

## Wincle Trout 10.06.23 Race Report

A glorious day for a fete but a ridiculously hot day for a run. At least the two river crossings provided a brief chance to cool down and there was a short respite from the heat in Lud's Church for the Seniors.

Apologies for a few results glitches, particularly in the team categories – the results programme is case sensitive, space sensitive and team names entered in different ways don't register as the same team (although we try and standardize these before the start).

Jake Ireland was first boy home in the Junior Trout in 13:50, followed by George O'Donnell, Thomas Wood (all U15) and Mathew Walker (U17) – a clean sweep for Macc Harriers. Joe Walker was first U13 Boy home in 17:44



Jake Ireland

Mia Heanor, Newcastle (Staffs)Tri Club led the girls home, with a strong run, finishing 7<sup>th</sup> overall in 17:53. Evie Willis (U13) was second girl, closely followed by Daisy Whittington. U17 winner was Rebecca Cudahy.

Well done to all the Juniors, it was a tough 3km over varied terrain in challenging conditions.



Mia Heanor

The Senior run was won by Simon Harding, who'd fully submerged himself at the last Dane crossing, in 49:51, followed by Nathaniel Booker in 52:15 and Andy Beavers (1<sup>st</sup> M40). Phil Larratt, Chorlton, was 4<sup>th</sup> and Barry Archbold of Wilmslow AC (1<sup>st</sup> M50) in 5<sup>th</sup>

Bob Foreman, Matlock AC, took the M60 title with M70 honours going to clubmate Mick Moorhouse



Simon Harding

Kate Davies, Staffs Moorlands (18<sup>th</sup> overall and 1<sup>st</sup> W40) overtook and held off Macclesfield's Faye Sharpley to win the ladies' race in 59:42. Egg Cameron, Macclesfield finished 3<sup>rd</sup>

W50 honours went to Andrea Frost and W60 to Anne-Marie Jones, both Macclesfield Harriers



Kate Davies

Macclesfield's Men won the team prize with a fantastic 12 points. Macclesfield's Vets. team (51 points) were 2<sup>nd</sup> overall and Wilmslow RC (also a Vets team) 3<sup>rd</sup>

The Male Vets team prize also went to Macclesfield, with Wilmslow RC 2<sup>nd</sup> and Sinfin RC 3<sup>rd</sup>

The Ladies' team prize was won by Macclesfield (163 points) with Helsby Running Club narrowly beating Run Knutsford's Vets to take 2<sup>nd</sup> ( 708 and 722 points respectively)

The Ladies' Vets. team prize went to a strong Macclesfield team (302 points) with Run Knutsford in 2<sup>nd</sup> and Belle Vue Racers in 3<sup>rd</sup> (765 points)

Thank you to the local land owners, the Wincle Trout Team, the radio operators from Raynet, the medical team and the many marshals (30+) from Wincle and Macclesfield Harriers without whom the race could not go ahead.

Thanks to our sponsors, Wincle Brewery, Topspeed Couriers, Stoddard's and for the generous donations from Running Bear

And finally, thanks to Bryan Dale and his team for some excellent action shots and finish photos

[http://www.racephotos.org.uk/Wincle%20Trout%20Run%20\[2023\].htm](http://www.racephotos.org.uk/Wincle%20Trout%20Run%20[2023].htm)