

Position	Name	Difference (s)
1	Gareth Briggs	12
2	Katrina Barnes	13
3	Chris Bentley	15
4	Lynn Graves	16
5	Daisy Pickles	17
6	Lachie Murray	46
7	James Williams	51
8	Rachel Gilliland	52
9	Gemma Harris	52
10	Alannah Birtwhistle	55
11	Kate Foster	60
12	Tim Shercliff	71
13	Darren Mills	74
14	Richard Hopkin	74
15	Scott Wilson	78
16	Fred Wardle	79
17	Julie Smith	86
18	Matt Cooper	87
19	Rob Mills	89
20	Guy Maddox	95
21	Ruth Shercliff	104
22	Lynda Cook	106
23	Martin Rands	106
24	Terry Neild	109
25	Tessa Whisheard	111
26	Joanne Hacket	112
27	Mark Wheelton	114
28	Sally Ann Hales	124
29	Paul Shercliff	128
30	Fergus Smith	129
31	Colin Ardron	136
32	Emma Mason	148
33	Mel Power	150
34	Carol Upton	154
35	Lloyd Hilton	154
36	Alex Loftus	161
37	Julie Gardner	179
38	Nicola Waterworth	192
39	Daniel Vent	193
40	Jo Foster	199
41	Sally Hopkin	202
42	Chris Roberts	203
43	Kathleen O'Donnel	205
44	Geoff Sanders	210
45	Chris Pimblott	213
46	Ann Harris	232
47	Andy Skelhorn	240
48	Sian Hindle	264
49	Nathan Adams	290

Position	Name	Time
1	Lloyd Hilton	22:06
2	Scott Wilson	22:12
3	Nathan Adams	23:40
4	Gareth Briggs	23:47
5	Alex Loftus	26:19
6	Chris Bentley	27:15
7	Lachie Murray	27:16
8	Fergus Smith	27:21
9	Gemma Harris	28:52
10	Kathleen O'Donnel	29:05
11	Andy Skelhorn	29:30
12	Alannah Birtwhistle	29:35
13	Terry Neild	30:11
14	Martin Rands	30:15
15	Daisy Pickles	30:16
16	James Williams	30:24
17	Rob Mills	30:31
18	Julie Gardner	30:39
19	Guy Maddox	30:40
20	Joanne Hacket	30:45
21	Emma Mason	30:52
22	Sally Hopkin	31:08
23	Mark Wheelton	31:09
24	Fred Wardle	31:38
25	Paul Shercliff	31:43
26	Lynda Cook	31:44
27	Daniel Vent	31:52
28	Richard Hopkin	32:36
29	Matt Cooper	32:48
30	Jo Foster	32:51
31	Nicola Waterworth	32:58
32	Tessa Whisheard	33:09
33	Colin Ardron	33:16
34	Chris Roberts	33:36
35	Sally Ann Hales	33:44
36	Mel Power	34:10
37	Darren Mills	34:16
38	Carol Upton	34:33
39	Julie Smith	34:35
40	Chris Pimblott	35:21
41	Lynn Graves	36:17
42	Katrina Barnes	36:21
43	Rachel Gilliland	36:55
44	Geoff Sanders	37:44
45	Ann Harris	39:57
46	Sian Hindle	40:16
47	Ruth Shercliff	40:55
48	Tim Shercliff	42:57
49	Kate Foster	44:00