

Pos.	No.	Name	Club	Category	W Pos.	Master Po	Master Po	Cat pos	Time
1	118	Simon Harding	Macclesfield Harriers & AC	MSEN				1	33:00
2	140	Alex Jackson		MSEN				2	33:27
3	44	Allen Bunyan	Macclesfield Harriers & AC	MSEN				3	33:38
4	58	Emmon Clowes	Newcastle (Staffs) Tri Club	MU23				1	33:57
5	22	Tim Barry	Pennine Fell Runners	MU23				2	34:29
6	378	Billy Hikes	Macclesfield Harriers & AC	MSEN				4	34:41
7	391	Tom Arthur	Chorlton Runners	MSEN				5	34:55
8	45	Mark Burley	Macclesfield Harriers & AC	MSEN				6	34:57
9	153	George Langford	Chorlton Runners	MSEN				7	35:38
10	8	Dan Annison		MSEN				8	35:45
11	181	Craig Marchington	Macclesfield Harriers & AC	MSEN				9	35:53
12	375	Stefan Bramwell	Glossopdale Harriers	M50		1		1	36:09
13	24	Matthew Basnett	Staffs Moorlands AC	MSEN				10	36:20
14	176	Eddie Mackintosh		MU23				3	36:30
15	218	Joseph Pickard	Macclesfield Harriers & AC	MSEN				11	36:32
16	149	Luke Kelly	Chorlton Runners	MSEN				12	36:33
17	27	Andy Beavers	Macclesfield Harriers & AC	M40		2		1	36:33
18	155	Phil Larratt	Chorlton Runners	MSEN				13	36:35
19	189	Rob Massey	Bollington Harriers	MSEN				14	36:40
20	288	Robert Whitby	Macclesfield Harriers & AC	MSEN				15	37:13
21	370	Jack Ross	Staffordshire Moorlands AC	MSEN				16	37:14
22	132	Jon Hopper	Macclesfield Harriers & AC	M40		3		2	37:17
23	208	Matt Owens	Pennine Fell Runners	M40		4		3	37:19
24	172	Matthew Lynas	Macclesfield Harriers & AC	M50		5		2	37:24
25	96	Matthew Fuller		MSEN				17	37:33
26	59	Sean Collins	Glossopdale Harriers	MSEN				18	37:37
27	84	Stephen Edwards	Chorlton Runners	M50		6		3	37:39
28	85	Martin Evans	Staffs Moorlands AC	M40		7		4	37:44
29	111	Tim Greenald	Altrincham & District Athletic Club Limited	M50		8		4	37:46
30	133	Mark Horsley Frost	Pennine Fell Runners	M50		9		5	38:01
31	216	Fin Pettie	Macclesfield Harriers & AC	MU23				4	38:07
32	185	Dan Martell	Altrincham & District Athletic Club Limited	MSEN				19	38:31
33	240	Faye Sharpley	Macclesfield Harriers & AC	WSEN	1			1	38:36
34	186	Alex Mason	Runners-Next-the-Sea	M40		10		5	38:39
35	75	Sean Davenport		MSEN				20	38:49
36	1	Neil Adair	Spectrum Striders	M40		11		6	39:01
37	245	Paul Skuse	Glossopdale Harriers	M40		12		7	39:07
38	260	Leigh Thomas	Macclesfield Harriers & AC	MSEN				21	39:18
39	293	Peter Williams	Wilmslow Striders	MSEN				22	39:22
40	94	Ian Fraser	Pennine Fell Runners	M50		13		6	39:40
41	161	Max Letchfield	Chorlton Runners	MSEN				23	39:43
42	204	Martin O'Mahony	Macclesfield Harriers & AC	MSEN				24	39:44
43	60	Ed Cooper		MSEN				25	39:45
44	148	David Kelly		M40		14		8	39:46
45	244	Robin Skelton		M50		15		7	39:58
46	81	Mark Eastman	Bollington Harriers	MSEN				26	40:05
47	184	Phil Marshall	Chapel-en-le-Frith Runners	MSEN				27	40:12
48	396	Nicola Bowen		WSEN	2			2	40:16
49	217	Neil Pettie		M50		16		8	40:20
50	167	Steve Lomas	Macclesfield Harriers & AC	M50		17		9	40:22
51	166	Bryan Lomas	Congleton Harriers	M50		18		10	40:25
52	392	Neil Bolton	Poynton Runners	MSEN				28	40:40
53	50	Russ Cairns	Macclesfield Harriers & AC	M50		19		11	40:44
54	210	Andy Page		MSEN				29	40:52
55	142	Chris Jackson	Glossopdale Harriers	MSEN				30	40:53
56	119	Jonathan Hardman	Cheshire Hill Racers	MSEN				31	41:04
57	387	Dean Forrester		MSEN				32	41:06
58	380	Jon Buckley		M40		20		9	41:09
59	395	Jamie Johnson		MSEN				33	41:14
60	79	Simon Dodd		M50		21		12	41:17
61	209	Graham Padget		M40		22		10	41:28
62	261	Helen Thompson	Poynton Runners	WSEN	3			3	41:37
63	152	Michael Ladyman	Chorlton Runners	MSEN				34	41:38
64	273	Rowan Varley	South Cheshire Harriers	MU23				5	41:38
65	198	Philip Moyle	Chorlton Runners	M40		23		11	41:39
66	383	Robert Maxwell	Macclesfield Harriers & AC	M50		24		13	41:46
67	52	Egg Cameron	Macclesfield Harriers & AC	WSEN	4			4	41:48
68	130	Luke Holme	S2J	MSEN				35	41:54
69	17	Niall Bancroft		MSEN				36	41:55
70	16	Andy Baguley	Chorlton Runners	M40		25		12	42:03
71	72	Steph Curtis	Pennine Fell Runners	W50	5		1	1	42:05
72	108	Justin Goulding		M40		26		13	42:08
73	363	James Mcmurdo	Macclesfield Harriers & AC	M40		27		14	42:10
74	361	Matt Hochenell		MSEN				37	42:14
75	64	Sam Cooper	Bollington Harriers	MSEN				38	42:17
76	246	Graeme Smith		M50		28		14	42:30
77	199	Robert Murphy	Glossopdale Harriers	M60		29		1	42:51
78	131	Anna Hoogkamer	Dark Peak Fell Runners	WSEN	6			5	42:51

79	385	Stuart Owen		MSEN				39	42:52
80	91	Graeme Fox		MSEN				40	42:54
81	220	Gareth Pritchard	Bramhall Runners	MSEN				41	43:13
82	42	Josh Bryceland		MSEN				42	43:15
83	192	James McMurtry	Ashbourne RC	M50		30		15	43:15
84	92	Jerome Francis	Eton Manor AC	MSEN				43	43:16
85	48	Stephen Burthem	Spectrum Striders	M60		31		2	43:18
86	41	Rachel Brown	Chorlton Runners	WSEN	7			6	43:30
87	373	Laurence Tendler	Bollington Harriers	M40		32		15	43:38
88	296	James Wood	Macclesfield Harriers & AC	M40		33		16	43:40
89	7	Tom Allen	Chorlton Runners	M40		34		17	43:41
90	102	Kristy Gill	Macclesfield Harriers & AC	W40	8		2	1	43:45
91	125	Alex Hill	Glossopdale Harriers	MSEN				44	43:51
92	365	Frederick Jackson		MU23				6	43:54
93	205	Kathleen O'donnell	Macclesfield Harriers & AC	W40	9		3	2	43:55
94	294	Benjamin Wolstenholme	Bramhall Runners	MSEN				45	43:56
95	268	Oscar Trevena	Macclesfield Harriers & AC	MSEN				46	43:57
96	228	Andrew Roberts	Macclesfield Harriers & AC	M50		35		16	43:58
97	222	Robert Quinn	Rossendale Harriers & AC	M40		36		18	44:00
98	393	Ben Clare		MSEN				47	44:17
99	98	Saul Gallagher	Pennine Fell Runners	M50		37		17	44:18
100	46	Adam Burnett	Chorlton Runners	MSEN				48	44:19
101	5	Joe Allaby	Poynton Runners	MSEN				49	44:28
102	388	Luke Redferrel		M40		38		19	44:31
103	39	Julian Brown	Macclesfield Harriers & AC	M50		39		18	44:33
104	196	Richard Monksmith	Delamere Spartans	M40		40		20	44:42
105	11	Claire Aspinall	Pennine Fell Runners	W40	10		4	3	44:45
106	26	Leona Beaumont	Chorlton Runners	WSEN	11			7	44:45
107	177	John Mackintosh		M50		41		19	44:48
108	229	Suzanne Robinson	Chorlton Runners	WSEN	12			8	44:49
109	265	Rebecca Till	Macclesfield Harriers & AC	W40	13		5	4	44:51
110	390	John Roberts		MSEN				50	44:58
111	114	Miguel Gutierrez Rubio		MSEN				51	45:05
112	169	Sean Lord	Chorlton Runners	M50		42		20	45:08
113	275	David Veryard	Bakewell Hurriers	M60		43		3	45:08
114	163	Rob Lilley	Poynton Runners	M50		44		21	45:27
115	377	Hannah Bridge	Macclesfield Harriers & AC	WSEN	14			9	45:36
116	399	Hayley Ashby	Sale Harriers Manchester	W40	15		6	5	45:41
117	287	Ivan Whigham	Goyt Valley Striders	M60		45		4	45:47
118	227	Guy Riddell	Glossopdale Harriers	M40		46		21	45:47
119	128	Clare Holdcroft	Mow Cop Runners	W50	16		7	2	45:48
120	256	Dominic Szczepaniak Sloane		M40		47		22	45:52
121	299	Matt Yardley	Macclesfield Harriers & AC	M50		48		22	46:07
122	368	Joshua Lewis		MSEN				52	46:27
123	280	Alison Wainwright	Dark Peak Fell Runners	W50	17		8	3	46:34
124	364	Sam Hockenmill		MSEN				53	46:38
125	116	Mark Hamill	Chorlton Runners	MSEN				54	46:41
126	250	James Stables	Meltham AC	M40		49		23	46:43
127	95	Andrea Frost	Macclesfield Harriers & AC	W50	18		9	4	46:48
128	290	David Whitfield	Macclesfield Harriers & AC	M50		50		23	46:54
129	68	Barnaby Crawshaw	Pennine Fell Runners	M40		51		24	47:04
130	55	Paul Chrisp	Delamere Spartans	M60		52		5	47:13
131	203	Gordon Nicoll	Altrincham & District Athletic Club Limited	M60		53		6	47:18
132	83	Andrew Edwards		M50		54		24	47:22
133	13	Paul Atkin	Macclesfield Harriers & AC	MSEN				55	47:25
134	187	Emma Mason	Macclesfield Harriers & AC	WSEN	19			10	47:26
135	180	Guy Maddox	Macclesfield Harriers & AC	M40		55		25	47:31
136	369	Mark Glanna	Manchester triathlon club	M50		56		25	47:36
137	110	Laurence Graves		M50		57		26	47:40
138	30	Alexa Besnard	Chorlton Runners	W40	20		10	6	47:44
139	71	Kieran Cummings	Chorlton Runners	M40		58		26	47:46
140	4	Luke Addison		MSEN				56	47:51
141	164	Tom Liptrot	Manchester triathlon club	M40		59		27	47:54
142	295	Charmaine Wood	Congleton Harriers	W40	21		11	7	47:55
143	298	Jonathan Wright		M40		60		28	47:56
144	36	Ben Brindley	Tideswell Running Club	M40		61		29	47:56
145	191	Tangwyn McCormick	Wilmslow Striders	MSEN				57	47:58
146	174	Laura Macfarlane	Chorlton Runners	WSEN	22			11	48:01
147	73	Peter Daly	Glossopdale Harriers	M50		62		27	48:03
148	126	Colin Hill	Macclesfield Harriers & AC	MSEN				58	48:05
149	160	Dan Leng	Macclesfield Harriers & AC	MSEN				59	48:09
150	157	Richard Lawson	Wilmslow Running Club	M50		63		28	48:11
151	70	Dan Croft	Macclesfield Harriers & AC	M50		64		29	48:12
152	82	Zulma Edmondson	Chorlton Runners	W40	23		12	8	48:17
153	34	Richard Bouglas	Buxton AC	M40		65		30	48:20
154	270	Simon Turner	The Marketing Run Club	MSEN				60	48:23
155	384	Bram Appleton		MSEN				61	48:24
156	389	Michael Burton	Glossopdale Harriers	M50		66		30	48:26
157	127	Mark Hoath	Meltham AC	M40		67		31	48:27

158	362	James Chatterton	:50:01	MSEN				62	48:30
159	32	Alan Bocking	Cheshire Hill Racers	M60		68		7	48:35
160	374	Tim Hudson	Bollington Harriers	M40		69		32	48:36
161	150	Richard Kennaugh	Altrincham & District Athletic Club Limited	M50		70		31	48:46
162	20	Oliver Barber	Macclesfield Harriers & AC	M40		71		33	48:49
163	63	Mark Cooper	Chorlton Runners	M50		72		32	48:59
164	283	Luke Watson	Chorlton Runners	M50		73		33	49:08
165	263	Michael Thorley	Macclesfield Harriers & AC	M50		74		34	49:09
166	145	Ann-Marie Jones	Macclesfield Harriers & AC	W60	24		13	1	49:21
167	135	Gareth Hughes		M40		75		34	49:24
168	134	Molly Horsley Frost	Pennine Fell Runners	W40	25		14	9	49:27
169	381	Kelly Buckley	Macclesfield Harriers & AC	W40	26		15	10	49:35
170	77	Hugh Devereux	Delamere Spartans	M50		76		35	49:39
171	3	Peter Adams	Chorlton Runners	M40		77		35	49:50
172	234	Laurie Sage	Levenshulme Runners	M40		78		36	49:51
173	239	Ian Sharpe	Chorlton Runners	M50		79		36	49:54
174	141	Bev Jackson	Altrincham & District Athletic Club Limited	W50	27		16	5	49:56
175	117	Geoff Hand	Spectrum Striders	M60		80		8	50:08
176	297	Peter Woodhead	Goyt Valley Striders	M40		81		37	50:10
177	103	Jamie Glover	Macclesfield Harriers & AC	MSEN				63	50:13
178	129	Brian Holland	Goyt Valley Striders	M60		82		9	50:18
179	235	Emily Sanders	Ashbourne RC	W50	28		17	6	50:22
180	257	Jennifer Szczepaniak Sloane		WSEN	29			12	50:27
181	18	Emma Banister	Chorlton Runners	W50	30		18	7	50:32
182	62	Graham Cooper		MSEN				64	50:39
183	49	Lucie Butterworth		W40	31		19	11	50:40
184	66	Fiona Cosgrove	Altrincham & District Athletic Club Limited	W50	32		20	8	50:44
185	137	Etienne Humphries	Chorlton Runners	M40		83		38	50:53
186	88	Karon Forster	Spectrum Striders	W60	33		21	2	51:05
187	23	Mark Barton		MSEN				65	51:10
188	159	Matt Lees	Bollington Harriers	M50		84		37	51:21
189	360	Julian Cox	Macclesfield Harriers & AC	M50		85		38	51:25
190	107	Richard Gore		M40		86		39	51:27
191	178	Emma MacQueen		W50	34		22	9	51:33
192	277	Phil Vesey	Altrincham & District Athletic Club Limited	M60		87		10	51:43
193	183	Graeme Marsden	Disley Runners	M60		88		11	51:48
194	90	Alyn Foulkes	Delamere Spartans	M50		89		39	51:50
195	200	Tom Neill		M50		90		40	51:59
196	358	Charlotte Robinson		WSEN	35			13	52:02
197	271	Jacob Varley	South Cheshire Harriers	MU23				7	52:04
198	232	Karen Ross	Run Knutsford	W50	36		23	10	52:06
199	258	Lewis Taylor	Spectrum Striders	MSEN				66	52:08
200	170	Jennifer Lutton	Winston Runners	W40	37		24	12	52:14
201	69	Samuel Crawshaw	Levenshulme Runners	M40		91		40	52:23
202	376	Martin Rands	Macclesfield Harriers & AC	M50		92		41	52:33
203	123	Judith Havenhand		W50	38		25	11	52:34
204	188	Nicola Massey	Bollington Harriers	WSEN	39			14	52:37
205	367	Clare Joanne Kivlin	South Cheshire Harriers	W40	40		26	13	52:39
206	89	Kenny Forster	Spectrum Striders	M60		93		12	52:40
207	190	Bernard McCarron	Macclesfield Harriers & AC	M50		94		42	52:42
208	214	Jim Paxman	Dark Peak Fell Runners	M60		95		13	52:47
209	379	Ian Wolfendale	Pennine Fell Runners	M60		96		14	52:53
210	241	Chris Shearlock		M40		97		41	52:56
211	6	Lucy Allaby	Poynton Runners	WSEN	41			15	52:58
212	359	Lisa Cox	Macclesfield Harriers & AC	W50	42		27	12	53:02
213	9	Cath Applewhite	Run Knutsford	W50	43		28	13	53:05
214	264	Alice Thornton	Chorlton Runners	WSEN	44			16	53:09
215	266	Louise Tomkow		WSEN	45			17	53:16
216	197	Peter Moseley		M40		98		42	53:19
217	138	Margaret Huyton	Macclesfield Harriers & AC	W70	46		29	1	53:33
218	139	Rachel Innis	Chorlton Runners	WSEN	47			18	53:51
219	25	Kate Beard	Boalloy Running Club	W40	48		30	14	53:59
220	151	Abi Kinman	Macclesfield Harriers & AC	W40	49		31	15	54:05
221	147	Matthew Jones		M40		99		43	54:07
222	109	Jocelyn Granger	Staffs Moorlands AC	W60	50		32	3	54:13
223	276	Alison Vesey	Altrincham & District Athletic Club Limited	W60	51		33	4	54:27
224	121	Michael Harte	Stockport Tri Club	M50		100		43	54:31
225	19	John Barber	Boalloy Running Club	M60		101		15	54:32
226	35	Dave Bowen	Pennine Fell Runners	M60		102		16	54:42
227	28	Sean Bennett		MSEN				67	54:43
228	144	Kate Johnson	Spectrum Striders	W50	52		34	14	54:55
229	221	Sarah Proudmore	Congleton Harriers	W50	53		35	15	54:58
230	237	Cassie Seymour	Liverpool Running Bugs	WSEN	54			19	55:11
231	43	Nick Budd	Congleton Harriers	M60		103		17	55:19
232	201	Holly Nettle	Macclesfield Harriers & AC	W40	55		36	16	55:33
233	386	Adam Jones		MSEN				68	55:47
234	259	Anne Thomas	Wilmslow Striders	W40	56		37	17	55:52
235	67	Naomi Coverley	Tideswell Running Club	W50	57		38	16	55:53
236	56	Bernard Clarke	Mow Cop Runners	M40		104		44	55:54

237	154	David Larkin	Macclesfield Harriers & AC	M40		105		45	56:18
238	213	Peter Parker	Bollington Harriers	M60		106		18	56:24
239	57	Rachael Clegg	Chorlton Runners	W50	58		39	17	56:27
240	93	Kate Franklin		WSEN	59			20	56:34
241	112	Hannah Greenlee	Chorlton Runners	WSEN	60			21	56:44
242	255	Katherine Syrett	Chorlton Runners	W40	61		40	18	56:48
243	168	Trevor Longman	Macclesfield Harriers & AC	M70		107		1	57:04
244	230	Amy Rogers	New Mills Jolly Joggers	WSEN	62			22	57:19
245	286	Charlie Westbrook-Platts	Poynton Runners	W40	63		41	19	57:27
246	242	Beth Sheldon		W40	64		42	20	57:42
247	54	Andrew Chaplin	Bollington Harriers	M50		108		44	57:45
248	394	Ian Ankers	Staffs Moorlands AC	M70		109		2	57:51
249	31	William Blake		M40		110		46	57:55
250	156	Daniel Lawrenson	Macclesfield Harriers & AC	MSEN				69	57:57
251	267	Emma Topping	Macclesfield Harriers & AC	WSEN	65			23	57:58
252	371	Kathryn Dewick	Bollington Harriers	W40	66		43	21	58:18
253	382	Tom Phillips	Macclesfield Harriers & AC	MSEN				70	58:28
254	101	Geoff Gilbert		M70		111		3	58:29
255	105	Harry Goddard	Chapel-en-le-Frith Runners	MSEN				71	58:30
256	80	Mike Duncombe	Altrincham & District Athletic Club Limited	M60		112		19	58:38
257	231	Frank Rogers	Levenshulme Runners	M50		113		45	58:45
258	211	Claire Parker	Pennine Fell Runners	W40	67		44	22	58:57
259	272	Martin Varley	South Cheshire Harriers	M50		114		46	59:06
260	285	Matt Westbrook	Poynton Runners	MSEN				72	59:14
261	78	Graham Dewar	Poynton Runners	M50		115		47	59:14
262	53	Sarah Cassie	Macclesfield Harriers & AC	W40	68		45	23	59:32
263	372	Gavin Blakemore		M40		116		47	59:53
264	175	Richard Macilwaine	Spectrum Striders	M60		117		20	1:00:03
265	74	Jade Darlington	Boalloy Running Club	W40	69		46	24	1:00:08
266	243	David Shoesmith		M60		118		21	1:00:22
267	171	Rob Lutton		M40		119		48	1:00:36
268	215	Andy Peet	Macclesfield Harriers & AC	M50		120		48	1:01:11
269	247	Jerry Smith	Chorlton Runners	M60		121		22	1:01:14
270	207	Natalia Olszewska	Macclesfield Harriers & AC	WSEN	70			24	1:01:16
271	397	Ann Carney	Chorlton Runners	W60	71		47	5	1:01:18
272	248	Rachel Smith	Chapel-en-le-Frith Runners	W40	72		48	25	1:01:22
273	162	Elisabeth Lewis	Chorlton Runners	W40	73		49	26	1:02:20
274	97	Josie Galbraith	Congleton Harriers	W50	74		50	18	1:02:22
275	289	Kristian White	Chapel-en-le-Frith Runners	MSEN				73	1:02:36
276	86	Jennifer Farrall	Boalloy Running Club	W40	75		51	27	1:03:31
277	253	Edward Swinden	Chorlton Runners	M50		122		49	1:04:06
278	238	Peter Seymour	Liverpool Running Bugs	MSEN				74	1:05:01
279	281	Helen Wassall	Boalloy Running Club	W40	76		52	28	1:07:28
280	284	Suzy Watson		W60	77		53	6	1:09:31
281	300	Dennis Yarwood	Spectrum Striders	M50		123		50	1:10:27
282	254	Lucy Swinden	Chorlton Runners	WSEN	78			25	1:10:39
283	65	Emma Corbett	Chorlton Runners	WSEN	79			26	1:15:14
284	366	Trevor Faulkner	Wilsmlow RC	M80		124		1	1:20:01
285	106	Mark Godden	Macclesfield Harriers & AC	M60		125		23	1:20:05