

RAINOW 5 2010

<u>Pos'n</u>	<u>Name</u>	<u>Time</u>	<u>Cat</u>	<u>Club</u>
1	Andy Lamont	32m 41	M	Macclesfield
2	Tom Bush	33m 57	M	Altrincham
3	Simon Harding	34m 12	M	Macclesfield
4	Jack Ross	34m 38	M	Staffs Moorlands
5	Neil Ashcroft	34m 38	Mv40	Ambleside
6	Malcolm Fowler	35m 12	Mv40	Cheshire Hill Racers
7	John Stockdale	35m 16	M	Altrincham
8	Tom McGaff	35m 31	Mv50	Cheshire Hill Racers
9	Stephen Watts	35m 37	Mv40	Macclesfield
10	Noel Curtis	36m	M	Fat Boys
11	Olivia Walwyn	36m 07	F	Altrincham
12	Matthew Steane	36m 07	M	i
13	Adair Broughton	36m 20	M	Helsby
14	Calum Murray	36m 35	Mj L	Macclesfield
15	Rob White	36m 37	M	Buxton
16	Chris Bentley	37m 06	M	Macclesfield
17	Andrew Gartside	37m 23	Mv40	Saddleworth
18	John Mooney	37m 48	Mv50	Macclesfield
19	Rachel Jefferson	37m 58	Fj	Warrington
20	Graham Scredwn	38m 01	Mv40	Northern Vets
21	Mike Munnely	38m 20	M	Pennine
22	Julian Brown	38m 45	Mv40	Macclesfield
23	Mike Cooper	38m 48	Mv40	Cheshire Hill Racers
24	Lee Barratt	38m 55	Mv40	Stockport
25	Ewan Douglas	39m 06	Mv40	Macclesfield
26	Steve Swallow	39m 08	Mv40	Macclesfield
27	Brian Holland	39m 12	Mv50	Goyt Valley
28	Bruce Humphrey	39m 15	M	FRA
29	Graham McAra	39m 17	Mv50	Cheshire Hill Racers
30	Anthony Derbyshire	39m 18	M	Boalloy
31	Peter Smith	39m 19	Mv40	i
32	Kate Titlow	39m 20	Fj	Warrington
33	Rob Jones	39m 27	M	Chester
34	Dave Keeling	39m 50	Mv40	Cheshire Hill Racers
35	Digby Harris	39m 54	Mv40	Macclesfield
36	Liz Batt	39m 57	Fv40	DPFR
37	Chris Baynham-Hughes	40m 06	M	Helsby
38	Andrew Gray	40m 23	Mv40	i
39	Geoff Spencer	40m 31	M	i
40	Richard Yorke	40m 33	M	i
41	Steve Riley	40m 44	Mv40	Helsby
42	Tim Walton	40m 50	Mv40	Macclesfield
43	Jim O'Hara	41m	M	Helsby
44	Jimmy Smith	41m 09	Mv40	Saltwell Harriers
45	Mike Symons	41m 12	Mv40	Manchester YMCA
46	Ian Landucci	41m 20	Mv40	Helsby
47	Steve Lomas	41m 30	Mv40	Macclesfield
48	Richard Gay	41m 37	Mv50	Macclesfield
49	Raphael Murray	41m 48	Mv50 L	Macclesfield
50	Gerrard Moss	41m 51	Mv50	Stockport
51	Andy Howle	41m 53	Mv50	Pennine
52	Alan Bocking	42m 21	Mv50	Cheshire Hill Racers
53	Jane Ashbrook	42m 23	F	Helsby
54	Martin Mallett	42m 28	M	Macclesfield
55	Phil Colville	42m 35	Mv50	Macclesfield
56	Michael Kuszynski	42m 38	Mv40	Matlock
57	David Whitfield	43m 15	Mv40	i
58	Martin Howard	43m 20	Mv40	i
59	Stephen Symons	43m 26	Mv40	Manchester YMCA
60	George Scott	43m 45	Mv60	Pennine
61	Michael Docherty	44m 01	Mv50	i
62	Graham Barnes	44m 10	Mv50	i
63	Fabrice Juif	44m 32	M	i
64	Julie Gardner	44m 24	Fv50	DPFR
65	Geraint Davies	44m 30	M	i
66	Andrew Hubert	44m 35	Mv40 L	i
67	Mark Halsey	44m 40	M	i
68	Nathan Burt	44m 46	Mj	i

69	Pete Robinson	44m 50	Mv40	i
70	Josh Saxton	44m 57	Mj	i
71	Steve Bowker	44m 59	Mv50	i
72	Katie Ashcroft	45m	Fj	Warrington
73	Simon Bolton	45m 02	Mv40	Cheshire Hill Racers
74	Molly Whittall	45m 05	F	White Nancy Boys
75	Richard Lock	45m 27	M	White Nancy Boys
76	Trevor Longman	45m 29	Mv50	Macclesfield
77	Barbara Murray	45m 29	Fv50 L	Macclesfield
78	Mark Wheelton	45m 30	Mv50	Macclesfield
79	Clare Griffin	45m 49	F	Goyt Valley
80	David James	45m 55	Mv40 L	i
81	Scott Bailey	46m 02	Mv40 L	i
82	David Tucker	46m 07	Mv50	Macclesfield
83	Alan Coatsworth	46m 15	Mv50	i
84	Chris Brumby	46m 18	Mv40	Sandbach
85	Chris Hatton	46m 22	Mv50	Helsby
86	John Leary	47m 02	Mv60	i
87	Paul Oldfield	47m 10	Mv50	Clwydian Range
88	Robert Anderson	47m 20	Mv40	i
89	Nigel Pratten	47m 30	Mv60	Wirral
90	Ian Ford	47m 40	Mv40	i
91	Darren Burns	47m 46	Mv40	Fell Ponies
92	Louise Hall	48m	F	Manchester YMCA
93	Gordon Cooper	48m 20	Mv40	Glossopdale Harriers
94	Roger Ashby	48m 22	Mv60	Sale
95	Jane Hodgson	48m 24	Fv40	Saddleworth
96	Steve Ingham	48m 27	Mv50	Manchester YMCA
97	Joe Higgins	48m 33	Mv50	Manchester YMCA
98	John Toms	48m 40	Mv40	i
99	Sheila Waite	48m 45	Fv40	Saddleworth
100	David Whewell	49m 02	Mv40	Macclesfield
101	Iain Taylor	49m 17	Mv40	i
102	Emma Bedford	49m 18	F	Manchester YMCA
103	Christine Chapman	49m 24	Fv40	Macclesfield
104	John Kane	49m 35	Mv50	Saddleworth
105	Angela Leonard	49m 41	Fv40	Macclesfield
106	Alexis Dinsmor	50m 38	Fv60	Pennine
107	Emma Storey	51m 02	F	Macclesfield
108	Ken Jackson	51m 22	Mv60	Stockport
109	Chris Holt	51m 28	Mv50	SMAC
110	Miranda Clarke	51m 30	F	Manchester YMCA
111	Julie Laverlock	51m 41	Fv40	Salford Harriers
112	Mike Barber	51m 42	Mv40	i
113	Allan Armour	52m 17	Mv50	Scottish Vets
114	Janet Booker	52m 30	Fv50	Stockport
115	Sarah Miles	52m 39	F	Wilmslow
116	Julie Lucas	52m 45	Fv40	Wilmslow
117	Andy Smith	52m 54	Mv40	Helsby
118	Trevor Faulkner	53m 03	Mv60	Wilmslow
119	Ros Mann	53m 24	Fv50	i
120	Maria O'Donnell	53m 27	F	Manchester YMCA
121	Ian Marshall	53m 28	Mv40	Saddleworth
122	John Murphy	54m 20	Mv40 L	i
123	Jeff Dean	54m 35	M	i
124	Katherine Stott	54m 35	F	i
125	Brenda Roberts	54m 43	Fv60	Saddleworth
126	Paul ??	54m 53	M	i
127	John White	55m 12	Mv50 L	i
128	Gill Bremner	55m 40	Fv50	i
129	Darren Evans	55m 48	M	i
130	Eddie Kirkby	55m 55	M	i
131	Allan Bourne	56m 44	Mv70	Staffs Moorlands
132	Robbie Webster	59m 31	Mv60	Helsby
133	Rowan Hoban	1h 01 58	Fv40	i
134	Christine Jackson	1h 02 46	Fv60	i
135	Philip Barnes	1h 03 18	Mv50	Macclesfield
136	Dale Unwin	DNF	Mj	