1		1	52:35
4	350	Phil Larratt	Chorlton Runners	M				3	53:05
5	378	Barry Archbold	Wilmslow RC	M50		2		1	53:42
6	346	Billy Hicks	Macclesfield Harriers	M				4	55:03
7	255	Matthew Basnett	Staffordshire Moorlands AC	M				5	55:09
8	295	Eddie Mackintosh		M				6	55:25
9	76	Geoffrey Beetham	Barrow runners	M40		3		2	55:50
10	158	Chris Bentley	Macclesfield Harriers	M40		4		3	56:10
11	39	Andrew Brookshaw	Helsby Running Club	M40		5		4	56:42
12	265	Paul Skuse	Glossopdale Harriers	M40		6		5	57:42
13	388	Eammon Clowes	Newcastle Staffs Tri Club	M				7	57:50
14	391	Rob Whitby	Macclesfield Harriers	M				8	58:53
15	381	James Corden	Stockport Harriers	M50		7		2	58:57
16	371	Jonathan Metcalfe	Macclesfield Harriers	M40		8		6	58:59
17	135	Jordan Cooper	Macclesfield Harriers	M				9	59:29
18	123	Kate Davies	Staffordshire Moorlands AC	W40	1		1	1	59:42
19	18	Neil Pettie		M50		9		3	1:00:11
20	217	Chris Moss	Congleton Harriers	M50		10		4	1:00:34
21	215	Andy Harris		M40		11		7	1:00:42
22	93	Steve Lomas	Macclesfield Harriers	M50		12		5	1:00:44
23	348	Faye Sharpley	Macclesfield Harriers	W	2			1	1:01:01
24	383	Andrew Greenhalgh		M40		13		8	1:02:18
25	361	Ryan Anderson	Pennine Fell Runners	M				10	1:02:58
26	124	Chris Weeks		M40		14		9	1:03:15
27	252	Andy McMurdo	Pennine Fell Runners	M				11	1:03:18
28	111	Simon Roberts	Buckley Runners	M50		15		6	1:03:24
29	389	Egg Cameron	Macclesfield Harriers	W	3			2	1:03:43
30	387	Graham Moffatt	Dark Peak	M50		16		7	1:03:58
31	214	Michael Waring	Chester Triathlon Club	M50		17		8	1:04:04
32	269	Tom Atkinson	Bramhall Runners	M50		18		9	1:04:16
33	188	Bob Foreman	Matlock AC	M60		19		1	1:04:46
34	143	Wesley Raynbird-Tilbury	Macclesfield Harriers	M				12	1:04:51
35	52	Tony Coyne	Belle Vue Racers	M50		20		10	1:04:53
36	312	Robert Hough	Spectrum Striders	M50		21		11	1:04:56
37	283	Stephen Ellison		M40		22		10	1:05:02
38	301	Jarrold Homer	Wilmslow RC	M50		23		12	1:05:04
39	212	Paul Clutterbuck	Cheshire dragons	M50		24		13	1:05:22
40	211	Chris Wilshaw	Shelton Striders	M				13	1:05:28
41	142	Peter Gray	Buckley Runners	M40		25		11	1:05:30
42	120	Sam Cooper	Bollington Harriers	M				14	1:05:38
43	268	Daniel Bailey	Manchester YMCA Harriers	M				15	1:05:40
44	298	Susan Fourie	Run Free Fell Runners	W40	4		2	2	1:05:40
45	329	James McMurdo	Macclesfield Harriers	M40		26		12	1:05:42
46	201	Mike Hill	Wilmslow RC	M50		27		14	1:05:48

47	159	Rebecca Till	Macclesfield Harriers	W40	5		3	3	1:05:49
48	141	Dave Booth	Macclesfield Harriers	M40		28		13	1:05:51
49	110	Imogen Jones	Pennine Fell Runners	W40	6		4	4	1:05:54
50	155	Daniel Gill	Macclesfield Harriers	M40		29		14	1:06:14
51	370	Danny McIntyre	Rushcliffe AC	M50		30		15	1:06:31
52	225	Neil Gerrity	Newcastle staffs AC	M40		31		15	1:06:52
53	1	Jason Ball	Sinfin RC	M40		32		16	1:07:00
54	365	Mike Yule	Bollington Harriers	M				16	1:07:09
55	363	Liz Ellyard	Trafford AC	W40	7		5	5	1:07:19
56	230	John Scott	Stafford Harriers	M50		33		16	1:08:18
57	5	Stephen Jones	Sinfin RC	M				17	1:08:51
58	27	Brendan Devlin	Sinfin RC	M50		34		17	1:09:03
59	379	Mick Moorhouse	Matlock AC	M70		35		1	1:09:10
60	394	Caroline Leigh	Pennine Fell Runners	W	8			3	1:09:15
61	236	Alan Lea	Helsby Running Club	M50		36		18	1:09:20
62	32	Richard Applewhite	Macclesfield Harriers	M40		37		17	1:09:43
63	17	Paul Atkin	Macclesfield Harriers	M				18	1:09:56
64	390	Ann-Marie Jones	Macclesfield Harriers	W60	9		6	1	1:10:20
65	294	John Mackintosh		M50		38		19	1:10:24
66	100	Toby Wallis	Macclesfield Harriers	M				19	1:10:26
67	119	Trevor Hibbert	Sinfin RC	M40		39		18	1:10:32
68	393	Scott Davenport	Wyre Forrest HHH	M50		40		20	1:10:33
69	92	David Stevenson		M50		41		21	1:10:38
70	323	Michael Lemmy	Chester Triathlon Club	M50		42		22	1:10:51
71	299	Rachel Hollins	Chester Triathlon Club	W40	10		7	6	1:10:52
72	153	Christopher More	Bollington Harriers	M40		43		19	1:10:53
73	70	Christopher Morrison	Sinfin RC	M60		44		2	1:10:59
74	384	David Parkinson	Pennine Fell Runners	M40		45		20	1:11:01
75	200	Graeme Eddie	Macclesfield Harriers	M40		46		21	1:11:02
76	246	David Ahearn	Pennine Fell Runners	M40		47		22	1:11:11
77	285	Dominic Heslop		M40		48		23	1:11:23
78	45	David Nimmo	South Cheshire Harriers	M40		49		24	1:11:25
79	179	Eric Campbell	Buckley Runners	M60		50		3	1:11:35
80	242	Alannah Birtwistle	Macclesfield Harriers	W	11			4	1:12:14
81	83	Andy Lidstone	Buxton AC	M50		51		23	1:12:17
82	375	Ross Gilmour	Mow Cop Runners	M40		52		25	1:12:34
83	373	Paul Ball	Audley Striders	M50		53		24	1:12:35
84	15	Christopher Moore		M				20	1:12:57
85	231	Andy Dykins	Macclesfield Harriers	M50		54		25	1:12:57
86	253	Oliver Barber	Macclesfield Harriers	M40		55		26	1:13:03
87	147	Andrew James Doyle	Bolton United Harriers	M50		56		26	1:13:06
88	165	Paul Minton		M				21	1:13:15
89	325	Dan Robbins	Chester Triathlon Club	M40		57		27	1:13:19
90	235	Vanessa Harding		W40	12		8	7	1:13:59
91	356	Andrea Frost	Macclesfield Harriers	W50	13		9	1	1:14:20
92	354	Dan Croft	Macclesfield Harriers	M50		58		27	1:14:27
93	164	Richard Lawson	Wilmslow RC	M50		59		28	1:14:31

94	168	Tim Rolfe	Buxton AC	M40		60		28	1:14:32
95	259	Laurie Sage	Levenshulme Runners	M40		61		29	1:14:43
96	386	Hels Saunders	Macclesfield Harriers	W	14			5	1:14:58
97	218	Mike Roberts	Wathar Chips	M				22	1:15:00
98	366	Cathy Atkinson	Manchester Triathlon Club	W50	15		10	2	1:15:04
99	286	Ian Hodgkinson	Stafford Harriers	M50		62		29	1:15:39
100	64	Ruth Gamwell	Macclesfield Harriers	W40	16		11	8	1:15:43
101	340	Chris Thorley	Staffordshire Moorlands AC	M60		63		4	1:15:50
102	193	Barry Dillon	Macclesfield Harriers	M40		64		30	1:16:01
103	176	Oscar Trevena	Macclesfield Harriers	M				23	1:16:01
104	107	Richard Hankins	Helsby Running Club	M50		65		30	1:16:08
105	177	Peter Richardson	Cheadle running club	M40		66		31	1:16:21
106	112	June Whitehead	Helsby Running Club	W	17			6	1:16:30
107	271	Andrew Mainwaring		M40		67		32	1:16:35
108	369	Neil Emery	Rushcliffe AC	M50		68		31	1:16:48
109	198	Nick Howarth	Bolton United Harriers	M60		69		5	1:16:55
110	53	Adrian Roberts		M50		70		32	1:17:02
111	276	Richard Hudson	Macclesfield Harriers	M40		71		33	1:17:03
112	66	Andy Gray		M40		72		34	1:17:09
113	24	Paul Markall	Buxton AC	M50		73		33	1:17:43
114	126	Caroline Scott	Sinfin RC	W50	18		12	3	1:18:06
115	216	Jo Moss	Sandbach striders	W50	19		13	4	1:18:10
116	137	Emma Banister	Chorlton Runners	W50	20		14	5	1:18:14
117	199	Andrew Smallman		M60		74		6	1:18:36
118	136	Jimmy Mo	Belle Vue Racers	M50		75		34	1:18:52
119	186	Sally Ann Hales	Macclesfield Harriers	W50	21		15	6	1:19:01
120	48	Tim Thackstone		M60		76		7	1:19:06
121	328	James Williams	Macclesfield Harriers	M40		77		35	1:19:10
122	13	Etienne Humphries	Chorlton Runners	M40		78		36	1:19:10
123	287	Dan Britton	Marple Runners	M40		79		37	1:19:10
124	296	Neil Commins	Marple Runners	M50		80		35	1:19:14
125	395	Matthew Coyne	Belle Vue Racers	M40		81		38	1:19:18
126	355	Jamie Meynell	Sinfin RC	M				24	1:19:35
127	353	Stephen Clews	HATTON DARTS	M60		82		8	1:19:41
128	209	Roland Meylan		M50		83		36	1:19:44
129	9	Clare Griffin	Macclesfield Harriers	W50	22		16	7	1:19:49
130	207	Robert McWhinnie	Macclesfield Harriers	M				25	1:19:56
131	19	Finlay Pettie	Macclesfield Harriers	M				26	1:19:58
132	10	Tom Marsh	Macclesfield Harriers	M				27	1:19:58
133	338	Neil Gunn	Macclesfield Harriers	M60		84		9	1:20:25
134	130	Paul Burke		M50		85		37	1:20:30
135	316	Steve Fairclough	Bramhall Runners	M50		86		38	1:20:32
136	97	Zoe Stanley		W40	23		17	9	1:21:10
137	102	Mark Hamill	Chorlton Runners	M				28	1:21:28
138	181	Paul Harrington		M50		87		39	1:21:39
139	116	Tim Hudson	Bollington Harriers	M40		88		39	1:21:47
140	113	John Whitehead	Helsby Running Club	M				29	1:22:06

141	228	Julie Smith	The Fell Devils	W50	24		18	8	1:22:10
142	341	Peter Adams	Staffordshire Moorlands AC	M40		89		40	1:22:17
143	25	Karen Ross	Run Knutsford	W50	25		19	9	1:22:20
144	308	Vanessa Griffiths	Helsby Running Club	W50	26		20	10	1:22:27
145	38	Caroline Gisby	Macclesfield Harriers	W40	27		21	10	1:22:36
146	169	Katie Rolfe	Buxton AC	W40	28		22	11	1:22:38
147	49	Andy Shuttlewood		M50		90		40	1:22:40
148	303	Mark Messenger	Macclesfield Harriers	M50		91		41	1:22:42
149	145	Lisa Costello	Belle Vue Racers	W40	29		23	12	1:23:08
150	51	Graeme Bell		M50		92		42	1:23:08
151	368	Matt Broadhead	steel city striders	M40		93		41	1:23:09
152	318	Paul Adams	Chorlton Runners	M60		94		10	1:23:12
153	232	Andy Jackson	The Fell Devils	M50		95		43	1:23:14
154	220	Wayne Pettitt		M40		96		42	1:23:21
155	270	Jemma Allen		W40	30		24	13	1:23:23
156	139	Ed Barraclough	Watford Joggers	M				30	1:23:24
157	133	Pete Chell	Stafford Harriers	M50		97		44	1:23:26
158	20	Elaine Pettie	Macclesfield Harriers	W40	31		25	14	1:23:26
159	273	Kirstie Allen		W40	32		26	15	1:23:28
160	345	Tim Williams	Chester Triathlon Club	M50		98		45	1:23:37
161	125	Cathryn Walley	Run Knutsford	W40	33		27	16	1:24:00
162	154	Matt Lees	Bollington Harriers	M50		99		46	1:24:06
163	372	Tom Russell		M50		100		47	1:24:16
164	314	Stephanie Goodchild	Manchester YMCA Harriers	W50	34		28	11	1:24:22
165	262	Karl Davies	Mercia Fell Runners	M60		101		11	1:24:51
166	324	Iain Wood	Chester Triathlon Club	M60		102		12	1:24:58
167	21	Nicola Pennington	Belle Vue Racers	W50	35		29	12	1:25:02
168	72	Melanie Bray	Glossopdale Harriers	W50	36		30	13	1:25:12
169	229	Charlie Eldred	Chester Triathlon Club	M50		103		48	1:25:28
170	247	Jenny Black		W	37			7	1:25:45
171	362	Matt Wall		M40		104		43	1:25:48
172	223	Tom Yates		M40		105		44	1:25:52
173	8	Richard Griffin		M50		106		49	1:26:06
174	152	Nicholas Heaton	Bramhall Runners	M50		107		50	1:26:08
175	3	Laura Lane	Bollington Harriers	W40	38		31	17	1:26:15
176	382	Bernard McCarron	Macclesfield Harriers	M50		108		51	1:26:17
177	98	Sally Haycock	Stafford Harriers	W40	39		32	18	1:26:21
178	359	James Malone	Belle Vue Racers	M40		109		45	1:26:23
179	174	Rob Gorton	Macclesfield Harriers	M				31	1:26:59
180	148	Gabby Le Geyt	Macclesfield Harriers	W	40			8	1:26:59
181	310	Holly Lucas	Wilmslow RC	W	41			9	1:27:03
182	37	Jacqueline Hanmer	harborough AC	W50	42		33	14	1:27:16
183	117	Philip Walker	Sinfin RC	M50		110		52	1:27:33
184	7	Lauren Iredale	Winston Runners	W	43			10	1:27:34
185	86	Duncan Cowie	Sinfin RC	M50		111		53	1:27:37
186	88	Richard Gratton	Bollington Harriers	M50		112		54	1:27:45
187	377	Lee Birmingham	Mossley Running Club	M50		113		55	1:27:49

188	267	Katie Baker	Manchester YMCA Harriers	W	44		11	1:27:56
189	178	Carl Harrington		M50		114	56	1:27:56
190	42	Katy Barnes	Run Knutsford	W40	45	34	19	1:27:59
191	250	Deborah Hill	Congleton Harriers	W60	46	35	2	1:28:00
192	205	Rosemary Symms	Chester Triathlon Club	W60	47	36	3	1:28:08
193	61	Amanda Edwards		W40	48	37	20	1:28:16
194	195	Nick Budd	Congleton Harriers	M60		115	13	1:28:25
195	115	Roger Clarke	Sinfin RC	M50		116	57	1:28:32
196	184	Mike Hall	Bramhall Runners	M60		117	14	1:28:34
197	47	Adrian Hall		M40		118	46	1:28:37
198	56	Elsbeth Gilmour	Framlingham Flyers	W40	49	38	21	1:28:59
199	55	Nick Hammond	Framlingham Flyers	M50		119	58	1:29:00
200	196	Caroline Caffery	Buckley Runners	W40	50	39	22	1:29:03
201	162	David Howells		M40		120	47	1:29:42
202	335	Andy Howlen		M60		121	15	1:30:03
203	234	Amy Powe	Disley Runners	W	51		12	1:30:06
204	109	Michelle Carter	#mrptrundamentalist	W40	52	40	23	1:30:21
205	197	Steven Brown	Prestatyn	M50		122	59	1:30:34
206	311	Wendy Trelease	Glossopdale Harriers	W50	53	41	15	1:31:01
207	54	William Roberts	Congleton Harriers	M			32	1:31:05
208	16	Louise Roberts	Congleton Harriers	W	54		13	1:31:26
209	144	Karen Massey	Disley Runners	W40	55	42	24	1:31:35
210	302	Nicky Pochibko	Sinfin RC	W	56		14	1:31:40
211	277	Sue Jones	Stafford Harriers	W40	57	43	25	1:31:55
212	131	Nadia Hamilton-Rainey	Belle Vue Racers	W40	58	44	26	1:32:03
213	28	Vanessa Charters		W	59		15	1:32:21
214	2	Den Masset	Macclesfield Harriers	W60	60	45	4	1:32:53
215	349	Louise Tomkow		W	61		16	1:32:56
216	78	Kate Coyne	Bollington Harriers	W40	62	46	27	1:34:07
217	210	Michael Albericci		M			33	1:34:24
218	50	Derek Paterson		M50		123	60	1:34:33
219	87	Bob Frake	Beeston AC	M50		124	61	1:34:42
220	290	Mark Lynch	Marple Runners	M50		125	62	1:34:49
221	128	Helen Pointon	#mrptrundamentalist	W40	63	47	28	1:34:52
222	332	Kathryn Schofield	Helsby Running Club	W	64		17	1:34:59
223	241	David Horsfield	The Fell Devils	M50		126	63	1:35:11
224	63	John Morris	Buckley Runners	M70		127	2	1:35:41
225	34	Julie Heithus	Sinfin RC	W60	65	48	5	1:35:46
226	166	Paula Spray	Macclesfield Harriers	W50	66	49	16	1:35:55
227	203	Andy Farr		M40		128	48	1:35:58
228	69	Mary Devine	Run Knutsford	W50	67	50	17	1:36:04
229	226	Emma Vincent		W	68		18	1:36:39
230	282	Ruth Edwards	Stafford Harriers	W60	69	51	6	1:37:17
231	221	Julie Pettitt		W40	70	52	29	1:37:20
232	219	Amy Fradley		W40	71	53	30	1:37:20
233	11	Tim Marsh	Macclesfield Harriers	M50		129	64	1:37:23
234	249	Bethan Ambler	Congleton Harriers	W40	72	54	31	1:37:39

235	33	Francis Nigel Poole	Congleton Harriers	M60		130	16	1:37:40
236	322	Lucy Mills	Helsby Running Club	W	73		19	1:37:58
237	44	Karen Charters	Belle Vue Racers	W50	74	55	18	1:38:09
238	239	Lindsay Bennison	The Fell Devils	W50	75	56	19	1:38:20
239	106	Alex Maciver	Knutsford Tri club	M40		131	49	1:38:33
240	163	Maria McMaster		W40	76	57	32	1:38:38
241	31	Catherine Applewhite	Run Knutsford	W50	77	58	20	1:38:42
242	189	Alwyn Mulryne	Disley Runners	M50		132	65	1:38:47
243	339	Kathryn Keeling	Mow Cop Runners	W	78		20	1:38:58
244	275	Paul Calnan		M60		133	17	1:39:10
245	22	Helen Hamer	Bollington Harriers	W40	79	59	33	1:39:47
246	81	Lisa Sargeant	Disley Runners	W	80		21	1:40:08
247	68	Andrew Higginson		M50		134	66	1:40:26
248	237	Alison Williams		W50	81	60	21	1:40:39
249	85	Hayley Diken		W40	82	61	34	1:41:11
250	67	Mark Godden	Macclesfield Harriers	M60		135	18	1:41:18
251	26	Andy Peet	Macclesfield Harriers	M50		136	67	1:41:27
252	12	Bridget Marsh	Running Bear	W50	83	62	22	1:41:29
253	94	Sue Jennings	Razzers Runners	W50	84	63	23	1:41:51
254	194	Breeshey Smith	Bramhall Runners	W50	85	64	24	1:42:09
255	171	Elisabeth Lewis	Charlton Runners	W40	86	65	35	1:43:03
256	114	Sara Waters	Run Knutsford	W40	87	66	36	1:43:12
257	36	Jo Lenderyou	Run Knutsford	W50	88	67	25	1:43:12
258	80	Julie Whelan		W50	89	68	26	1:44:25
259	79	Matt Whelan		M50		137	68	1:44:25
260	334	Andrew Chaplin	Bollington Harriers	M50		138	69	1:44:40
261	138	Sarah Booth	Macclesfield Harriers	W40	90	69	37	1:44:44
262	157	David Shoesmith	Marple Runners	M60		139	19	1:46:53
263	172	David Lewis		M40		140	50	1:48:09
264	264	Andrew Hodson		M50		141	70	1:49:06
265	279	Sarah Cook	Marple Runners	W40	91	70	38	1:49:06
266	336	Karen Molloy	Marple Runners	W50	92	71	27	1:49:06
267	315	Anna Ashton	Marple Runners	W60	93	72	7	1:49:07
268	251	Simon Burrow	Marple Runners	M			34	1:49:07
269	330	Susan Waring	Chorlton Runners	W50	94	73	28	1:49:08
270	238	Carol Culley	Cheshire hash House harrie	W50	95	74	29	1:49:13
271	222	Kirstin Prager		W50	96	75	30	1:49:50
272	183	Hayley Hall	Bramhall Runners	W50	97	76	31	1:50:23
273	60	Joanne Booth		W40	98	77	39	1:50:44
274	243	Laura Ahearn	Marple Runners	W40	99	78	40	1:54:07
275	151	Vanessa Stokoe	Macclesfield Harriers	W50	100	79	32	1:54:19
276	333	Ian Blakebrough	Cheshire hash House harrie	M70		142	3	1:54:38
277	129	Gill Watson	Bollington Harriers	W50	101	80	33	1:55:14
278	118	Alicia Clare		W50	102	81	34	1:56:07
279	297	Melanie Commins	Marple Runners	W50	103	82	35	1:56:19
280	266	Rachel Myers	Marple Runners	W	104		22	1:57:10
281	278	Ali Holmes	Marple Runners	W40	105	83	41	1:57:11

282	284	Ross Oldroyd	Congleton Harriers	M			35	1:57:57
283	41	Jo Espley	Stafford Harriers	W40	106	84	42	1:59:20
284	82	Debbie Read	Helsby Running Club	W60	107	85	8	1:59:20
285	309	Julie Lucas	Wilmslow RC	W60	108	86	9	2:00:13
286	105	Jenny Airey	Macclesfield Harriers	W	109		23	2:02:07
287	248	Judith Ritchie		W60	110	87	10	2:03:02
288	121	Sarah Gray	Stafford Harriers	W60	111	88	11	2:23:32
289	300	Claire Bradley	Marple Runners	W40	112	89	43	2:23:37
290	289	Karen Andrew	Marple Runners	W50	113	90	36	2:23:37
291	367	Howard Friend		M50		143	71	2:30:35