

Rainow Five Race

Thursday 18th July saw the third running of the Rainow Five race. As in 1989 the race was organised to raise funds for Rainow Playgroup and all but one of the marshalls on the course were Playgroup parents/grandparents.

The race is organised from Rainow Institute which is on Stocks Lane. Those of you who were misdirected at the foot of White Nancy will appreciate that we had a candidate to go in the Stocks but thought better of it. From the start in Smithy Lane the route goes out along the bridle track towards Bollington, cutting across in front of Ingersley Hall to the foot of White Nancy. After the steep climb by the side of the wall the route follows the ridge almost as far as Lidgetts Lane before doubling back along the side of the ridge and retracing the route back to the finish. Most of the route is visible from the finish enabling spectators to see how the race develops. First home this year was Malcolm Fowler of Wilmslow in 34 min 10 sec followed by first vet John Kershaw in 34 min 32 sec, fresh from the Bamford race the previous evening, and Killian Lomas of Sheffield Poly in 35 min 04 sec. The first local runner was a cyclist, Dave Werrell in 17th place in 38 min 58 sec and the first lady was Cecilia Greasley in 41 min 53 sec with Sue Rowson the first lady vet.

Twenty runners, mainly children from the village, took part in the fun run held before the main race. First home was Stuart Middleton who won a club membership - welcome Stuart.

Thank-you to all the harriers who took part - 26 out of the 72 finishers were harriers. Thanks also to all those who helped especially Greg Rowson for marking the course, and Pauline Lynch, Ray Eagle and Vicky Keddie for officiating.

We hope to hold the 'Rainow Hill Race' next year under FRA rules on Thursday 9th July and look forward to seeing you there.

Barbara Murray

Results

Men	1.	M Fowler	34.10	Ladies	1.	C Greasley	41.53
	2.	J Kershaw	34.32 1st vet		2.	S Rowson	44.10 1st vet
	3.	K Lomas	35.04		3.	K Turner	45.17 2nd vet
	4.	A Whalley	35.41		72.	E Ardron	64.28 1st jun.
	6.	J Whalley	36.41 2nd vet				
	54.	R Middleton	44.21 1st junior				