

Langley 7 2017 Langley Nr Macclesfield - Sat-4-Nov-2017

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Pos.	No.	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos	Time
1	80	Martin Dawson	North Derbys RC	MV40		1		1	40:02
2	307	Mark Walker	Macclesfield Harriers	M				1	40:13
3	236	Robbie Peal	Macclesfield Harriers	M				2	41:37
4	40	Gareth Briggs	Wolves & Bilston	MV45		2		1	42:14
5	39	Matthew Braybrooke	Knutsford Tri Club	M				3	43:01
6	91	Brian Evans	Congleton Harriers	MV50		3		1	43:09
7	226	James Noakes	Macclesfield Harriers	MV50		4		2	43:21
8	20	Matthew Basnett	Mow Cop Runners	M				4	43:28
9	24	Chris Bentley	Macclesfield Harriers	M				5	43:51
10	218	Iain Murdoch	Stockport Harriers	MV40			5	2	44:16
11	198	Diane Mcvey	Wilmslow RC	LV40	1			1	44:22
12	306	Neil Walker	Altrincham AC	M				6	44:31
13	119	Chris Goodfellow	Macclesfield Harriers	MV45			6	2	44:46
14	112	Michael Geoghegan	Portobello RC	M				7	44:51
15	268	Ben Snell	Stockport Harriers	M				8	45:04
16	353	Toby Hart	Unattached	MV40			7	3	45:09
17	5	Hayden Alcock	Buxton Ac	M				9	45:17
18	333	James Wilson	Unattached	M				10	45:30
19	201	Jonathan Metcalfe	Unattached	M				11	45:49
20	34	Paul Sharp	Unattached	M				12	45:58
21	83	Mike Dixon	Stockport Harriers	MV40			8	4	46:07
22	345	David Brockbank	Macclesfield Harriers	MV45			9	3	46:19
23	237	Tom Peers	Unattached	M				13	46:29
24	246	Phil Ramsey	Bramhall Runners	MV40			10	5	46:44
25	326	Seamus White	Staffs Moorlands	MV40			11	6	46:50
26	73	Dan Croft	Macclesfield Harriers	MV50			12	3	47:09
27	23	Margaret Beever	Stainland Lions RC	LV35	2			2	47:12
28	355	David Wakefield	Serpentine	MV45			13	4	47:33
29	29	Lora Blann	Altrincham AC	LV35	3			3	47:46
30	261	Jimmy Sheldon	Macclesfield Harriers	M				14	48:00
31	147	Mike Hill	Wilmslow RC	MV50			14	4	48:02
32	186	David Livingstone	Unattached	MV45			15	5	48:02
33	232	Martin Packham	South Cheshire H	MV40			16	7	48:08
34	331	Peter Williams	Wilmslow Striders	M				15	48:23
35	227	Ray O'Keefe	Macclesfield Harriers	MV50			17	5	48:23
36	228	Maurice Oldham	Manchester Harriers	MV60			18	1	48:23
37	144	Craig Hewitt	Congleton Harriers	M				16	48:37
38	187	Alex Loftus	Blackheath / Bromley	MV40			19	8	48:38
39	352	Ian Mason	Kingstone Runners	MV50			20	6	48:39
40	189	Kerry Samantha Marchant	Staffs Moorlands	LV40	4			4	48:50
41	161	Lisa Hynes	Stockport Harriers	L		5		1	48:55
42	99	Robert Finnis	Macclesfield Harriers	M				17	49:00
43	47	Graham Brown	Macclesfield Harriers	MV45			21	6	49:07
44	359	David Lawrance	Macclesfield Harriers	MV40			22	9	49:16
45	58	Russ Cairns	Unattached	MV45			23	7	49:19
46	11	John Atkinson	Unattached	M				18	49:23
47	16	Nathan Ball	Unattached	M				19	49:23

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48	105	Simon Fox	Macclesfield Harriers	MV50		24		7	49:27
49	274	Chris Sherlock	Unattached	MV40		25		10	49:30
50	250	Stuart Rider	Congleton Harriers	M				20	49:31
51	66	Sean Connelly	Macclesfield Harriers	MV45		26		8	49:36
52	96	Simeon Farrington-Newman	Stockport Harriers	MV40		27		11	49:44
53	184	Lok Li	Bramhall Runners	MV45		28		9	49:52
54	35	Amanda Bradbury	Wilmslow RC	LV40	6		5	3	50:12
55	134	Raymond Handley	Southport Waterloo	MV60		29		2	50:26
56	190	Angela Markley	Macclesfield Harriers	LV35	7		6	3	50:30
57	200	Andy Melvin	Stockport Harriers	MV45		30		10	50:38
58	129	David Haines	Vale Royal Ac	MV45		31		11	50:42
59	36	Marc Bradford	Macclesfield Harriers	MV40		32		12	50:45
60	116	Kristy Gill	Macclesfield Harriers	LV40	8		7	4	50:46
61	14	Matt Bailey	Macclesfield Harriers	M				21	50:52
62	217	Keith Mulholland	Macclesfield Harriers	MV50		33		8	51:05
63	260	Steve Shaughnessy	Stockport Harriers	MV60		34		3	51:10
64	180	Rachael Lawrance	Macclesfield Harriers	LV40	9		8	5	51:13
65	63	Frank Cassidy	Macclesfield Harriers	MV55		35		1	51:45
66	174	Nick Hine	PVR	MV45		36		12	51:50
67	108	Andrea Frost	Macclesfield Harriers	LV50	10		9	1	51:56
68	273	Paul Steel	Congleton Harriers	MV50		37		9	51:57
69	316	Louise Watkins	Unattached	LV40	11		10	6	52:00
70	12	Jeremy Austin	Unattached	MV50		38		10	52:08
71	45	Jeremy Davies	Macclesfield Harriers	MV45		39		13	52:21
72	72	Melvyn Cragg	Unattached	MV50		40		11	52:22
73	239	Jennie Pickard	Bramhall Runners	LV45	12		11	1	52:24
74	165	Bev Jackson	Altrincham AC	LV50	13		12	2	52:30
75	142	Nicholas Heaton	Bramhall Runners	MV45		41		14	52:36
76	230	Geoff Osbaldestin	Mow Cop Runners	MV40		42		13	52:37
77	15	James Baker	Unattached	M				22	52:38
78	290	Andrew Mainwaring	Stockport Harriers	MV40		43		14	52:40
79	263	Lesley Sinclair	Stockport Harriers	LV50	14		13	3	52:47
80	152	Debbie Hope	Staffs Moorlands	LV45	15		14	2	52:52
81	86	Clive Hevey	Pennine FR	MV50		44		12	52:56
82	305	Paul Wain	Knutsford Tri Club	MV45		45		15	53:07
83	220	Lorraine Naylor	Stainland Lions Rc	LV45	16		15	3	53:08
84	259	Mark Sharrock	Staffs Moorlands	MV40		46		15	53:27
85	17	Oliver Barber	Unattached	M				23	53:32
86	138	Jemma Harris	Macclesfield Harriers	L	17			2	53:35
87	298	Matthew Tute	Unattached	M				24	53:48
88	300	Cliff Veighey	Unattached	MV40		47		16	54:00
89	60	Neil Gunn	Macclesfield Harriers	MV55		48		2	54:05
90	21	Peter Baxter	Unattached	MV45		49		16	54:06
91	343	James Yates	Congleton Harriers	MV40		50		17	54:09
92	26	Kirsty Birch	Pennine FR	LV40	18		16	7	54:18
93	93	Steve Fairclough	Bramhall Runners	MV50		51		13	54:27
94	280	Paul Stubbs-Jefferies	Knutsford Tri Club	MV55		52		3	54:28
95	245	Lindsay Purdie	Macclesfield Harriers	LV45	19		17	4	54:36
96	330	James Williams	Macclesfield Harriers	MV40		53		18	54:36

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97	126	John Green	NSRRA	MV50		54		14	54:38
98	22	Sara Bayley	Unattached	LV45	20		18	5	54:43
99	62	Gerard Capes	Unattached	M				25	54:47
100	272	Michael Stanley	Congleton Harriers	MV45		55		17	54:48
101	206	Kate Mills	Knutsford Tri Club	LV40	21		19	8	54:51
102	19	Mike Barry	Bramhall Runners	MV45		56		18	54:58
103	249	Gary Richardson	Stockport Harriers	MV45		57		19	55:00
104	221	Terry Neild	Macclesfield Harriers	M				26	55:01
105	166	Mary Jeal	Glossopdale H	LV55	22		20	1	55:09
106	304	Catherine Voyce	Macclesfield Harriers	LV40	23		21	9	55:20
107	95	Laura Fairhurst	Altrincham AC	LV35	24		22	4	55:22
108	75	Catharine Crossley	Macclesfield Harriers	LV35	25		23	5	55:23
109	114	Monique Geraghty	Victoria Park / TH	L	26			3	55:36
110	90	Donna Eames	Unattached	LV45	27		24	6	55:44
111	18	Philip Barnes	Pennine FR	MV55		58		4	55:56
112	219	Vikki Murphy	Bramhall Runners	LV45	28		25	7	56:03
113	266	Michael Smith	Macclesfield Harriers	MV45		59		20	56:08
114	205	Joanna Miles	Macclesfield Harriers	LV55	29		26	2	56:10
115	234	Tony Park	Stockport Harriers	MV55		60		5	56:13
116	194	Bernard Mccarron	Macclesfield Harriers	MV50		61		15	56:14
117	247	Andrew Ratcliffe	Macclesfield Harriers	MV50		62		16	56:16
118	318	Stewart Waudby	Macclesfield Harriers	MV40		63		19	56:32
119	233	Robert Page	Unattached	MV60		64		4	56:34
120	195	Danny Mccarron	Chorlton Runners	MV55		65		6	56:40
121	27	Alannah Birtwistle	Macclesfield Harriers	L	30			4	56:43
122	121	Richard Gratton	Unattached	MV50		66		17	56:44
123	334	Catherine Wilson	Macclesfield Harriers	LV50	31		27	4	56:50
124	53	San Buckley	Unattached	LV45	32		28	8	57:02
125	275	Amy Stiven	Unattached	LV35	33		29	6	57:04
126	296	Andrew Tomlinson	Bramhall Runners	MV40		67		20	57:04
127	153	Sally Hopkin	Macclesfield Harriers	L	34			5	57:08
128	294	Barrie Thomason	Macclesfield Harriers	MV50		68		18	57:18
129	271	Adina Stan	Bramhall Runners	L	35			6	57:28
130	191	David Marsden	Stafford Harriers	MV60		69		5	57:28
131	106	Jerome Francis	Unattached	M				27	57:38
132	78	Ellie Croxford	Unattached	L	36			7	57:38
133	167	Helen Jeffery	Congleton Harriers	LV35	37		30	7	57:49
134	70	Steven Corden	Staffs Moorlands	MV40		70		21	57:55
135	256	Andrew Rowe	Macclesfield Harriers	MV55		71		7	57:56
136	50	Lynda Cook	Macclesfield Harriers	LV50	38		31	5	58:00
137	311	Fred Wardle	Macclesfield Harriers	MV60		72		6	58:07
138	299	Philippa Tyson	South Cheshire H	LV50	39		32	6	58:11
139	123	Robert Graves	Macclesfield Harriers	MV45		73		21	58:16
140	309	Michael Walton	Macclesfield Harriers	MV40		74		22	58:26
141	160	Kathryn Hutchinson	Macclesfield Harriers	L	40			8	58:27
142	43	David Brotherhood	Unattached	M				28	58:28
143	42	John Brocklehurst	Unattached	M				29	58:33
144	244	Sarah Proudmore	Boalloy	LV45	41		33	9	58:39
145	264	Martin Skirvin	Unattached	MV45		75		22	58:46

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146	170	Adrian Jones	Unattached	MV50		76		19	58:47
147	51	Richard Brown	Knutsford Tri Club	M				30	58:52
148	339	Francis Wooff	Chorlton Runners	MV50		77		20	58:53
149	107	Simon Froggatt	Unattached	MV45		78		23	58:58
150	351	Nick Conway	Unattached	MV40		79		23	59:12
151	181	Steve Lawson	Unattached	MV40		80		24	59:16
152	54	Andy Buckroyd	Macclesfield Harriers	MV50		81		21	59:18
153	69	Graham Cooper	Congleton Harriers	M				31	59:24
154	111	Ruth Gamwell	Unattached	LV40	42		34	10	59:39
155	293	Chris Thomas	Congleton Harriers	MV60		82		7	59:42
156	115	Geoff Gilbert	Wilmslow RC	MV65		83		1	59:48
157	52	Peter Sinclair	Stockport Harriers	M				32	59:56
158	67	Joseph Connor	Bramhall Runners	M				33	59:58
159	210	Anna Ireland	Macclesfield Harriers	LV45	43		35	10	1:00:03
160	328	Melanie Whittaker	Macclesfield Harriers	LV40	44		36	11	1:00:05
161	68	Fiona Cooke	Stockport Harriers	LV50	45		37	7	1:00:14
162	291	Angus Tennant	Macclesfield Harriers	MV50		84		22	1:00:19
163	173	Sarah Kelly	Macclesfield Harriers	LV35	46		38	8	1:00:27
164	128	Alison Gunn	Macclesfield Harriers	LV55	47		39	3	1:00:32
165	358	Saranya Hasler	Macclesfield Harriers	L	48			9	1:00:59
166	321	Elsa West	Macclesfield Harriers	LV45	49		40	11	1:01:00
167	148	Debbie Hill	Congleton Harriers	LV55	50		41	4	1:01:02
168	270	Robert Soames	Congleton Harriers	MV40		85		25	1:01:06
169	113	Christine Geraghty	Wilmslow Striders	LV55	51		42	5	1:01:08
170	286	Paul Taylor	Bramhall Runners	MV40		86		26	1:01:10
171	277	Lucinda Stone	Unattached	LV40	52		43	12	1:01:15
172	252	Christine Ritchie	Macclesfield Harriers	LV60	53		44	1	1:01:25
173	336	Verity Wolstencroft	Knutsford Tri Club	LV40	54		45	13	1:01:27
174	349	Ian Humphreys	Unattached	MV50		87		23	1:01:27
175	10	Martin Ashby	Unattached	MV50		88		24	1:01:38
176	262	Clare Simpson	Unattached	LV35	55		46	9	1:01:49
177	240	Karen Piper Hanley	Unattached	LV45	56		47	12	1:01:49
178	169	Tim Johnson	Unattached	MV50		89		25	1:01:55
179	320	Brian West	Unattached	MV50		90		26	1:02:03
180	37	Ben Bradley	Macclesfield Harriers	M				34	1:02:04
181	295	Katy Thornhill	Unattached	LV40	57		48	14	1:02:13
182	125	Cath Applewhite	Unattached	LV45	58		49	13	1:02:24
183	267	Tony Smith	Congleton Harriers	MV60		91		8	1:02:37
184	171	Paul Kain	Chorlton Runners	MV45		92		24	1:02:38
185	315	Nicola Waterworth	Macclesfield Harriers	LV35	59		50	10	1:02:40
186	179	Liz Roberts	Unattached	L	60			10	1:02:42
187	265	Julie Smith	Macclesfield Harriers	LV50	61		51	8	1:02:43
188	64	Simon Caton	Manchester Harriers	M				35	1:02:44
189	100	Mark Fitzgerald	Buxton Ac	MV40		93		27	1:02:49
190	242	Francis Nigel Poole	Congleton Harriers	MV60		94		9	1:02:50
191	354	Leigh Hughes	Unattached	LV55	62		52	6	1:02:50
192	118	Mark Godden	Macclesfield Harriers	MV60		95		10	1:02:53
193	235	Rob Parkin	Congleton Harriers	MV45		96		25	1:02:59
194	172	Esther Kavanagh Dixon	Stockport Harriers	LV35	63		53	11	1:03:00

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195	136	Tim Harden	Congleton Harriers	MV45		97		26	1:03:04
196	225	Karen Sutton	Congleton Harriers	LV45	64		54	14	1:03:14
197	325	Tessa Whiskard	Unattached	LV45	65		55	15	1:03:16
198	308	David Walker	Macclesfield Harriers	MV60		98		11	1:03:18
199	28	Sam Blacow	Bramhall Runners	L	66			11	1:03:20
200	255	Martin Rous	Congleton Harriers	MV50		99		27	1:03:21
201	74	Stephen Cross	Marple Runners	MV50		100		28	1:03:22
202	213	Simon Moorhouse	Buxton Ac	MV55		101		8	1:03:28
203	85	Kim Eastham	Macclesfield Harriers	LV50	67		56	9	1:03:30
204	137	Ann Harris	Macclesfield Harriers	LV65	68		57	1	1:03:53
205	251	Catherine Rigby	Unattached	LV35	69		58	12	1:03:55
206	302	Tracy Vernon	Goyt Valley Striders	LV55	70		59	7	1:04:02
207	197	Maria McMaster	Unattached	L	71			12	1:04:04
208	312	Sue Waring	Stockport Harriers	LV50	72		60	10	1:04:10
209	149	Carolyn Hirons	Wilmslow RC	LV50	73		61	11	1:04:26
210	258	Mike Scott	Unattached	MV45		102		27	1:04:27
211	79	Norman Dakin	Unattached	M				36	1:04:38
212	281	Lesley Sutton	Goyt Valley Striders	LV60	74		62	2	1:04:38
213	154	Michael Eric Horton	NSRRA	MV70		103		1	1:04:40
214	196	Nicola Coppock	Wilmslow RC	LV35	75		63	13	1:04:55
215	314	David Waterhouse	Stockport Harriers	MV60		104		12	1:05:03
216	292	Chris Tetley	Goyt Valley Striders	MV60		105		13	1:05:29
217	279	Harry Stubbs	Congleton Harriers	MV70		106		2	1:05:31
218	155	David Howells	Unattached	M				37	1:05:34
219	211	Lauren Mollart	Knutsford Tri Club	L	76			13	1:05:36
220	229	Karen Oldland	Unattached	LV40	77		64	15	1:05:40
221	303	Peter Vince	Macclesfield Harriers	MV50		107		29	1:05:53
222	269	Melanie Snow	Unattached	LV35	78		65	14	1:05:53
223	202	Susannah Middleton	Macclesfield Harriers	LV45	79		66	16	1:06:11
224	61	Shirley Campbell	Unattached	LV60	80		67	3	1:06:27
225	82	Alexis Dinsmor	Stockport Harriers	LV65	81		68	2	1:06:56
226	204	Sarah Miles	Wilmslow RC	LV35	82		69	15	1:06:59
227	276	Vanessa Stokoe	Macclesfield Harriers	LV45	83		70	17	1:07:03
228	168	Jelenia Jimenez	Macclesfield Harriers	LV40	84		71	16	1:07:07
229	356	Graham Murray	Marple Runners	MV55		108		9	1:07:09
230	357	Tracy Murray	Marple Runners	LV45	85		72	18	1:07:21
231	223	Sandra Newall	Unattached	LV55	86		73	8	1:07:27
232	332	Fiona Wilson	Macclesfield Harriers	LV55	87		74	9	1:07:28
233	140	David Hayton	Macclesfield Harriers	MV55		109		10	1:08:04
234	25	Katrina Barnes	Macclesfield Harriers	L	88			14	1:08:12
235	122	Lynne Graves	Macclesfield Harriers	LV45	89		75	19	1:08:22
236	7	Robert Anderson	Unattached	MV55		110		11	1:08:47
237	44	Andrew Brotherhood	Unattached	MV40		111		28	1:08:47
238	130	Jill Haines	Vale Royal Ac	LV45	90		76	20	1:08:47
239	109	Josie Galbraith	Boalloy	LV45	91		77	21	1:08:47
240	313	Helen Wassall	Boalloy	LV40	92		78	17	1:09:18
241	127	Hannah Greenlee	Chorlton Runners	L	93			15	1:09:39
242	289	Mark Taylor	Staffs Moorlands	M				38	1:09:56
243	176	Adrian Kirk	Unattached	M				39	1:09:59

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244	124	Helen Gray	Goyt Valley Striders	LV50	94	79	12	1:10:17
245	317	Helen Watters	Chorlton Runners	LV50	95	80	13	1:10:22
246	120	Lynsey Goodge	Unattached	LV40	96	81	18	1:10:30
247	117	Rachel Gilliland	Macclesfield Harriers	LV45	97	82	22	1:10:30
248	31	Wendy Boardman	Macclesfield Harriers	LV55	98	83	10	1:11:12
249	193	Catherine Mather	Macclesfield Harriers	LV45	99	84	23	1:11:12
250	41	Rebecca Brimage	Stockport Harriers	LV35	100	85	16	1:11:22
251	327	Tom Whitfield	Unattached	M			40	1:11:30
252	287	F Taylor	Unattached	LV40	101	86	19	1:11:36
253	6	Sarmid Al-Kamil	Bramhall Runners	MV50		112	30	1:11:51
254	81	Dawn Devine	Macclesfield Harriers	LV50	102	87	14	1:12:40
255	344	Olga Yatsenko	Unattached	LV45	103	88	24	1:13:02
256	92	Marie Fairclough	Bramhall Runners	LV50	104	89	15	1:13:45
257	94	Julie Fairclough	Bramhall Runners	LV50	105	90	16	1:13:45
258	46	Emily Brough	Unattached	LV35	106	91	17	1:14:28
259	257	Lindsey Russell	Macclesfield Harriers	LV50	107	92	17	1:14:41
260	4	Nicholas Airey	Unattached	M			41	1:15:36
261	3	Jenny Airey	Macclesfield Harriers	L	108		16	1:15:38
262	88	Rosalind Dyde	Unattached	LV60	109	93	4	1:15:40
263	310	Steffi Ward	Stoke Fit	LV40	110	94	20	1:15:47
264	178	Carron Lane	Winston Runners	LV55	111	95	11	1:16:09
265	253	Linn Robinson	Unattached	LV40	112	96	21	1:16:40
266	288	David Taylor	Staffs Moorlands	MV60		113	14	1:17:09
267	283	Nigel Sym	Macclesfield Harriers	MV60		114	15	1:17:30
268	175	Zarka Khan	Unattached	LV35	113	97	18	1:17:57
269	215	Lindsey Evans	Macclesfield Harriers	LV40	114	98	22	1:18:02
270	133	Jennifer Halliwell	Macclesfield Harriers	L	115		17	1:18:02
271	2	Pat Ahern	Macclesfield Harriers	MV55		115	12	1:18:02
272	131	Dee Hall	Chorlton Runners	LV50	116	99	18	1:18:50
273	214	Morag Morgan	Bramhall Runners	LV65	117	100	3	1:19:05
274	182	Lisa Leggett	Unattached	LV35	118	101	19	1:19:54
275	13	Stephanie Bailey	Mow Cop Runners	L	119		18	1:19:54
276	241	Jo Podolanski	Bramhall Runners	LV45	120	102	25	1:20:04
277	346	Cath Jones	Bramhall Runners	LV55	121	103	12	1:20:04
278	139	Helen Harrison	Unattached	LV35	122	104	20	1:20:34
279	248	Louise Ratcliffe	Unattached	LV35	123	105	21	1:20:34
280	208	Catherine Mitchell	Unattached	LV40	124	106	23	1:20:34
281	97	Trevor Faulkner	Wilmslow RC	MV75		116	1	1:22:05
282	57	Lois Buxton	Macclesfield Harriers	LV50	125	107	19	1:22:11
283	243	Diana Powell	Bramhall Runners	LV60	126	108	5	1:22:33
284	185	Melanie Li	Bramhall Runners	LV45	127	109	26	1:23:12
285	1	Christine Adkins	Bramhall Runners	LV60	128	110	6	1:23:13
286	104	Kate Foster	Macclesfield Harriers	LV60	129	111	7	1:26:11

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<u>Pos.</u>	<u>No.</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>L Pos.</u>	<u>MV Pos.</u>	<u>LV Pos.</u>	<u>Cat pos</u>	<u>Time</u>
1	247	Peter Speake	Wilmslow Running Club	MV40		1		1	39:40
2	25	Michael Berks	Altrincham and District AC	M				1	40:14
3	107	Julian Goodwin	Boalloy RC	MV45		2		1	41:41
4	294	Scott Wilson	Macclesfield Harriers	M				2	42:34
5	35	Gareth Briggs	Wolverhampton and Bilston	MV40		3		2	43:04
6	280	James Noakes (walker)	Macclesfield Harriers	MV45		4		2	43:32
7	24	Chris Bentley	Macclesfield Harriers	M				3	44:14
8	176	Diane Mcvey	Wilmslow Running Club	LV35	1		1	1	44:20
9	325	Richard Longley	Trentham RC	MV40		5		3	44:33
10	82	Brian Evans	Congleton Harriers	MV50		6		1	44:36
11	187	Trevor Morris	Wilmslow Running Club	MV55		7		1	44:45
12	279	Neil Walker	Altrincham and District AC	M				4	44:53
13	22	Jason Bennett	Buxton Ac	MV45		8		3	45:04
14	289	Seamus White	Staffs Moorlands AC	MV40		9		4	45:09
15	46	Phil Burns	Stockport Harriers	M				5	45:10
16	165	Bryan Lomas	Congleton Harriers	MV45		10		4	45:32
17	157	Mikko Kuronen	Congleton Harriers	MV55		11		2	45:51
18	222	Phil Ramsey	Bramhall Runners	MV40		12		5	45:59
19	291	Shaun Wilde	Macclesfield Harriers	MV50		13		2	46:06
20	181	Jonathan Metcalfe		M				6	46:31
21	62	Barnaby Crawshaw		M				7	46:32
22	90	Andrew Fletcher	Mow Cop Runners	MV45		14		5	46:41
23	229	Stephen Ridgway		M				8	46:45
24	33	Andrew Bradley		M				9	47:04
25	67	Martin Dearden	Staffs Moorlands AC	MV40		15		6	47:14
26	143	Nick Hulme	Staffs Moorlands AC	M				10	47:15
27	302	Kerry Samantha Marchant	Staffs Moorlands AC	LV40	2		2	1	47:16
28	204	Stewart Nunn		M				11	47:31
29	213	James Perry	Macclesfield Harriers	M				12	47:41
30	135	Mike Hill	Wilmslow Running Club	MV50		16		3	47:56
31	163	David Livingstone	Altrincham and District AC	MV45		17		6	47:58
32	8	John Atkinson		M				13	48:07
33	49	Russ Cairns		MV45		18		7	48:09
34	193	Andrew Mothershaw	Beeston Ac	M				14	48:11
35	61	Mel Cragg		MV50		19		4	48:11
36	88	Robert Finnis	Macclesfield Harriers	M				15	48:11
37	86	Simeon Farrington-newman	Stockport Harriers	MV40		20		7	48:18
38	317	Matthew Knott		M				16	48:22
39	96	Lora Blann	Altrincham and District AC	LV35	3		3	2	48:30
40	168	Angela Markley	Macclesfield Harriers	LV35	4		4	3	48:37
41	78	Andy Dykins	Macclesfield Harriers	MV45		21		8	48:43
42	103	Kristy Gill	Macclesfield Harriers	LV40	5		5	2	48:47
43	148	Sharon Johnstone	Wilmslow Running Club	LV40	6		6	3	49:11
44	207	Maurice Oldham	Manchester Harriers	MV60		22		1	49:26
45	139	Jarrold Homer	Wilmslow Running Club	MV45		23		9	49:38
46	132	Craig Hewitt	Congleton Harriers	M				17	49:45
47	106	Chris Goodfellow	Macclesfield Harriers	MV45		24		10	49:48
48	206	Ray O'keefe	Macclesfield Harriers	MV50		25		5	49:49
49	315	David Wakefield	Serpentine	MV45		26		11	49:52
50	134	Neil Hey	Macclesfield Harriers	MV50		27		6	49:54
51	93	Andy Fowler	Stockport Harriers	MV45		28		12	49:56
52	173	Andrew Maxfield	Mow Cop Runners	MV45		29		13	50:08
53	124	Raymond Handley	Southport Waterloo A/c	MV60		30		2	50:15
54	177	Tim Medwell		M				18	50:16

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<u>Pos.</u>	<u>No.</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>L Pos.</u>	<u>MV Pos.</u>	<u>LV Pos.</u>	<u>Cat pos</u>	<u>Time</u>
55	236	Gav Robinson		M				19	50:19
56	57	Sean Connelly	Macclesfield Harriers	MV45		31		14	50:22
57	295	Catherine Wilson	Beeston Ac	L	7			1	50:33
58	252	Paul Steel	Congleton Harriers	MV45		32		15	50:46
59	32	Marc Bradford	Macclesfield Harriers	M				20	51:01
60	27	Adam Bird	Bramhall Runners	M				21	51:04
61	14	Nathan Ball		M				22	51:05
62	159	Rachael Lawrance	Macclesfield Harriers	LV35	8		7	4	51:10
63	145	Lisa Hynes	Stockport Triathlon Club	L	9			2	51:17
64	162	Rob Lilley		MV40		33		8	51:20
65	100	Louise Geldart	Stockport Harriers	L	10			3	51:31
66	160	Jayne Lawton	Stockport Harriers	LV45	11		8	1	51:33
67	116	Neil Gunn	Macclesfield Harriers	MV55		34		3	51:42
68	284	Fred Wardle	Macclesfield Harriers	MV60		35		3	51:51
69	15	Oliver Barber		M				23	51:56
70	44	Richard Brown	Macclesfield Harriers	MV45		36		16	51:59
71	9	Jeremy Austin		MV45		37		17	52:12
72	101	Ian Geraghty	Macclesfield Harriers	MV40		38		9	52:17
73	310	Linden Hiscock	Stockport Harriers	LV40	12		9	4	52:21
74	192	James Mothershaw	Macclesfield Harriers	M				24	52:30
75	12	Robert Baker	South Cheshire Harriers	M				25	52:35
76	140	Christian Hook	Wilmslow Running Club	MV40		39		10	52:35
77	196	Vikki Murphy	Bramhall Runners	LV45	13		10	2	52:44
78	228	Damian Ridge	Mow Cop Runners	MV40		40		11	52:46
79	13	James Baker		M				26	52:49
80	297	Melanie Worthington	Congleton Harriers	LV40	14		11	5	52:49
81	203	Paula Nimmo	Macclesfield Harriers	L	15			4	52:49
82	71	Duncan Dickie		MV50		41		7	52:55
83	19	Peter Baxter		MV45		42		18	52:59
84	227	Peter Richardson	Cheadle Running Club	M				27	53:03
85	174	Bernard Mccarron	Wilmslow Running Club	MV50		43		8	53:09
86	95	Andrea Frost	Macclesfield Harriers	LV45	16		12	3	53:14
87	267	Richard Thomas		MV55		44		4	53:24
88	208	Geoff Osbaldestin	Mow Cop Runners	MV40		45		12	53:26
89	180	Andy Melvin	Stockport Harriers	MV45		46		19	53:31
90	195	Keith Mulholland	Macclesfield Harriers	MV50		47		9	53:37
91	184	Kate Mills	Knutsford Triathlon Club	LV40	17		13	6	53:45
92	59	Steven Corden	Staffs Moorlands AC	M				28	53:50
93	282	Lucy Ward		L	18			5	54:01
94	224	Martin Raymond		MV55		48		5	54:06
95	260	Jill Tavini	Stockport Harriers	LV45	19		14	4	54:07
96	205	Kathleen O'donnell	Macclesfield Harriers	LV35	20		15	5	54:10
97	308	Polly Kennerley	Congleton Harriers	LV45	21		16	5	54:12
98	53	Frank Cassidy	Macclesfield Harriers	MV55		49		6	54:18
99	150	Adrian Jones		MV50		50		10	54:24
100	202	James Nieman		M				29	54:38
101	197	Terry Neild	Macclesfield Harriers	M				30	54:38
102	283	Matthew Ward		M				31	54:45
103	198	Tom Neill		MV50		51		11	54:50
104	307	Sarah Kemp		LV50	22		17	1	54:50
105	171	Emma Mason	Macclesfield Harriers	L	23			6	54:53
106	303	Sara Bayley		LV40	24		18	7	54:54
107	39	John Brocklehurst		M				32	55:01
108	42	David Brotherhood		M				33	55:04

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<u>Pos.</u>	<u>No.</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>L Pos.</u>	<u>MV Pos.</u>	<u>LV Pos.</u>	<u>Cat pos</u>	<u>Time</u>
109	167	Claire Macneill	Stockport Harriers	LV40	25		19	8	55:05
110	320	Jenny Hibbert		LV40	26		20	9	55:08
111	118	Joanne Hackett	Staffs Moorlands AC	LV45	27		21	6	55:11
112	221	Lindsay Purdie		LV45	28		22	7	55:18
113	210	Richard Pankhurst	Macclesfield Harriers	MV45		52		20	55:30
114	60	Lisa Cox		LV45	29		23	8	55:37
115	182	Des Miles	Unattached	MV50		53		12	55:40
116	50	Thomas Callaghan		MV45		54		21	55:53
117	153	William Keeling	Knutsford Triathlon Club	MV50		55		13	55:55
118	278	Peter Vince	Macclesfield Harriers	MV45		56		22	56:08
119	179	David Mellor	Stockport Harriers	MV65		57		1	56:10
120	304	Gary Mitchell		MV45		58		23	56:10
121	99	Julie Gardner	Macclesfield Harriers	LV55	30		24	1	56:17
122	94	Simon Froggatt	Fell Runners Association	MV40		59		13	56:18
123	323	Mark Halsey	Buxton Ac	MV40		60		14	56:22
124	218	James Pratt	Bramhall Runners	M				34	56:25
125	115	Sian Gulliver	Macclesfield Harriers	L	31			7	56:27
126	223	Andrew Ratcliffe	Macclesfield Harriers	MV50		61		14	56:49
127	311	Gareth Pierce		M				35	57:00
128	30	Rob Bond		MV40		62		15	57:02
129	123	Justin Hancock		MV45		63		24	57:03
130	270	John Thompson		MV40		64		16	57:07
131	36	Rebecca Brimage	Stockport Harriers	LV35	32		25	6	57:09
132	286	Stewart Waudby	Macclesfield Harriers	MV40		65		17	57:25
133	271	Katy Thornhill		LV40	33		26	10	57:28
134	26	Emma Beveridge	Macclesfield Harriers	LV45	34		27	9	57:39
135	215	Kate Phillips	Buxton Ac	LV45	35		28	10	57:43
136	268	Barrie Thomason		MV45		66		25	57:45
137	241	Paul Sheldon		MV40		67		18	57:51
138	212	Rob Parkin	Congleton Harriers	MV45		68		26	58:08
139	183	Robert Mills		M				36	58:22
140	194	Patrick Grannan	Wilmslow Running Club	MV65		69		2	58:25
141	81	Andreas England		MV45		70		27	58:31
142	31	Amanda Bradbury	Wilmslow Running Club	LV40	36		29	11	58:32
143	111	Robert Graves	Macclesfield Harriers	MV40		71		19	58:52
144	102	Amanda Gilbert	Cheadle Running Club	LV35	37		30	7	59:09
145	255	Bella Stevenson	Chorlton Runners	L	38			8	59:13
146	287	Brian West		MV50		72		15	59:18
147	301	Brian Tennant		MV50		73		16	59:20
148	172	Elizabeth Mason	Hyde Village Striders	LV50	39		31	2	59:24
149	55	Paul Clowes		M				37	59:29
150	136	Deborah Hill	Congleton Harriers	LV55	40		32	2	59:31
151	235	Charlotte Robinson		L	41			9	59:41
152	65	Catharine Crossley	Macclesfield Harriers	L	42			10	59:45
153	144	Ian Humphreys		MV50		74		17	59:49
154	250	Michael Stanley	Congleton Harriers	MV45		75		28	59:58
155	309	David Phillips	Royton Roadrunners	MV70		76		1	1:00:04
156	288	Tessa Whiskard		LV45	43		33	11	1:00:21
157	11	Rob Bailey	Macclesfield Harriers	MV45		77		29	1:00:28
158	56	Liz Clutton	Cheadle Running Club	LV60	44		34	1	1:00:35
159	110	Richard Gratton		MV45		78		30	1:00:37
160	128	David Hayton		MV55		79		7	1:00:40
161	76	Richard Hopkin		MV55		80		8	1:00:42
162	154	Ross Kennedy	Bramhall Runners	M				38	1:00:42

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<u>Pos.</u>	<u>No.</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>L Pos.</u>	<u>MV Pos.</u>	<u>LV Pos.</u>	<u>Cat pos</u>	<u>Time</u>
163	313	Tony Smith	Congleton Harriers	MV60		81		4	1:00:44
164	214	Elaine Pettie		LV40	45		35	12	1:00:48
165	253	Katrina Stephens	Stockport Harriers	LV35	46		36	8	1:00:51
166	122	Nick Ham	Stockport Harriers	MV50		82		18	1:00:55
167	141	Sally Hopkin	Macclesfield Harriers	L	47			11	1:00:57
168	296	Paul Woolley	Hyde Village Striders	MV45		83		31	1:00:59
169	276	Daniel Venn		M				39	1:01:06
170	175	Maria McMaster		L	48			12	1:01:30
171	108	David Gowin	Macclesfield Harriers	MV45		84		32	1:01:37
172	264	Paul Taylor	Bramhall Runners	MV40		85		20	1:01:44
173	72	Julia Dickie	Macclesfield Harriers	LV50	49		37	3	1:01:45
174	185	Simon Moorhouse	Buxton Ac	MV55		86		9	1:01:48
175	299	Chris Wright		MV45		87		33	1:01:48
176	189	Tracy Moss		LV45	50		38	12	1:01:49
177	274	Philippa Tyson	South Cheshire Harriers	LV50	51		39	4	1:01:49
178	324	Craig Hibbert		MV45		88		34	1:01:52
179	300	Andy Wright		MV45		89		35	1:02:00
180	120	Philip Hall	Hyde Village Striders	MV45		90		36	1:02:05
181	166	Cliff Lomas		MV65		91		3	1:02:08
182	234	Linn Robinson		LV40	52		40	13	1:02:17
183	133	Martin Rous	Congleton Harriers	MV50		92		19	1:02:23
184	178	Jane Mellings		LV40	53		41	14	1:02:26
185	117	Alison Gunn	Macclesfield Harriers	LV55	54		42	3	1:02:34
186	16	Janette Byrne	Macclesfield Harriers	LV50	55		43	5	1:02:34
187	232	Christine Ritchie	Macclesfield Harriers	LV60	56		44	2	1:02:46
188	79	Kim Eastham	Macclesfield Harriers	LV50	57		45	6	1:02:46
189	77	Rachel Dudley		LV45	58		46	13	1:02:49
190	105	Mark Godden	Macclesfield Harriers	MV60		93		5	1:02:52
191	219	Aeronwy Preece-towey	Bramhall Runners	L	59			13	1:03:01
192	277	Tracy Vernon	Goyt Valley Striders	LV55	60		47	4	1:03:09
193	245	Garry Small		M				40	1:03:10
194	37	Helen Bristow	Macclesfield Harriers	LV40	61		48	15	1:03:12
195	293	Fiona Wilson	Macclesfield Harriers	LV55	62		49	5	1:03:22
196	7	Martin Ashby		MV50		94		20	1:03:41
197	243	Clare Simpson		LV35	63		50	9	1:03:41
198	326	Tom Whitfield		M				41	1:03:45
199	109	Helen Gowin	Macclesfield Harriers	LV50	64		51	7	1:03:45
200	256	Liz Stillo	Derbyshire Dynamos	LV60	65		52	3	1:03:47
201	112	Lynne Graves	Macclesfield Harriers	LV45	66		53	14	1:03:48
202	2	Alyson Adams	Bramhall Runners	LV50	67		54	8	1:03:49
203	73	Alexis Dinsmor	Stockport Harriers	LV65	68		55	1	1:03:54
204	246	Julie Smith	Macclesfield Harriers	LV50	69		56	9	1:03:56
205	306	Shirley Campbell		LV60	70		57	4	1:03:56
206	142	Geoffrey Hull	Macclesfield Harriers	MV65		95		4	1:03:56
207	259	Nigel Sym		MV60		96		6	1:03:59
208	98	Joanne Foster	Macclesfield Harriers	LV50	71		58	10	1:04:12
209	275	Carol Upton	Macclesfield Harriers	LV40	72		59	16	1:04:15
210	69	Andy Devine	Macclesfield Harriers	MV50		97		21	1:04:25
211	80	Conor Ellis		MV50		98		22	1:04:31
212	119	Christine Haigh	Goyt Valley Striders	LV45	73		60	15	1:04:39
213	147	Tim Johnson		MV50		99		23	1:04:52
214	209	Kelly Packham		LV35	74		61	10	1:05:06
215	130	Nicholas Heaton	Bramhall Runners	MV45		100		37	1:05:09
216	220	Pippa Price		LV50	75		62	11	1:05:41

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<u>Pos.</u>	<u>No.</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>L Pos.</u>	<u>MV Pos.</u>	<u>LV Pos.</u>	<u>Cat pos</u>	<u>Time</u>
217	319	Justin Farthing		MV40		101		21	1:05:48
218	41	Andrew Brotherhood		M				42	1:05:49
219	230	Catherine Rigby		LV35	76		63	11	1:05:51
220	318	Joseph Mccaw		MV45		102		38	1:05:52
221	58	Joseph Connor	Bramhall Runners	M				43	1:05:54
222	285	David Waterhouse	Stockport Harriers	MV60		103		7	1:05:55
223	91	Cathy Florentine	Macclesfield Harriers	LV45	77		64	16	1:06:02
224	138	Kathryn Holmes	Bramhall Runners	LV50	78		65	12	1:06:19
225	188	Sally Moss		L	79			14	1:06:30
226	200	Sandra Newall		LV55	80		66	6	1:06:36
227	262	David S. Taylor	Congleton Harriers	MV65		104		5	1:06:39
228	125	Carol Handley		LV45	81		67	17	1:06:42
229	97	Josie Galbraith	Boalloy RC	LV45	82		68	18	1:06:54
230	6	Robert Anderson		MV55		105		10	1:07:08
231	290	Melanie Whittaker	Macclesfield Harriers	LV40	83		69	17	1:07:11
232	5	Sarmid Al-kamil	Bramhall Runners	MV50		106		24	1:07:23
233	64	Tracy Critchlow	Derbyshire Dynamos	LV50	84		70	13	1:07:48
234	104	Rachel Gilliland	Macclesfield Harriers	LV45	85		71	19	1:07:57
235	83	Marie Fairclough	Bramhall Runners	LV50	86		72	14	1:08:25
236	316	Cathy Ellis		LV55	87		73	7	1:08:30
237	186	Dipika Morgan	Macclesfield Harriers	LV35	88		74	12	1:08:32
238	191	Mark Mothershaw	Macclesfield Harriers	MV50		107		25	1:08:46
239	127	Ann Harris	Macclesfield Harriers	LV65	89		75	2	1:09:01
240	68	Dawn Devine	Macclesfield Harriers	LV50	90		76	15	1:09:02
241	70	Kathryn Dewick		LV35	91		77	13	1:09:15
242	121	Jackie Hall	Hyde Village Striders	LV50	92		78	16	1:09:21
243	40	Claire Brocklehurst		L	93			15	1:09:24
244	152	Kathryn Keeling	Mow Cop Runners	L	94			16	1:09:24
245	226	Suzanne Revill	Macclesfield Harriers	LV40	95		79	18	1:09:54
246	113	Helen Gray	Goyt Valley Striders	LV50	96		80	17	1:10:11
247	327	Pauline Lynch	Macclesfield Harriers	LV70	97		81	1	1:10:20
248	257	Vanessa Stokoe	Macclesfield Harriers	LV45	98		82	20	1:10:30
249	238	Lindsey Russell	Macclesfield Harriers	LV45	99		83	21	1:10:40
250	4	Jennie Aincham		LV35	100		84	14	1:11:55
251	28	Sam Blacow	Bramhall Runners	L	101			17	1:12:25
252	265	Mark Taylor	Staffs Moorlands AC	M				44	1:12:40
253	201	Harry Newton	Macclesfield Harriers	MV75		108		1	1:13:48
254	233	Mary Roberts		LV50	102		85	18	1:14:03
255	328	Mark Brennan	FRA	MV55		109		11	1:14:04
256	52	Belinda Carp	Wilmslow Running Club	LV45	103		86	22	1:14:14
257	231	Christine Rigby	Bramhall Runners	LV45	104		87	23	1:15:27
258	54	Julie Fairlough	Bramhall Runners	LV50	105		88	19	1:15:54
259	84	Steve Fairclough	Bramhall Runners	MV50		110		26	1:15:54
260	190	Sally Moston	Bramhall Runners	LV45	106		89	24	1:15:57
261	149	Cath Jones	Bramhall Runners	LV55	107		90	8	1:15:57
262	47	Lois Buxton		LV50	108		91	20	1:15:59
263	314	Claire Rayner	Bramhall Runners	L	109			18	1:16:04
264	266	David Taylor	Staffs Moorlands AC	MV55		111		12	1:16:23
265	273	Kathleen Tyms	Winston Runners	LV35	110		92	15	1:19:38
266	263	Clare Taylor	Bramhall Runners	LV40	111		93	19	1:19:48
267	29	Vicky Bond		LV40	112		94	20	1:20:08
268	242	Craig Simon		MV40		112		22	1:20:47
269	305	Diana Powell	Bramhall Runners	LV60	113		95	5	1:23:44
270	161	Shelley Lee	Macclesfield Harriers	LV45	114		96	25	1:28:30

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Pos.	No.	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos
1	316	Daniel Weston	Wrexham AC	M				1
2	310	Brendan Rothery	Eryri Harriers	M				2
3	232	Matthew Smith	South Cheshire Harriers	MV40			1	1
4	318	Dean Longley	Prestatyn RC	M				3
5	314	Ryan Roberts	CYBI Striders	M				4
6	63	Stephen Doyle	Knowsley Harriers Ac	MV40			2	2
7	311	Paul Wathan	Eryri Harriers	M				5
8	312	Andrew Edwards	CYBI Striders	M				6
9	53	Stephen Crook	Stockport Harriers	M				7
10	198	Jim Pendrill	Wilmslow RC	MV45			3	1
11	156	Pete Mallison	South Cheshire Harriers	MV40			4	3
12	61	Mike Dixon	Stockport Harriers	M				8
13	153	Bryan Lomas	Congleton Harriers	MV45			5	2
14	243	Matthew Taylor	South Cheshire Harriers	M				9
15	139	Chris Jones	Vale Royal Ac	M				10
16	18	Chris Bentley	Macclesfield Harriers & AC	M				11
17	2	James Ainsworth	Vale Royal Ac	MV40			6	4
18	250	Adam Thompson	Stockport Harriers	M				12
19	72	Brian Evans	Unattached	MV50			7	1
20	228	James Simpson	South Cheshire Harriers	MV40			8	5
21	266	Robert Webster	Unattached	M				13
22	146	Mikko Kuronen	Congleton Harriers	MV55			9	1
23	166	Brian Mccoubrey	Wilmslow RC	M				14
24	137	Martin Jennings	Unattached	M				15
25	214	Elizabeth Renondeau	Ellesmere Port Running Club	LV35	1		1	1
26	9	Pat Hudson	South Cheshire Harriers	M				16
27	261	Tony Wardle	South Cheshire Harriers	MV45			10	3
28	81	Andrew Fletcher	Mow Cop Runners	MV45			11	4
29	226	Jimmy Sheldon	Hyde Park Harriers	M				17
30	49	Mark Coulthard	South Cheshire Harriers	M				18
31	70	Alex Elsworth	Goyt Valley Striders	MV40			12	6
32	199	James Perry	Macclesfield Harriers & AC	M				19
33	148	Katie Latham	South Cheshire Harriers	L	2			1
34	51	Mel Cragg	Unattached	MV45			13	5
35	86	Glyn Pattinson	Cheadle Running Club	MV45			14	6
36	87	Kristy Gill	Macclesfield Harriers & AC	LV40	3		2	1
37	294	Maurice Oldham	Manchester Harriers	MV60			15	1
38	309	Guénaëlle Savre-Piou	Macclesfield Harriers & AC	L	4			2
39	221	Mark Ruston	Goyt Valley Striders	M				20
40	118	Neil Hey	Macclesfield Harriers & AC	MV45			16	7
41	68	Janine Ellis	Wilmslow RC	LV45	5		3	1
42	76	Simeon Farrington-newman	Unattached	MV40			17	7
43	157	Angela Markley	Macclesfield Harriers & AC	LV35	6		4	2
44	82	Andy Fowler	Stockport Harriers	MV45			18	8
45	167	Darren Dunleavy	Unattached	MV40			19	8
46	263	Andrew Watts	Wilmslow RC	MV65			20	1
47	109	Ray Handley	Southport Waterloo	MV60			21	2

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48	105	Nicholas Hackett	South Cheshire Harriers	M				21
49	272	Peter Whitehead	Unattached	MV50		22		2
50	190	Paul Norris	Wilmslow RC	MV55		23		2
51	315	Jay Jennions	Deestridders RC	LV35	7		5	3
52	117	Craig Hewitt	Congleton Harriers	M				22
53	191	Adrian Northcott	Staffs Moorlands AC	MV45		24		9
54	13	Lee Barratt	Stockport Harriers	MV45		25		10
55	75	Mick Fairs	Wilmslow RC	MV65		26		2
56	30	Steve Broadfoot	Knowsley Harriers Ac	MV50		27		3
57	179	Anest Muller	West Cheshire Ac	L	8			3
58	230	Ian Smallwood	Wilmslow RC	MV50		28		4
59	149	Rachael Lawrance	Macclesfield Harriers & AC	LV35	9		6	4
60	258	Craig Williams	South Cheshire Harriers	M				23
61	130	Craig Hunt	Wilmslow RC	MV45		29		11
62	113	Diane Bygrave	Wilmslow RC	LV40	10		7	2
63	176	Jo Moss	Congleton Harriers	LV45	11		8	2
64	108	Chris Howarth	Unattached	M				24
65	135	Richard Thomas	Unattached	MV55		30		3
66	164	Andrew Maxfield	Mow Cop Runners	MV45		31		12
67	189	Kevin Good	Unattached	M				25
68	45	Sean Connelly	Macclesfield Harriers & AC	MV45		32		13
69	15	Peter Baxter	Unattached	MV40		33		9
70	95	Aidan Grant	Goyt Valley Striders	MV40		34		10
71	257	Catherine Voyce	Shropshire Shufflers	LV40	12		9	3
72	172	Rob Miles	Unattached	M				26
73	92	Sarah Wilson	South Cheshire Harriers	LV35	13		10	5
74	317	Amie Bagnall	Salford Harriers	L	14			4
75	19	Tim Billington	Wilmslow RC	MV50		35		5
76	11	Oliver Barber	Unattached	M				27
77	28	Gregory Bradshaw	Unattached	M				28
78	138	Stuart Johnson	Unattached	MV40		36		11
79	25	Paula Bradshaw	Unattached	L	15			5
80	291	Fred Wardle	Macclesfield Harriers & AC	MV60		37		3
81	178	Keith Mulholland	Macclesfield Harriers & AC	MV50		38		6
82	268	Adrian West-samuel	Goyt Valley Striders	MV50		39		7
83	154	Steve Lomax	Unattached	MV45		40		14
84	55	Rebecca Donohue	Liverpool Harriers and AC	L	16			6
85	102	Neil Gunn	Macclesfield Harriers & AC	MV55		41		4
86	22	Joe Birtwistle	Unattached	M				29
87	126	Christian Hook	Wilmslow RC	MV40		42		12
88	253	Andy Thorp	Unattached	MV50		43		8
89	169	Andy Melvin	Stockport Harriers	MV45		44		15
90	225	Stephen Sharrocks	Stockport Harriers	MV50		45		9
91	58	Duncan Dickie	Unattached	MV50		46		10
92	289	John Green	Staffs Moorlands AC	MV45		47		16
93	56	Philip Dawson	Congleton Harriers	MV60		48		4
94	313	Gemma Morgans	Eryri Harriers	L	17			7
95	260	John Burt	Unattached	MV55		49		5
96	93	James Gowin	Wilmslow RC	M				30

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97	21	Kirsty Birch	Staffs Moorlands AC	LV35	18		11	6
98	242	Jill Tavini	Stockport Harriers	LV45	19		12	3
99	120	Zoe Eyre	Wilmslow RC	LV40	20		13	4
100	65	Nick Dunning	South Cheshire Harriers	MV45		50		17
101	205	Aeronwy Preece-towey	Bramhall Runners	L	21			8
102	119	Anna Bracegirdle	Biddulph RC	L	22			9
103	177	Nicky Mowat	Wilmslow RC	LV55	23		14	1
104	106	Nick Ham	Stockport Harriers	MV50		51		11
105	171	Desmond Miles	Unattached	MV50		52		12
106	85	Geoff Gilbert	Wilmslow RC	MV60		53		5
107	150	Martin Raymond	Unattached	MV55		54		6
108	74	Steve Fairclough	Bramhall Runners	MV50		55		13
109	116	Phil Heaward	Bramhall Runners	M				31
110	236	Andrew Dykins	Unattached	MV45		56		18
111	165	Bernard Mccarron	Wilmslow RC	MV50		57		14
112	319	Joanna Miles	Macclesfield Harriers & AC	LV50	24		15	1
113	306	Amelia Hunt	Goyt Valley Striders	L	25			10
114	94	Patrick Grannan	Wilmslow RC	MV65		58		3
115	281	Jeremy Woodham	Stockport Harriers	MV40		59		13
116	196	Angela McCarthy	Wilmslow RC	LV50	26		16	2
117	219	Danny Garrity	Unattached	M				32
118	286	Neil Daniels	Unattached	MV40		60		14
119	252	Katy Thornhill	Goyt Valley Striders	LV40	27		17	5
120	158	David Marsden	Stafford Harriers	MV60		61		6
121	185	Tom Neill	Unattached	MV50		62		15
122	37	Thomas Callaghan	Stockport Harriers	MV45		63		19
123	182	James Naylor	Unattached	MV55		64		7
124	183	Amy Naylor	Unattached	LV35	28		18	7
125	180	Gordon Narayansingh	Unattached	MV55		65		8
126	202	Susan Poole	South Cheshire Harriers	LV45	29		19	4
127	194	Geoff Osbaldestin	Unattached	MV40		66		15
128	299	Leanne Banks	South Cheshire Harriers	L	30			11
129	115	Victoria Healey	Goyt Valley Striders	LV35	31		20	8
130	259	John Thompson	Unattached	MV40		67		16
131	210	Ste Quinn	Unattached	M				33
132	175	Chris Hassall	South Cheshire Harriers	M				34
133	60	Chris Pimblott	Macclesfield Harriers & AC	MV60		68		7
134	275	Claire Harrison	South Cheshire Harriers	LV40	32		21	6
135	10	Brian Bailey	Unattached	MV40		69		17
136	163	Michelle Matthews	Congleton Harriers	LV35	33		22	9
137	203	John Porteous	Wilmslow RC	MV60		70		8
138	212	Andrew Ratcliffe	Macclesfield Harriers & AC	MV45		71		20
139	7	Anna Aspinall	Goyt Valley Striders	L	34			12
140	98	Robert Graves	Macclesfield Harriers & AC	MV40		72		18
141	131	Owen Hussey	Unattached	MV45		73		21
142	197	Rob Parkin	Congleton Harriers	MV40		74		19
143	269	Sally Price	Wilmslow RC	LV35	35		23	10
144	307	Paul Hunt	Goyt Valley Striders	MV50		75		16
145	147	David Larkin	Macclesfield Harriers & AC	MV40		76		20

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146	89	Rebecca Glen	Goyt Valley Striders	LV35	36		24	11
147	97	Richard Gratton	Unattached	MV45		77		22
148	96	Wayne Grant	Goyt Valley Striders	M				35
149	121	Gail Hill	Wilmslow RC	LV40	37		25	7
150	184	Terry Neild	Macclesfield Harriers & AC	M				36
151	6	Ian Ashcroft	Wilmslow RC	MV65		78		4
152	16	Rachel Beardmore	Cheadle Running Club	LV35	38		26	12
153	145	Amanda Kimber	South Cheshire Harriers	L	39			13
154	161	Emma Mason	Macclesfield Harriers & AC	L	40			14
155	224	Aline Saiani	Unattached	LV40	41		27	8
156	54	Catharine Crossley	Macclesfield Harriers & AC	L	42			15
157	209	Lindsay Purdie	Unattached	LV40	43		28	9
158	227	Maz Simon	Goyt Valley Striders	MV60		79		9
159	195	Richard Pankhurst	Macclesfield Harriers & AC	MV45		80		23
160	35	Janine Bush	Cheadle Running Club	LV35	44		29	13
161	57	Stuart Day	Cheadle Running Club	MV40		81		21
162	264	Stewart Waudby	Macclesfield Harriers & AC	MV40		82		22
163	234	Tony Smith	Congleton Harriers	MV60		83		10
164	39	Chris Cannon	Wilmslow RC	MV55		84		9
165	8	Cathy Atherton	South Cheshire Harriers	LV40	45		30	10
166	238	Amy Stiven	Unattached	L	46			16
167	64	Wendy Driver	South Cheshire Harriers	LV40	47		31	11
168	271	Tessa Whiskard	Unattached	LV45	48		32	5
169	29	Carrie Bray	Unattached	LV40	49		33	12
170	144	Ross Kennedy	Unattached	M				37
171	140	Nigel Wright	Macclesfield Harriers & AC	MV40		85		23
172	276	Angus Tennant	Macclesfield Harriers & AC	MV45		86		24
173	71	Claire Elsworth	Goyt Valley Striders	LV40	50		34	13
174	34	Darren Burns	Unattached	MV50		87		17
175	142	Mary Jones	Goyt Valley Striders	LV45	51		35	6
176	47	Lynda Cook	Macclesfield Harriers & AC	LV45	52		36	7
177	302	Liz Clutton	Cheadle Running Club	LV60	53		37	1
178	159	Catriona Marshall	Wilmslow RC	LV45	54		38	8
179	125	Tina Honeychurch	Unattached	LV40	55		39	14
180	193	Cliff Lomas	Unattached	MV65		88		5
181	255	Philippa Tyson	South Cheshire Harriers	LV50	56		40	3
182	256	Tracy Vernon	Goyt Valley Striders	LV50	57		41	4
183	240	Harry Stubbs	Congleton Harriers	MV65		89		6
184	308	Moira Hunt	Goyt Valley Striders	LV55	58		42	2
185	239	Sue Strang	Wilmslow RC	LV50	59		43	5
186	99	Lynne Graves	Macclesfield Harriers & AC	LV45	60		44	9
187	128	Geoffrey Hull	Macclesfield Harriers & AC	MV65		90		7
188	134	George Livesey	Ste Maxime Athle France	MV65		91		8
189	251	Stuart Thorley	Bramhall Runners	MV45		92		25
190	267	Brian West	Unattached	MV45		93		26
191	114	David Hayton	Unattached	MV55		94		10
192	129	Ian Humphreys	Unattached	MV45		95		27
193	229	Clare Simpson	Unattached	LV35	61		45	14
194	91	Emma Goodwin	Staffs Moorlands AC	LV35	62		46	15

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195	32	Kelly Buckley	Macclesfield Harriers & AC	LV35	63	47	16
196	59	Alexis Dinsmor	Stockport Harriers	LV65	64	48	1
197	231	Annie Smedley	Unattached	LV40	65	49	15
198	143	Esther Kavanagh Dixon	Stockport Harriers	L	66		17
199	305	Liz Stillo	Unattached	LV60	67	50	2
200	5	Kelly Packham	Unattached	LV35	68	51	17
201	26	Catherine Rigby	Unattached	LV35	69	52	18
202	186	Sandra Newall	Unattached	LV55	70	53	3
203	46	Joseph Connor	Bramhall Runners	M			38
204	285	Karl Downing	Unattached	MV40		96	24
205	122	Carolyn Hirons	Wilmslow RC	LV45	71	54	10
206	50	Kieron Pritchard	Unattached	M			39
207	233	Julie Smith	Macclesfield Harriers & AC	LV45	72	55	11
208	192	Jamie Oldland	Unattached	MV40		97	25
209	100	Helen Gray	Goyt Valley Striders	LV50	73	56	6
210	287	Jacky Smith	Sheffield RC	LV60	74	57	3
211	237	Rachel Trpeski	Boalloy	LV40	75	58	16
212	78	Simon Fenton	Wilmslow RC	MV70		98	1
213	38	Paul Calnan	Unattached	MV55		99	11
214	69	Martin Ellis	Unattached	MV55		100	12
215	273	Melanie Whittaker	Macclesfield Harriers & AC	LV40	76	59	17
216	248	Chris Tetley	Goyt Valley Striders	MV55		101	13
217	222	Linette Ruston	Goyt Valley Striders	LV40	77	60	18
218	62	Andrew Dodd	Wilmslow RC	MV40		102	26
219	265	Jennifer Webber	Mow Cop Runners	LV35	78	61	19
220	223	Leanne Dawn Rutter	Wilmslow RC	L	79		18
221	204	Hazel Power	Macclesfield Harriers & AC	LV45	80	62	12
222	245	David S. Taylor	Congleton Harriers	MV65		103	9
223	41	Frank Cassidy	Unattached	MV50		104	18
224	160	Jane Martin	Mow Cop Runners	LV50	81	63	7
225	247	Alice Taylor	Unattached	L	82		19
226	206	Pippa Price	Unattached	LV50	83	64	8
227	241	Laura Stubbs	Congleton Harriers	L	84		20
228	200	Janet Swinbank	South Cheshire Harriers	LV45	85	65	13
229	277	Fiona Wilson	Macclesfield Harriers & AC	LV50	86	66	9
230	1	Alyson Adams	Bramhall Runners	LV50	87	67	10
231	66	Kim Eastham	Macclesfield Harriers & AC	LV50	88	68	11
232	217	Christine Ritchie	Macclesfield Harriers & AC	LV55	89	69	4
233	4	Rebecca Howlett	South Cheshire Harriers	L	90		21
234	123	Kathryn Holmes	Bramhall Runners	LV50	91	70	12
235	107	Carol Handley	Unattached	LV55	92	71	5
236	301	Ann Harris	Macclesfield Harriers & AC	LV65	93	72	2
237	295	Jane Burchell	South Cheshire Harriers	LV45	94	73	14
238	262	David Waterhouse	Stockport Harriers	MV55		105	14
239	79	Mark Ferns	Sale Harriers Manchester	MV55		106	15
240	280	Sarah Clayton	Unattached	LV40	95	74	19
241	27	Heather Pimblott	Macclesfield Harriers & AC	LV55	96	75	6
242	249	Joanna Thompson	Macclesfield Harriers & AC	LV35	97	76	20
243	174	Dipika Morgan	Macclesfield Harriers & AC	LV35	98	77	21

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244	293	Mark Taylor	Staffs Moorlands AC	M				40
245	300	Bill Mould	Staffs Moorlands AC	MV65		107		10
246	207	Rob Pritchard	Unattached	M				41
247	208	Nicky Pritchard	Unattached	LV35	99		78	22
248	290	Catherine Ellis	Unattached	L	100			22
249	88	Rachel Gilliland	Macclesfield Harriers & AC	LV45	101		79	15
250	77	Trevor Faulkner	Wilmslow RC	MV70		108		2
251	220	Lindsey Russell	Macclesfield Harriers & AC	LV45	102		80	16
252	303	Barrie Clutton	Cheadle Running Club	MV65		109		11
253	187	Harry Newton	Macclesfield Harriers & AC	MV75		110		1
254	40	Belinda Carp	Wilmslow RC	LV45	103		81	17
255	218	Dawn Devine	Macclesfield Harriers & AC	LV50	104		82	13
256	31	Emily Brough	Unattached	L	105			23
257	181	Norma Narayansingh	Unattached	LV50	106		83	14
258	292	David Taylor	Staffs Moorlands AC	MV55		111		16
259	201	Jo Podolanski	Bramhall Runners	LV45	107		84	18
260	284	Maryann Tizzard	Unattached	L	108			24
261	141	Cath Jones	Bramhall Runners	LV50	109		85	15
262	254	Kathleen Tyms	Winston Runners	LV35	110		86	23
263	36	Heather Cairns	Unattached	LV45	111		87	19

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Pos.	No.	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos	Time
1	64	Peter Speake	Wilmslow	M				1	39:40
2	188	Colin Bishop	Helsby	MV50		1		1	41:09
3	133	Stephen Crook	Stockport Harriers	M				2	41:10
4	132	Mark Walker	Macclesfield Harriers	M				3	41:21
5	257	David Alexander	West Cheshire	MV45		2		1	41:32
6	138	Barry Archbold	Wilmslow	MV40		3		1	41:44
7	292	Scott Wilson	Macclesfield Harriers	M				4	42:03
8	68	Jim Pendrill	Wilmslow	MV40		4		2	42:05
9	288	James Noakes	Macclesfield Harriers	MV45		5		2	42:20
10	311	Ben Light	Buxton Ac	M				5	42:50
11	255	Kevin Lilley	Sheffield RC	MV50		6		2	42:57
12	182	Paul Brooks	Stockport Harriers	MV40		7		3	43:00
13	323	Chris Bentley	Macclesfield Harriers	M				6	43:08
14	176	Malcolm Johnson	Stockport Harriers	MV40		8		4	43:40
15	43	Phil Burns	Stockport Harriers	M				7	43:59
16	275	Robert Wilson	Wilmslow	MV45		9		3	44:10
17	140	Adrian Fuller	Altrincham	MV40		10		5	44:16
18	74	Mike Dixon	Stockport Harriers	M				8	44:19
19	79	Andy Harris	Unattached	M				9	44:30
20	286	Karl Tavini	Stockport Harriers	MV45		11		4	44:36
21	230	Simon Jackson	Sale Harriers	MV40		12		6	44:46
22	169	Mike Hill	Wilmslow	MV45		13		5	44:54
23	304	Matthew Basnett	Mow Cop Runners	M				10	44:56
24	232	Bryan Lomas	Congleton Harriers	MV45		14		6	45:01
25	134	Neil Walker	Altrincham	M				11	45:23
26	282	Scott Zikmanis	Trentham Rc	M				12	45:40
27	260	Craig Sephton	Vale Royal Ac	MV40		15		7	45:50
28	80	James Ainsworth	Vale Royal Ac	M				13	45:50
29	19	Carl Hanaghan	Macclesfield Harriers	M				14	45:50
30	110	Andy Dines	Knutsford Tri Club	MV50		16		3	45:56
31	272	Dan Croft	Macclesfield Harriers	MV45		17		7	46:01
32	155	David Livingstone	Altrincham	MV40		18		8	46:02
33	41	Lee Spencer	Unattached	MV40		19		9	46:05
34	118	Oliver Barber	Unattached	M				15	46:12
35	274	Gavin Brookes	South Cheshire Harriers	MV40		20		10	46:16
36	128	Hollie Williams	Unattached	L	1			1	46:17
37	147	David Aspley	Unattached	MV50		21		4	46:18
38	320	Paul Light	Staffs Moorlands AC	MV55		22		1	46:35
39	278	Lee Barratt	Stockport Harriers	MV45		23		8	46:38
40	45	Rob Cawley	Stockport Harriers	MV50		24		5	46:39
41	237	Andrew Oliver	Unattached	M				16	46:46
42	18	Lucas Jones	Goyt Valley Striders	MV40		25		11	46:48
43	44	Robert Goulsbra	Stockport Harriers	M				17	46:55
44	301	Maurice Oldham	Manchester Harriers & Ac	MV60		26		1	47:01
45	84	Jason Justice	Macclesfield Harriers	MV40		27		12	47:11
46	298	Andrew Fletcher	Mow Cop Runners	MV45		28		9	47:17
47	293	Sam Bellamy	Unattached	MV45		29		10	47:23
48	171	Shaun Wilde	Unattached	MV50		30		6	47:28
49	34	Max Thickett	Stockport Harriers	MV45		31		11	47:31
50	108	Phil Matthews	Wilmslow	M				18	47:34
51	289	Neil Hey	Macclesfield Harriers	MV45		32		12	47:35
52	198	Robert Hasler	Macclesfield Harriers	M				19	47:47
53	100	Craig Hunt	Wilmslow	MV40		33		13	47:50
54	263	Jarrold Homer	Wilmslow	MV45		34		13	47:52
55	115	Nick Haywood	Vale Royal Ac	M				20	47:56
56	287	John Mooney	Macclesfield Harriers	MV55		35		2	47:57
57	57	Andy Watts	Wilmslow	MV60		36		2	48:00
58	77	Andy Gray	Sunlight Runners	MV40		37		14	48:06

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Pos.	No.	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos	Time
59	308	Rachel Chatwin	Buxton Ac	LV40	2		1	1	48:07
60	72	Paul Corner	Stockport Harriers	MV40		38		15	48:10
61	276	Angela Markley	Stainland Lions Rc	LV35	3		2	1	48:16
62	129	Matthew Taylor	Wilmslow	MV40		39		16	48:18
63	193	Harvey Bloor	Unattached	MV45		40		14	48:19
64	152	Simon Hilton	Stockport Harriers	MV45		41		15	48:23
65	258	Jon Bale	Wilmslow	MV50		42		7	48:36
66	215	Lisa Grantham	Chester Triathlon Club	LV40	4		3	2	48:50
67	32	Mark Ruston	Goyt Valley Striders	M				21	48:53
68	42	David Chadderton	Stockport Harriers	MV65		43		1	48:54
69	76	Steve Bunker	Wilmslow	MV45		44		16	48:58
70	109	Janine Ellis	Wilmslow	LV45	5		4	1	49:03
71	3	John Green	Staffs Moorlands AC	MV45		45		17	49:03
72	244	Mel Cragg	Unattached	MV45		46		18	49:06
73	222	Brian Holland	Goyt Valley Striders	MV55		47		3	49:20
74	326	Darren Dunleavey	Unattached	M				22	49:20
75	161	Rachael Blight	Stockport Harriers	LV35	6		5	2	49:30
76	325	Kerrie Wood-Doyle	Stockport Harriers	LV45	7		6	2	49:31
77	328	Francis Day	East Cheshire Harriers	MV60		48		3	49:37
78	206	Kevin Good	Unattached	M				23	49:42
79	284	Andy Fowler	Stockport Harriers	MV45		49		19	49:46
80	102	Tim Billington	Wilmslow	MV50		50		8	49:50
81	144	Catherine Voyce	Shropshire Shufflers	LV35	8		7	3	49:52
82	33	Tony Park	Stockport Harriers	MV50		51		9	50:02
83	297	Matt Yardley	Unattached	MV40		52		17	50:04
84	303	David Whitfield	Unattached	MV45		53		20	50:12
85	37	Stephen Sharrocks	Stockport Harriers	MV45		54		21	50:25
86	53	Andrew Mainwaring	Stockport Harriers	MV40		55		18	50:40
87	10	Sean Connelly	Macclesfield Harriers	MV45		56		22	50:49
88	294	Stuart Johnson	Unattached	MV40		57		19	50:50
89	56	Louisa Harrison	Wilmslow	LV40	9		8	3	51:01
90	317	Andy Thorp	Unattached	MV45		58		23	51:03
91	124	Steve Smith	Unattached	MV50		59		10	51:04
92	167	Claire Munton	Unattached	LV35	10		9	4	51:12
93	14	David Chrystie-Lowe	Stockport Harriers	MV55		60		4	51:16
94	196	Duncan Dickie	Unattached	MV50		61		11	51:23
95	27	Philip Barnes	Macclesfield Harriers	MV55		62		5	51:27
96	291	Nigel Lindop	Biddulph Rc	MV40		63		20	51:33
97	160	Keith Mulholland	Macclesfield Harriers	MV50		64		12	51:34
98	240	David Mellor	Stockport Harriers	MV60		65		4	51:39
99	318	Adrian Northcott	Staffs Moorlands AC	MV45		66		24	51:51
100	315	Kim Cassidy	Unattached	LV50	11		10	1	51:54
101	219	Peter Baxter	Unattached	MV40		67		21	51:57
102	67	Frank Cassidy	Unattached	MV50		68		13	51:58
103	259	Simeon Farrington-newman	Unattached	MV40		69		22	52:00
104	207	Andrea Frost	Macclesfield Harriers	LV45	12		11	3	52:01
105	104	Mark Fowler	Unattached	MV45		70		25	52:07
106	105	Huma Rahman	Wilmslow	LV45	13		12	4	52:12
107	266	Chris Harbron	Macclesfield Harriers	MV40		71		23	52:18
108	51	Mark Stanbridge	Macclesfield Harriers	MV45		72		26	52:22
109	277	James Williams	Unattached	MV40		73		24	52:24
110	324	Simon Froggatt	Fell Runners Assoc.	MV40		74		25	52:32
111	145	James Austin	Unattached	M				24	52:37
112	112	Amanda Bradbury	Wilmslow	LV40	14		13	4	52:45
113	142	James Gibbons	Unattached	M				25	52:51
114	31	David Marsden	Stafford Harriers	MV60		75		5	52:54
115	226	Fred Wardle	Macclesfield Harriers	MV55		76		6	52:55
116	285	Jill Tavini	Stockport Harriers	LV45	15		14	5	52:58

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Pos.	No.	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos	Time
117	302	Hayden Alcock	Buxton Ac	M				26	52:59
118	333	Glynn Roberts	Unattached	MV45		77		27	53:05
119	231	Steven Corden	Staffs Moorlands AC	M				27	53:09
120	220	Martin Raymond	Unattached	MV50		78		14	53:21
121	329	Rob Lilley	Unattached	MV40		79		26	53:34
122	249	Laura Bostock	Altrincham	L	16			2	53:35
123	200	Jimmy Sheldon	Unattached	M				28	53:36
124	246	Alan Williams	Altrincham	MV50		80		15	53:40
125	241	Jason Moseley	Unattached	M				29	53:41
126	319	Sarah Kemp	Unattached	LV50	17		15	2	53:43
127	30	Claire Macneill	Stockport Harriers	LV35	18		16	5	53:44
128	281	Patrick Grannan	Wilmslow	MV60		81		6	53:46
129	203	Mark Halsey	Buxton AC	MV40		82		27	53:48
130	15	Nicky Mowat	Wilmslow	LV55	19		17	1	53:59
131	40	Francis Pyatt	Macclesfield Harriers	M				30	54:02
132	28	Desmond Miles	Unattached	MV50		83		16	54:02
133	117	Angela McCarthy	Wilmslow	LV50	20		18	3	54:06
134	194	Geoff Gilbert	Wilmslow	MV60		84		7	54:13
135	213	Paul Wain	Knutsford Tri Club	MV45		85		28	54:15
136	310	John Foulds	Fell Runners Assoc.	MV55		86		7	54:26
137	154	Matt Ralph	Unattached	M				31	54:32
138	316	Neil Goodman	Macclesfield Harriers	MV55		87		8	54:39
139	262	Andrew Dodd	Wilmslow	MV40		88		28	54:41
140	2	Steve Fairclough	Bramhall Runners	MV45		89		29	54:43
141	265	Dominic Roberts	Pensby Runners	M				32	54:50
142	130	Chris Cannon	Wilmslow	MV55		90		9	54:54
143	313	Richard Pankhurst	Macclesfield Harriers	MV45		91		30	54:55
144	123	James Gowin	Wilmslow	M				33	55:01
145	247	James Naylor	Unattached	MV55		92		10	55:02
146	47	Terry Neild	Macclesfield Harriers	M				34	55:03
147	334	Phil Anderson	Unattached	MV55		93		11	55:08
148	149	Chris Stillo	Goyt Valley Striders	MV60		94		8	55:13
149	331	Clive Smith	Glossopdale Harriers	MV45		95		31	55:16
150	153	John Porteous	Wilmslow	MV60		96		9	55:21
151	36	Bernard Mccarron	Wilmslow	MV50		97		17	55:27
152	236	Katy Thornhill	Goyt Valley Striders	LV40	21		19	5	55:30
153	201	Nina Moss	Macclesfield Harriers	L	22			3	55:34
154	229	Graham Brown	Macclesfield Harriers	MV45		98		32	55:35
155	141	Richard Clegg	Macclesfield Harriers	M				35	55:39
156	273	Catherine Hurst	Trafford Ac	LV50	23		20	4	55:41
157	296	Nigel Harrison	Stockport Harriers	MV50		99		18	55:44
158	170	Richard Gratton	Unattached	MV45		100		33	55:47
159	283	Owen Hussey	Unattached	MV45		101		34	55:57
160	7	David S. Taylor	Congleton Harriers	MV60		102		10	55:58
161	159	Stephanie Wood	Unattached	LV45	24		21	6	56:02
162	280	Robert Cator	Stockport Harriers	MV50		103		19	56:03
163	256	Rachael Peers	Wilmslow	L	25			4	56:14
164	197	Mark Whelan	Goyt Valley Striders	MV45		104		35	56:18
165	199	Daniel Graves	Macclesfield Harriers	M				36	56:24
166	151	Robert Collins	Unattached	MV50		105		20	56:31
167	136	Ian Ashcroft	Wilmslow	MV65		106		2	56:33
168	82	Catherine Mellor	Unattached	LV35	26		22	6	56:37
169	175	Brian Howell	Unattached	MV40		107		29	56:38
170	179	Stephen Quinn	Unattached	MV40		108		30	56:38
171	157	Andrew Ratcliffe	Macclesfield Harriers	MV45		109		36	56:39
172	299	Andy Wolstenholme	Unattached	MV45		110		37	56:53
173	107	Gail Hill	Wilmslow	LV40	27		23	6	56:54
174	251	Paul Hunt	Goyt Valley Striders	MV50		111		21	56:56

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Pos.	No.	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos	Time
175	214	Paula Bradshaw	Unattached	L	28			5	56:58
176	139	Amanda Gilbert	Cheadle Running Club	LV35	29		24	7	57:01
177	63	Malcolm Jackson	Congleton Harriers	MV50		112		22	57:03
178	23	Fran Whittle	Unattached	LV35	30		25	8	57:10
179	204	Liz Clutton	Cheadle Running Club	LV60	31		26	1	57:17
180	114	Miles Coker	Unattached	MV45		113		38	57:18
181	295	Louise Harrison	Stockport Harriers	LV40	32		27	7	57:20
182	221	Paul Clowes	Unattached	M				37	57:23
183	83	Wayne Grant	Goyt Valley Striders	M				38	57:31
184	9	Amy Barter	Stockport Harriers	L	33			6	57:34
185	195	Julia Dickie	Unattached	LV45	34		28	7	57:40
186	121	Aeronwy Preece-towey	Bramhall Runners	L	35			7	57:43
187	192	Steven Berry	Goyt Valley Striders	MV50		114		23	57:43
188	269	Jeremy Woodham	Stockport Harriers	MV40		115		31	57:45
189	103	Cath Jones	Bramhall Runners	LV50	36		29	5	57:50
190	146	Saranya Mason	Wilmslow	LV45	37		30	8	58:02
191	106	Sue Strang	Wilmslow	LV50	38		31	6	58:07
192	11	Carolyn Hirons	Wilmslow	LV45	39		32	9	58:12
193	120	Gordon Davies	Unattached	MV40		116		32	58:14
194	55	Stewart Waudby	Macclesfield Harriers	MV40		117		33	58:16
195	94	Tracy Vernon	Goyt Valley Striders	LV50	40		33	7	58:20
196	235	Jenny Law	Goyt Valley Striders	LV40	41		34	8	58:25
197	24	Michael Gibbons	Bramhall Runners	MV55		118		12	58:30
198	73	Adrian Jones	Unattached	MV45		119		39	58:32
199	253	Rebecca Glen	Goyt Valley Striders	LV35	42		35	9	58:34
200	271	Catriona Marshall	Wilmslow	LV45	43		36	10	58:43
201	172	Stuart Thorley	Stockport Harriers	MV45		120		40	58:44
202	212	Rachel Beardmore	Cheadle Running Club	LV35	44		37	10	58:50
203	186	Angus Tennant	Macclesfield Harriers	MV45		121		41	59:00
204	306	Gregory Bradshaw	Unattached	M				39	59:12
205	300	Geoff Osbaldestin	Unattached	MV40		122		34	59:17
206	127	Andrew Brotherhood	Unattached	M				40	59:20
207	46	Ronnie Moore	Fylde Coast Runners	MV40		123		35	59:34
208	122	Gemma Moorhouse	Macclesfield Harriers	L	45			8	59:34
209	279	Andrew Addis	Mow Cop Runners	MV55		124		13	59:40
210	38	Clare Hawkes	Wilmslow	LV50	46		38	8	59:44
211	268	Gavin Mendham	Wilmslow	MV60		125		11	59:47
212	233	Jamie Farrelly	Unattached	M				41	59:47
213	126	Tim Johnson	Unattached	MV45		126		42	59:56
214	314	Linn Robinson	Unattached	LV40	47		39	9	59:58
215	75	Esther Kavanagh Dixon	Stockport Harriers	L	48			9	1:00:01
216	332	Cliff Lomas	Unattached	MV65		127		3	1:00:03
217	143	Richard Griffin	Unattached	MV40		128		36	1:00:04
218	158	Emma Beveridge	Macclesfield Harriers	LV45	49		40	11	1:00:09
219	96	Sara Bradbury	Unattached	L	50			10	1:00:18
220	254	Jacky Smith	Sheffield RC	LV60	51		41	2	1:00:26
221	189	Tina Honeychurch	Unattached	LV40	52		42	10	1:00:37
222	62	Sandre Jackson	Congleton Harriers	LV55	53		43	2	1:00:40
223	39	Matthew Wilson	Unattached	M				42	1:00:54
224	180	Richard Whatmuff	Unattached	M				43	1:01:03
225	165	Christopher Pimblott	Macclesfield Harriers	MV55		129		14	1:01:11
226	150	Liz Stillo	Goyt Valley Striders	LV55	54		44	3	1:01:15
227	20	Simon Fenton	Wilmslow	MV70		130		1	1:01:22
228	202	Kirsty Birch	Unattached	LV35	55		45	11	1:01:41
229	322	Steve McCaw	Manchester Harriers & Ac	M				44	1:01:42
230	224	Michael Leese	Unattached	M				45	1:01:46
231	250	Moira Hunt	Goyt Valley Striders	LV55	56		46	4	1:01:58
232	86	Janine Bush	Cheadle Running Club	LV35	57		47	12	1:02:12

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Pos.	No.	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos	Time
233	312	Mark Coley	Manchester Triathlon Club	MV40		131		37	1:02:17
234	227	David Hancock	Macclesfield Harriers	MV65		132		4	1:02:24
235	166	Sarah Miles	Wilmslow	LV35	58		48	13	1:02:25
236	307	Sarah Cassie	Unattached	LV40	59		49	11	1:02:32
237	216	Alison Gunn	Macclesfield Harriers	LV50	60		50	9	1:02:43
238	49	Simon Moffatt	Unattached	M				46	1:02:46
239	98	Jack Bradbury	Unattached	M				47	1:03:00
240	29	Fiona Wilson	Macclesfield Harriers	LV50	61		51	10	1:03:09
241	217	Martin Ellis	Unattached	MV55		133		15	1:03:10
242	218	Catherine Ellis	Unattached	LV55	62		52	5	1:03:10
243	162	Alyson Adams	Manchester Harriers & Ac	LV45	63		53	12	1:03:11
244	8	Geoffrey Hull	Macclesfield Harriers	MV65		134		5	1:03:14
245	187	Nigel Sym	Unattached	MV60		135		12	1:03:18
246	65	Brian Cassidy	Unattached	MV45		136		43	1:03:19
247	174	Pippa Price	Unattached	LV45	64		54	13	1:03:43
248	125	Melanie Whittaker	Macclesfield Harriers	LV40	65		55	12	1:03:46
249	93	Paul Calnan	Unattached	MV55		137		16	1:04:07
250	267	Elsbeth Gibson	Wilmslow	LV40	66		56	13	1:04:10
251	119	Lynne Graves	Macclesfield Harriers	LV45	67		57	14	1:04:16
252	225	Chris Leese	Unattached	MV60		138		13	1:04:18
253	87	Helen Gray	Goyt Valley Striders	LV45	68		58	15	1:04:41
254	48	Emma Mason	Macclesfield Harriers	L	69			11	1:04:47
255	66	Elizabeth Cassidy	Unattached	LV45	70		59	16	1:05:04
256	270	Don Bullough	Wilmslow	MV55		139		17	1:05:22
257	52	Leanne Dawn Rutter	Wilmslow	L	71			12	1:05:42
258	164	Robert Soames	Congleton Harriers	MV40		140		38	1:06:03
259	13	John Wiseman	Bramhall Runners	MV50		141		24	1:06:04
260	6	Trevor Faulkner	Wilmslow	MV70		142		2	1:06:33
261	191	Rachel Kay	Unattached	LV40	72		60	14	1:06:39
262	88	Sarah Clayton	Unattached	LV40	73		61	15	1:06:39
263	163	Elizabeth Smart	Congleton Harriers	LV55	74		62	6	1:06:40
264	26	Natalie Bailey	South Cheshire Harriers	LV35	75		63	14	1:07:14
265	92	Philippa Tyson	South Cheshire Harriers	LV50	76		64	11	1:07:14
266	16	Sid Bailey	Deestridders	MV55		143		18	1:07:18
267	223	Talia Caspi	Unattached	L	77			13	1:07:45
268	1	Lindsey Russell	Macclesfield Harriers	LV45	78		65	17	1:07:51
269	190	Catharine Crossley	Macclesfield Harriers	L	79			14	1:08:40
270	184	Hazel Harrington	Bramhall Runners	LV50	80		66	12	1:08:46
271	25	Christine Gibbons	Bramhall Runners	LV55	81		67	7	1:08:47
272	205	Barrie Clutton	Cheadle Running Club	MV65		144		6	1:08:56
273	261	Andy Peet	Unattached	MV50		145		25	1:09:00
274	290	Dawn Devine	Macclesfield Harriers	LV45	82		68	18	1:09:02
275	305	Kerry Clarke	Unattached	LV35	83		69	15	1:09:08
276	321	Tony Brady	Manchester Harriers & Ac	MV65		146		7	1:10:22
277	248	David Hayton	Unattached	MV55		147		19	1:11:19
278	99	Tom Bradbury	Unattached	M				48	1:12:18
279	330	Abbie Rummens	Unattached	L	84			15	1:12:30
280	91	Patty Pedley	Unattached	LV45	85		70	19	1:13:15
281	90	Robert Hodgkinson	Unattached	MV50		148		26	1:13:15
282	234	Joanne Thomas	Bramhall Runners	LV45	86		71	20	1:13:55
283	22	Mark Taylor	Staffs Moorlands AC	M				49	1:14:31
284	113	Debbie Dennison	Unattached	LV40	87		72	16	1:14:50
285	89	Vikki Murphy	Bramhall Runners	LV40	88		73	17	1:14:51
286	21	David Taylor	Staffs Moorlands AC	MV55		149		20	1:15:12
287	327	Kathleen Tyms	Winston Runners	L	89			16	1:17:41
288	4	Kate Foster	Macclesfield Harriers	LV60	90		74	3	1:20:58

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	Name	Club	Category	L Pos.	MV Pos.
1	Damian Nichols	Wilmslow RC	M		
2	Scott Wilson	Macclesfield Harriers & AC	M		
3	Michael Berks	Altrincham and District A C	M		
4	Mark Tickle	Unattached	M		
5	Andrew Whittingham	Altrincham and District A C	M		
6	Chris Bentley	Macclesfield Harriers & AC	M		
7	Rob Olliver	Vale Royal AC	M		
8	Andrew Bradley	Macclesfield Harriers & AC	M		
9	Richard Marlton	Stockport Harriers	MV45		1
10	Jim Pendrill	Wilmslow RC	MV40		2
11	Adrian Fuller	Altrincham and District A C	M		
12	James Noakes	Macclesfield Harriers & AC	MV45		3
13	Diane McVey	Wilmslow RC	LV35	1	
14	Karl Tavini	Stockport Harriers	MV45		4
15	Jason Bennett	Buxton	MV40		5
16	J Bygrave	Wilmslow RC	MV40		6
17	Neil Walker	Altrincham and District A C	M		
18	Mike Hill	Wilmslow RC	MV45		7
19	Allan McCormick	Wilmslow RC	M		
20	Andrew Fletcher	Mow Cop Runners	MV45		8
21	Ian Brough	Vale Royal AC	MV40		9
22	Gregg Boughey	Unattached	M		
23	David Armitage	Knutsford Triathlon Club	MV40		10
24	Robert Wilson	Wilmslow RC	MV45		11
25	Sharon Johnstone	Wilmslow RC	LV40	2	
26	Gemma Barnett	Vale Royal AC	L	3	
27	Colin Smyth	Unattached	MV40		12
28	Russ Cairns	Unattached	MV40		13
29	Dan Croft	Macclesfield Harriers & AC	MV45		14
30	John Todd	Vale Royal AC	MV50		15
31	David Livingstone	Altrincham and District A C	MV40		16
32	Nick Haywood	Vale Royal AC	M		
33	Andy Dines	Knutsford Triathlon Club	MV45		17
34	Rob Gilbert	Wilmslow RC	M		
35	Andy Watts	Wilmslow RC	MV60		18
36	Mark Bale	Wilmslow RC	M		
37	Carl Hanaghan	Macclesfield Harriers & AC	M		
38	Craig Hunt	Wilmslow RC	MV40		19
39	John Mooney	Macclesfield Harriers & AC	MV50		20
40	Mick Fairs	Wilmslow RC	MV65		21
41	Janine Ellis	Wilmslow RC	LV40	4	
42	Gary Willcock	Macclesfield Harriers & AC	MV50		22
43	Alan Wardle	Macclesfield Harriers & AC	MV50		23
44	Jon Bale	Wilmslow RC	MV50		24
45	Paul Norris	Wilmslow RC	MV55		25
46	Myles Heywood	Unattached	M		
47	Matt Yardley	Unattached	MV40		26

48	Alison Sedman	Belle Vue Racers	LV45	5
49	Stephen Bull	Goyt Valley Striders	M	
50	Nicholas Whittle	The Edwina Lilley Charitable Trust	M	
51	John Green	Staffordshire Moorlands AC	MV45	27
52	Ian Smallwood	Wilmslow RC	MV50	28
53	Matt Inman	Unattached	M	
54	Jarrold Humer	Wilmslow RC	MV45	29
55	Matthew Taylor	Wilmslow RC	M	
56	Mark Ross	Unattached	MV45	30
57	Neil Hey	Unattached	MV45	31
58	Nigel Sedman	Belle Vue Racers	MV45	32
59	Stephen Bunker	Unattached	MV45	33
60	Pete Dolan	Unattached	M	
61	Paula Nimmo	Macclesfield Harriers & AC	L	6
62	Geoff Gilbert	Wilmslow RC	MV60	34
63	Katy Green	Wilmslow RC	LV40	7
64	David Kelly	Unattached	M	
65	Richard Lawson	Wilmslow RC	MV40	35
66	Peter Richardson	Unattached	M	
67	David Lawrance	Macclesfield Harriers & AC	M	
68	Andrew Hockenhull	Unattached	M	
69	Ian Ankers	Staffs Moorlands	MV60	36
70	David Mellor	Stockport Harriers	MV60	37
71	Jonathan Bowl	Unattached	M	
72	Oliver Barber	Unattached	M	
73	Phil Barnes	Macclesfield Harriers & AC	MV55	38
74	Louisa Harrison	Wilmslow RC	LV35	8
75	Shaun Weston	Trentham Running Club	M	
76	Sean Connelly	Unattached	MV45	39
77	Keith Mulholland	Macclesfield Harriers & AC	MV45	40
78	Catherine Voyce	Shropshire Shufflers	LV35	9
79	Michelle Liddle	Unattached	LV45	10
80	Simon Froggatt	FRA	MV40	41
81	Phil Matthews	Wilmslow RC	M	
82	Joanne Widdup	Great Western Runners	L	11
83	Natalie Abbott	Unattached	LV50	12
84	Andrea Frost	Macclesfield Harriers & AC	LV45	13
85	Terry Wall	Trentham Running Club	MV45	42
86	Diane Bygrave	Wilmslow RC	LV35	14
87	Bob Quinn	Unattached	MV45	43
88	Daisy Pickles	Macclesfield Harriers & AC	L	15
89	Tim Billington	Unattached	MV50	44
90	Andrew Dodd	Wilmslow RC	MV40	45
91	Charmaine Wood	Congleton Harriers	LV35	16
92	Paul Stubbs-Jefferies	Knutsford Triathlon Club	MV50	46
93	Mick Pearson	Unattached	M	
94	Ross Smith	Stockport Harriers	MV50	47
95	Jill Tavini	Stockport Harriers	LV40	17
96	Nicky Mowat	Wilmslow RC	LV55	18

97	Patrick Grannan	Wilmslow RC	MV60		48
98	Rachael Lawrance	Macclesfield Harriers & AC	LV35	19	
99	Fred Wardle	Macclesfield Harriers & AC	MV55		49
100	Sarah Kemp	Unattached	LV50	20	
101	Neil Daniels	Unattached	MV40		50
102	Adrian Northcott	Staffordshire Moorlands AC	MV45		51
103	Huma Rahman	Wilmslow RC	LV45	21	
104	Matthew Widdup	Great Western Runners	M		
105	Dominic Roberts	Pensby Runners	M		
106	Alison Cardwell	Bramhall Runners	LV45	22	
107	Vikki Murphy	Bramhall Runners	LV40	23	
108	David Madders	Helsby	MV40		52
109	Peter Mills	Wigan Harriers	MV45		53
110	Gavin Mendham	Wilmslow RC	MV60		54
111	Graham Sheridan	Trentham Running Club	MV40		55
112	Gary Mitchell	Unattached	MV45		56
113	Ruth Goreham	SMAC	LV40	24	
114	John Porteous	Wilmslow RC	MV60		57
115	Zoe Eyre	Wilmslow RC	LV35	25	
116	Amanda Bradbury	Wilmslow RC	LV35	26	
117	Mark Corcoran	Unattached	MV45		58
118	John Anderson	Unattached	MV45		59
119	Dave Walker	Macclesfield Harriers & AC	MV60		60
120	David Marsden	Stafford Harriers	MV55		61
121	Emma Hill	Unattached	L	27	
122	Rob Parkin	Congleton Harriers	MV40		62
123	John Morrell	Unattached	MV50		63
124	David James	Macclesfield Harriers & AC	MV45		64
125	Breeshey Smith	Stockport Harriers	LV45	28	
126	Michelle Tideswell	Unattached	LV35	29	
127	Nicholas Despesel	Unattached	M		
128	Rachael Peers	Wilmslow RC	L	30	
129	Robert Anderson	Unattached	MV50		65
130	Tom Pennington	Unattached	M		
131	Chloë Ashcroft	Unattached	L	31	
132	Robert Graves	Macclesfield Harriers & AC	MV40		66
133	Polly Kennerley	Congleton Harriers	LV40	32	
134	Stephen Pullen	Congleton Harriers	MV60		67
135	Debbie Hill	Congleton Harriers	LV50	33	
136	Richard Gratton	Unattached	MV45		68
137	Ross Kennedy	Bramhall Runners	M		
138	Sean McDonald	Dawlish Coasters	MV50		69
139	Chris Cannon	Wilmslow RC	MV55		70
140	Alison Brind	Stone Master Marathoners	LV50	34	
141	Sara Stead	Congleton Harriers	LV35	35	
142	Phil Clark	Unattached	MV45		71
143	Gervase Valley	Unattached	MV50		72
144	Sophie Pelling	Unattached	L	36	
145	Richard Mattison	Macclesfield Harriers & AC	M		

146	Mark Whelan	Goyt Valley Striders	MV45	73
147	Steve McCall	Manchester Harriers	MV50	74
148	Sally Ann Hales	Macclesfield Harriers & AC	LV50	37
149	Carolyn Hirons	Wilmslow RC	LV45	38
150	Terry Neild	Macclesfield Harriers & AC	M	
151	Lindsay Purdie	Unattached	LV40	39
152	Gail Hill	Wilmslow RC	LV40	40
153	Joanne Jones	Unattached	LV40	41
154	Bella Stevenson	Unattached	L	42
155	Clifford Lomas	Unattached	MV65	75
156	Ian Woodcock	Macclesfield Harriers & AC	M	
157	James Boyd	Unattached	MV40	76
158	James Williams	Unattached	M	
159	Simon Fenton	Wilmslow RC	MV70	77
160	Harry Stubbs	Congleton Harriers	MV65	78
161	Colin Mcevoy	Wigan & District H & AC	M	
162	Robert McCurrie	Unattached	MV40	79
163	Lesley Wall	Unattached	L	43
164	Victoria Healey	Unattached	LV35	44
165	Julie Lucas	Wilmslow RC	LV50	45
166	Lynne Graves	Macclesfield Harriers & AC	LV40	46
167	Clare Hawkes	Wilmslow RC	LV50	47
168	Patrick McDonagh	Unattached	M	
169	Simon Hulme	Unattached	M	
170	Zoe Moohan	Unattached	L	48
171	Sue Strang	Wilmslow RC	LV45	49
172	Christopher Wright	Unattached	MV40	80
173	Amy Longmore	Unattached	L	50
174	David Hancock	Macclesfield Harriers & AC	MV65	81
175	Bernard McCarron	Unattached	MV45	82
176	Nigel Sym	Unattached	MV55	83
177	Peter Skelton	Unattached	MV55	84
178	David S. Taylor	Congleton Harriers	MV60	85
179	Stefanie Sperring	Wilmslow RC	L	51
180	Paul Stevenson	Unattached	M	
181	Tracy Vernon	Goyt Valley Striders	LV50	52
182	Helen Gray	Goyt Valley Striders	LV45	53
183	Helen Anderson	Unattached	LV50	54
184	Janet Wyles	Wilmslow RC	LV45	55
185	Rob Bailey	Unattached	MV45	86
186	Sarah Miles	Wilmslow RC	LV35	56
187	Andrew Marsden	Stone Master Marathoners	M	
188	Ian Humphreys	Unattached	MV45	87
189	Pippa Price	Unattached	LV45	57
190	Belinda Carp	Wilmslow RC	LV45	58
191	Sophie Yeoman	Unattached	L	59
192	Maria David	Macclesfield Harriers & AC	LV40	60
193	David Felton	Unattached	M	
194	Trevor Faulkner	Wilmslow RC	MV70	88

195	Laurence Mobday	Unattached	MV55	89
196	Lisa Jefferies	Unattached	LV45	61
197	William Metcalfe	Dagenham 88 Runners	MV65	90
198	Fiona Bagues	Macclesfield Harriers & AC	LV45	62
199	Mark Taylor	Staffordshire Moorlands AC	M	
200	Diane Jackson	Unattached	LV45	63
201	David Taylor	Staffordshire Moorlands AC	MV55	91
202	Kate Foster	Unattached	LV60	64

LV Pos.	Cat pos	Time
	1	39:52
	2	40:41
	3	40:48
	4	41:44
	5	41:56
	6	42:17
	7	42:43
	8	42:44
	1	42:49
	1	42:54
	9	43:32
	2	43:51
1	1	43:52
	3	44:20
	2	44:32
	3	44:44
	10	44:56
	4	45:04
	11	45:07
	5	45:33
	4	45:38
	12	45:49
	5	45:50
	6	45:53
2	1	45:56
	1	46:08
	6	46:10
	7	46:12
	7	46:26
	1	46:30
	8	46:47
	13	47:34
	8	47:44
	14	47:51
	1	48:01
	15	48:05
	16	48:06
	9	48:08
	2	48:10
	1	48:21
3	2	48:29
	3	48:33
	4	48:41
	5	48:48
	1	48:57
	17	48:58
	10	49:24

4	1	49:26
	18	49:37
	19	49:45
	9	49:50
	6	49:52
	20	49:56
	10	49:56
	21	49:57
	11	49:59
	12	50:00
	13	50:11
	14	50:12
	22	50:12
	2	50:14
	2	50:17
5	3	50:22
	23	50:31
	11	50:35
	24	50:44
	25	50:51
	26	50:56
	3	50:57
	4	51:00
	27	51:01
	28	51:03
	2	51:05
6	2	51:11
	29	51:12
	15	51:14
	16	51:18
7	3	51:26
8	2	51:32
	12	51:37
	30	51:40
	3	51:45
9	1	51:45
10	3	51:52
	17	51:57
11	4	51:57
	18	52:05
	4	52:07
	7	52:15
	13	52:41
12	5	52:56
	8	53:04
	31	53:07
	9	53:18
13	4	53:22
14	1	53:28

	5	53:31
15	6	53:36
	3	53:56
16	2	53:58
	14	54:02
	19	54:07
17	4	54:11
	32	54:17
	33	54:23
18	5	54:29
19	5	54:30
	15	54:31
	20	54:32
	6	54:35
	16	54:50
	21	54:51
20	6	54:53
	7	54:56
21	7	55:05
22	8	55:08
	22	55:40
	23	55:44
	8	55:51
	4	55:55
	5	55:58
	17	56:03
	10	56:05
	24	56:09
23	6	56:09
24	9	56:22
	34	56:30
	6	56:31
	11	56:41
	35	56:53
	7	56:56
	18	56:58
25	7	56:59
	9	57:02
26	3	57:05
	25	57:09
	36	57:16
	12	57:20
	5	57:34
27	4	57:36
28	10	57:39
	26	57:43
	13	57:46
	8	58:00
	37	58:07

	27	58:13
	14	58:19
29	5	58:21
30	7	58:30
	38	58:35
31	8	58:49
32	9	58:51
33	10	58:58
	9	58:59
	2	59:08
	39	59:25
	19	59:27
	40	59:55
	1	1:00:08
	3	1:00:35
	41	1:00:50
	20	1:00:55
	10	1:01:22
34	11	1:01:36
35	6	1:01:46
36	11	1:01:56
37	7	1:01:58
	42	1:02:02
	43	1:02:06
	11	1:02:07
38	8	1:02:08
	21	1:02:14
	12	1:02:32
	4	1:02:32
	28	1:02:33
	6	1:02:47
	7	1:03:00
	10	1:03:01
	13	1:03:11
	44	1:03:22
39	8	1:03:26
40	9	1:03:38
41	9	1:03:49
42	10	1:04:32
	29	1:05:22
43	12	1:05:43
	45	1:06:39
	30	1:06:43
44	11	1:06:44
45	12	1:07:15
	14	1:07:41
46	12	1:08:30
	46	1:09:28
	2	1:09:50

	8	1:12:22
47	13	1:14:57
	5	1:16:20
48	14	1:16:46
	47	1:18:49
49	15	1:18:56
	9	1:19:35
50	1	1:19:52

	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos
1	Tim Pattison	Macclesfield Harriers & AC	M				1
2	James Noakes	Macclesfield Harriers & AC	MV45		1		1
3	Graham Macner	Wilmslow Running Club	MV50		2		1
4	Andrew Bradley	Unattached	M				2
5	Trevor Morris	Wilmslow Running Club	MV40		3		1
6	Michael Berks	Altrincham & District AC	M				3
7	Chris Bentley	Macclesfield Harriers & AC	M				4
8	Paul Watson	Altrincham & District AC	MV40		4		2
9	Jon Cain	Unattached	M				5
10	Nicholas Hackett	South Cheshire Harriers	M				6
11	Neil Pettie	Goyt Valley Striders	M				7
12	Barry Archbold	Wilmslow Running Club	M				8
13	Tom McGaff	Wilmslow Running Club	MV55		5		1
14	Duncan Wilson	Altrincham & District AC	M				9
15	Nathan Ball	Unattached	M				10
16	Gregg Boughrey	Unattached	M				11
17	Andrew Fletcher	Mow Cop Runners	MV40		6		3
18	Paul Hewitt	Unattached	M				12
19	Dan Croft	Shrewsbury AC	MV45		7		2
20	Karl Tavini	Stockport Harriers	MV45		8		3
21	Graham Screawn	Wilmslow Running Club	MV45		9		4
22	Neil Clarke	Macclesfield Harriers & AC	MV50		10		2
23	Kate Sutton	Wilmslow Running Club	MV45		11		5
24	Diane McVey	Wilmslow Running Club	LV35	1		1	1
25	Scott Wilson	Macclesfield Harriers & AC	M				13
26	David Livingstone	Altrincham & District AC	MV40		12		4
27	Rob Gilbert	Wilmslow Running Club	MV40		13		5
28	Richard Marlton	Stockport Harriers	MV45		14		6
29	Steven Millar	Macclesfield Harriers & AC	M				14
30	Craig Hunt	Wilmslow Running Club	MV40		15		6
31	Nick Bishop	Wilmslow Running Club	MV50		16		3
32	John Halliwell	Manchester Harriers	MV45		17		7
33	Russ Cairns	Unattached	MV40		18		7
34	Kristy Readman	Macclesfield Harriers & AC	LV35	2		2	2
35	Andy Dines	Knutsford Tri Club	MV45		19		8
36	Gary Willcock	Macclesfield Harriers & AC	MV50		20		4
37	Tim Walton	Macclesfield Harriers & AC	MV40		21		8
38	Shaun Wilde	Unattached	MV45		22		9
39	Nick Syrett	Unattached	M				15
40	Mick Friars	Wilmslow Running Club	MV60		23		1
41	Alan Wardle	Macclesfield Harriers & AC	MV50		24		5
42	Ronald Ilsley	Ripley Running Club	MV50		25		6
43	Nick Haywood	Chase Harriers	M				16
44	David Bewley	Unattached	MV60		26		2
45	Andrea Frost	Macclesfield Harriers & AC	LV45	3		3	1
46	Ian Smallwood	Wilmslow Running Club	MV45		27		10
47	Steve Lomas	Macclesfield Harriers & AC	MV40		28		9

48	Hollie Williams	Unattached	L	4		1
49	Adrian Northcott	Staffs Moorlands AC	MV45		29	11
50	Richard Hirons	Wilmslow Running Club	MV45		30	12
51	Jarrold Homer	Wilmslow Running Club	MV45		31	13
52	Lee Grant	Goyt Valley Striders	MV40		32	10
53	Garry Jones	Macclesfield Harriers & AC	MV40		33	11
54	Dave Harrison	Winston Runners	MV40		34	12
55	Kevin Good	Unattached	M			17
56	Ray O'Keefe	Macclesfield Harriers & AC	MV45		35	14
57	Sarah Roberts	Unattached	L	5		2
58	Andrew Vincent	Unattached	MV45			15
59	David Mellor	Stockport Harriers	MV60		36	3
60	Ross Wilson	Unattached	MV40		37	13
61	Richard Lawson	Wilmslow Running Club	MV40		38	14
62	Matt Grove	Macclesfield Harriers & AC	MV40		39	15
63	Colin McEvoy	Unattached	M			18
64	Frederick Goldberg	Unattached	M			19
65	Philip Barnes	Macclesfield Harriers & AC	MV50		40	7
66	Mike Boyd	Unattached	MV50		41	8
67	Chris Chaddock	Staffs Moorlands AC	M			20
68	Daisy Pickles	Macclesfield Harriers & AC	L	6		3
69	David Whitfield	Unattached	MV40		42	16
70	Matthew Carr	Unattached	M			21
71	Jeremy Austin	Unattached	MV45		43	16
72	Christine Geraghty	Wilmslow Running Club	LV50	7	4	1
73	Amanda Bradbury	Wilmslow Running Club	LV35	8	5	3
74	Paul Stubbs-Jefferies	Knutsford Tri Club	MV50		44	9
75	Dave Marsden	Stafford Harriers	MV55		45	2
76	Darren Vernon	Unattached	M			22
77	Neil Goodman	Macclesfield Harriers & AC	MV55		46	3
78	Glyn Roberts	Unattached	MV45		47	17
79	Alistair Cook	Sparkhill Harriers	MV50		48	10
80	Steven Andrews	Unattached	MV40		49	17
81	Catherine Voyce	Shropshire Shufflers	LV35	9	6	4
82	James Bones	Macclesfield Harriers & AC	M			23
83	Sarah Kemp	Unattached	LV45	10	7	2
84	Martin Rands	Macclesfield Harriers & AC	MV45		50	18
85	Philip Anderson	Goyt Valley Striders	MV50		51	11
86	John Green	Staffs Moorlands AC	MV45		52	19
87	David Follett	Mow Cop Runners	MV40		53	18
88	Ben Gregory	Stockport Harriers	MV55		54	4
89	Matt Yardley	Unattached	MV40		55	19
90	Joan Jackson	Northern Vets	LV55	11	8	1
91	Stuart Johnson	Unattached	M			24
92	Sally Price	Wilmslow Running Club	LV35	12	9	5
93	Paula Kennerley	Congleton Harriers	LV40	13	10	1
94	Andrew Wolstenholme	Unattached	MV40		56	20
95	Andrew Dodd	Wilmslow Running Club	MV40		57	21
96	Ross Kennedy	Bramhall Runners	M			25

97	Mandy Calvert	Macclesfield Harriers & AC	LV45	14	11	3
98	James Gowin	Wilmslow Running Club	M			26
99	Richard Ainley	Unattached	MV40	58		22
100	Tony Parry	Unattached	MV40	59		23
101	Simon Froggatt	Unattached	MV40	60		24
102	Debbie Hill	Congleton Harriers	LV50	15	12	2
103	Robert Page	Chorlton Runners	MV55	61		5
104	Robert Anderson	Unattached	MV50	62		12
105	Kevin Holroyd	Staffs Moorlands AC	MV50	63		13
106	James Naylor	Little Eaton Hornets	MV50	64		14
107	David Turner	Unattached	MV60	65		4
108	Carl Hanaghan	Unattached	M			27
109	Rob Milner	Unattached	M			28
110	Judith Newham	Congleton Harriers	LV40	16	13	2
111	Andrew Ratcliffe	Unattached	MV45	66		20
112	Liam Miles	Unattached	MJ			1
113	Robert Collins	Unattached	MV50	67		15
114	Kim Cassidy	Unattached	LV50	17	14	3
115	Chris Cannon	Wilmslow Running Club	MV55	68		6
116	Sharon Jones	Wilmslow Running Club	LV45	18	15	4
117	Doug Quinn	Unattached	MV40	69		25
118	Barrie Sanderson	Macclesfield Harriers & AC	MV45	70		21
119	David James	Macclesfield Harriers & AC	MV45	71		22
120	Duncan Sircom	Unattached	M			29
121	Nick Pearson	Unattached	M			30
122	Harry Stubbs	Congleton Harriers	MV65	72		1
123	Lindsay Purdie	Unattached	LV40	19	16	3
124	Des Miles	Unattached	MV45	73		23
125	James Williams	Unattached	M			31
126	Sally Ann Hales	Macclesfield Harriers & AC	LV50	20	17	4
127	Melanie Head	Macclesfield Harriers & AC	LV40	21	18	4
128	Mary Jeal	Denbigh Harriers	LV50	22	19	5
129	Simon Fenton	Wilmslow Running Club	MV65	74		2
130	Neil Daniels	Unattached	M			32
131	Neil Farmer	Unattached	MV50	75		16
132	Michael Pritchard	Unattached	MV40	76		26
133	Julie Lucas	Wilmslow Running Club	LV45	23	20	5
134	Neal Foundly	Unattached	MV45	77		24
135	Sarah Ledbury	Unattached	LV40	24	21	5
136	Steven David McCall	Manchester Harriers	MV50	78		17
137	Carolyn Hirons	Wilmslow Running Club	LV45	25	22	6
138	Rob Graves	Macclesfield Harriers & AC	MV40	79		27
139	David Taylor	Congleton Harriers	MV60	80		5
140	Graham Howell	Liverpool Harriers	MV60	81		6
141	Fred Wardle	Unattached	MV55	82		7
142	Dominic Roberts	Unattached	M			33
143	Simon Cartledge	Macclesfield Harriers & AC	MV40	83		28
144	Kristin Goldberg	Unattached	L	26		4
145	Joanne Jones	Unattached	LV40	27	23	6

146	Andy Clark	Unattached	M			34
147	Claire McCluskey	Wilmslow Running Club	L	28		5
148	Peter Watson	Wilmslow Running Club	MV70		84	1
149	Chris Wright	Unattached	MV40		85	29
150	Clive Smith	Unattached	MV40		86	30
151	Richard Pankhurst	Macclesfield Harriers & AC	MV40		87	31
152	Michelle Wilder	Manchester Triathlon Club	LV45	29		24 7
153	Nigel Sym	Unattached	MV55		88	8
154	Elsbeth Gibson	Wilmslow Running Club	LV40	30		25 7
155	Fiona Wilson	Macclesfield Harriers & AC	LV50	31		26 6
156	Colin Cohen	Stockport Primary Care Trust Runn	MV55		89	9
157	Jonathan Ingham	Unattached	MV45		90	25
158	Nick Gilfillan	Unattached	MV50		91	18
159	Mark Sullivan	Unattached	M			35
160	Catriona Marshall	Wilmslow Running Club	LV45	32		27 8
161	Paul Calnan	Unattached	MV50		92	19
162	Chris Leese	Unattached	MV60		93	7
163	Sarah Miles	Wilmslow Running Club	L	33		6
164	Roy Pownall	Wilmslow Running Club	MV60		94	8
165	Philip Hawkswell	Unattached	MV55		95	10
166	Rachel Gilliland	Unattached	LV40	34		28 8
167	Victoria Healey	Stockport Harriers	LV35	35		29 6
168	Chloe Smith	Winston Runners	LV35	36		30 7
169	Cynthia Chapman	Macclesfield Harriers & AC	LV65	37		31 1
170	Peter McKenzie	Unattached	MV60		96	9
171	Gavin Parker	Unattached	MV50		97	20
172	Esther Kavanagh Dixon	Stockport Harriers	L	38		7
173	Joanne Aartse Tuyn	Unattached	LV40	39		32 9
174	Laurence Hobday	Unattached	MV55		98	11
175	Trevor Faulkner	Wilmslow Running Club	MV70		99	2
176	Rachel Grove	Unattached	LV35	40		33 8
177	Pauline Lynch	Macclesfield Harriers & AC	LV65	41		34 2
178	Manon Higgins	Unattached	LV40	42		35 10
179	Sarah Clayton	Unattached	L	43		8
180	Judith Davidson	Wilmslow Running Club	LV55	44		36 2
181	Kirsten Hill	Unattached	LV40	45		37 11
182	Peter Davidson	Unattached	MV55		100	12
183	Melanie Robinson	Unattached	LV40	46		38 12
184	Carron Lane	Winston Runners	LV50	47		39 7
185	Rosalind Dyde	Winston Runners	LV55	48		40 3
186	Lois Buxton	Macclesfield Harriers & AC	LV45	49		41 9
187	Brian Power	Unattached	MV60		101	10
188	Cath Hughes	Unattached	LV50	50		42 8
189	Mark Taylor	Staffs Moorlands AC	M			36
190	David Taylor	Staffs Moorlands AC	MV55		102	13
191	Sarah Gibbons	Unattached	L	51		9
192	Heather Cairns	Unattached	LV40	52		43 13
193	Kate Foster	Unattached	LV55	53		44 4

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Position	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos	Time
1	Ryan Holroyd	Staffs Moorlands AC	MJ				1	39:31
2	Tim Pattison	Macclesfield Harriers & AC	M				1	40:37
3	Peter Speake	Bildeston Bounders	M				2	41:22
4	Tom Bush	Altrincham and District AC	M				3	41:28
5	Mark Walker	Macclesfield Harriers & AC	M				4	41:34
6	James Noakes	Macclesfield Harriers & AC	MV40		1		1	41:42
7	Andrew Godwin	Unattached	MV40		2		2	43:17
8	James Hynes	Unattached	M40				1	43:42
9	Toby Hart	Dark Peak	M				5	43:44
10	Malcolm Johnson	Stockport Harriers	M				6	43:48
11	Andrew Bradley	Macclesfield Harriers & AC	M				7	43:51
12	Adrian Fuller	Altrincham and District AC	M				8	43:59
13	Mike Walker	Barnet and District	M				9	44:04
14	Richard Marlton	Stockport Harriers	MV40		3		3	44:12
15	Stephen Ingram	Macclesfield Harriers & AC	MV40		4		4	44:30
16	Ray Eagle	Wilmslow Running Club	MV55		5		1	45:37
17	Peter Nield	Macclesfield Harriers & AC	M				10	45:54
18	John Mooney	Macclesfield Harriers & AC	MV50		6		1	46:00
19	Mike Hill	Wilmslow Running Club	MV45		7		1	46:10
20	David Livingstone	Altrincham and District AC	MV40		8		5	46:12
21	Thomas Fellbaum	Stockport Harriers	M				11	46:24
22	Diane McVey	Wilmslow Running Club	L	1			1	46:31
23	Andrew Fletcher	Unattached	MV40		9		6	46:32
24	Colin Coote	Unattached	MV40		10		7	46:41
25	Matt Billingham	Altrincham and District AC	M				12	46:53
26	Shaun Jackson	Altrincham and District AC	MV40		11		8	46:59
27	Russell Bennett	Manchester Triathlon Club	M				13	47:07
28	Craig Hunt	Wilmslow Running Club	MV40		12		9	47:16
29	Allan McCormick	Wilmslow Running Club	M				14	47:22
30	Tim Stock	Macclesfield Harriers & AC	MV45		13		2	47:25
31	Roy Woodland	Unattached	MV55		14		2	47:28
32	Danielle Wallis	Macclesfield Harriers & AC	LJ	2			1	47:31
33	Sally Newman	Wreake Runners	LV50	3		1	1	47:37
34	Sarah Harris	Macclesfield Harriers & AC	L	4			2	47:46
35	Steve Broadfoot	Northern Vets AC	MV45		15		3	47:48
36	Gavin Ritson	Unattached	MV40		16		10	48:03
37	Andy Fowler	Stockport Harriers	MV40		17		11	48:14
38	Gregg Boughey	Unattached	M				15	48:30
39	Tim Walton	Macclesfield Harriers & AC	MV40		18		12	48:39
40	John Rontree	Manchester Triathlon Club	MV45		19		4	48:41
41	Brian MacFadyen	Macclesfield Harriers & AC	MV55		20		3	48:41
42	Mel Cragg	Unattached	MV45		21		5	48:44
43	Lawrence West	Unattached	M				16	48:47
44	Steve Lomas	Macclesfield Harriers & AC	MV40		22		13	48:53
45	Alison Sedman	Belle Vue Racers	LV45	5		2	1	49:02
46	Angela Jordan	Stainland Lions RC	L	6			3	49:17
47	Alan Wardle	Macclesfield Harriers & AC	MV50		23		2	49:25
48	Sharon Johnstone	Wilmslow Running Club	LV35	7		3	1	49:26
49	Lee Spencer	Unattached	MV40		24		14	49:33
50	John Halliwell	Manchester Harriers	MV45		25		6	49:40
51	Nick Passey	Unattached	MV40		26		15	49:43
52	David Pemberton	Macclesfield Harriers & AC	MV45		27		7	50:14
53	Paul Booth	Manchester Triathlon Club	M				17	50:27
54	Peter Stroynowski	Mow Cop Runners	MV45		28		8	50:29
55	Photis Kanellis	Unattached	MV40		29		16	50:34
56	Duncan Dickie	Charnwood AC	MV45		30		9	50:35
57	Nigel Sedman	Belle Vue Racers	MV45		31		10	50:56
58	Richard Dobell	Unattached	M				18	51:01
59	Mark Halsey	Buxton AC	M				19	51:04
60	Robert Wilson	Unattached	MV55		32		4	51:08
61	Mandy Harrison	Helsby	L	8			4	51:17
62	Richard Lock	White Nancy Boys	M				20	51:21
63	Alison Vesey	Altrincham and District AC	LV45	9		4	2	51:29
64	Krzysztof Wawrzenczak	Unattached	M				21	51:39
65	Andy Lee	Unattached	M				22	51:47
66	Paul Sellers	Congleton Harriers	MV50		33		3	51:47

Position	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos	Time
67	Luke Cartledge	Macclesfield Harriers & AC	MJ				2	51:54
68	David Lawrance	Macclesfield Harriers & AC	M				23	51:54
69	Cath Hurst	Trafford AC	LV45	10		5	3	52:01
70	Patrick Grannan	Wilmslow Running Club	MV60		34		1	52:10
71	Adrian Northcott	Staffs Moorlands AC	MV40		35		17	52:11
72	Stephen Whincup	South Cheshire Harriers	MV50		36		4	52:14
73	Christine Geraghty	Wilmslow Running Club	LV45	11		6	4	52:15
74	Jenny Day	Unattached	LV35	12		7	2	52:18
75	Steven Millar	Unattached	M				24	52:21
76	Andy Thorp	Unattached	MV45		37		11	52:25
77	Neil Goodman	Macclesfield Harriers & AC	MV50		38		5	52:28
78	Charlie Rowlands	South Cheshire Harriers	MV40		39		18	52:31
79	Nicky Mowat	Wilmslow Running Club	LV50	13		8	2	52:32
80	Tony Hart	Northern Vets AC	MV45		40		12	52:37
81	Janine Ellis	Wilmslow Running Club	LV40	14		9	1	52:39
82	Ken Houghton-Walsh	Salford Harriers	MV45		41		13	52:39
83	Chris Murdoch	Unattached	M				25	52:40
84	Kevin McQue	Macclesfield Harriers & AC	MV45		42		14	52:43
85	Chris Corns	Unattached	M				26	52:44
86	Callum Dew	Unattached	MJ				3	52:46
87	Jeremy Austin	Unattached	MV40		43		19	52:50
88	David Dew	Unattached	MV50		44		6	52:55
89	Hanny Stockman	Macclesfield Harriers & AC	LV45	15		10	5	53:00
90	Manuel Atkinson	Unattached	M				27	53:03
91	Tony Ryan	Unattached	MV45		45		15	53:15
92	Kevin Good	Unattached	M				28	53:21
93	Craig Partridge	Altrincham and District AC	MV40		46		20	53:23
94	Tim Ruck	Pennine Fell Runners	M				29	53:27
95	David Marsden	Stafford Harriers	MV55		47		5	53:35
96	Tom Neill	Unattached	MV45		48		16	53:40
97	Clare Griffin	Goyt Valley Striders	LV35	16		11	3	53:45
98	Natalie Abbott	Unattached	LV50	17		12	3	53:51
99	David Ellis	Unattached	M				30	53:52
100	Philip Anderson	Unattached	MV50		49		7	53:55
101	Wendy Trimbel	Eryri Harriers	L	18			5	53:58
102	James Bones	Macclesfield Harriers & AC	M				31	54:06
103	Gary Mitchell	Unattached	MV40		50		21	54:08
104	Chris Loxton	Manchester Triathlon Club	M				32	54:09
105	Alan Coatsworth	Unattached	MV55		51		6	54:18
106	Robert Anderson	Unattached	MV50		52		8	54:25
107	David Whitfield	Unattached	MV40		53		22	54:28
108	Julia Dickie	Charnwood AC	LV45	19		13	6	54:29
109	Andy Gray	Lincoln Harriers	M				33	54:30
110	Michael Arden	Unattached	M				34	54:32
111	Maggie Fenn	Vale Royal	LV35	20		14	4	54:34
112	John Anderson	Macclesfield Harriers & AC	MV45		54		17	54:36
113	Gavin Heap	Unattached	M				35	54:48
114	Martin Howard	Unattached	MV50		55		9	54:51
115	Stuart Johnson	Unattached	M				36	55:05
116	Francis Pyatt	Macclesfield Harriers & AC	M				37	55:06
117	David Mellor	Stockport Harriers	MV60		56		2	55:07
118	Maryte Moore	Stockport Harriers	LV50	21		15	4	55:07
119	Sarah Kemp	Unattached	LV45	22		16	7	55:08
120	Martin Williams	Unattached	MV50		57		10	55:09
121	Jill Colbert	Manchester Triathlon Club	LV40	23		17	2	55:14
122	Jonathan Port	Unattached	M				38	55:16
123	Robert Collins	Unattached	MV45		58		18	55:21
124	Sally Ann Hales	Macclesfield Harriers & AC	LV50	24		18	5	55:27
125	David James	Macclesfield Harriers & AC	MV45		59		19	55:39
126	Tom Lavin	Altrincham and District AC	MV50		60		11	55:41
127	Richard Adamson	Unattached	MV45		61		20	55:45
128	Annie Lomas	Congleton Harriers	LV40	25		19	3	55:46
129	Debbie Hill	Congleton Harriers	LV50	26		20	6	55:47
130	Tony Parry	Unattached	MV40		62		23	55:49
131	Sally Smith	Goyt Valley Striders	LV35	27		21	5	55:55
132	Andy Roberts	Belle Vue Racers	MV45		63		21	55:56

Position	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos	Time
133	Steve McCall	Manchester Harriers	M				39	56:07
134	Andrew Ratcliffe	Unattached	MV45		64		22	56:10
135	Amanda Bradbury	Wilmslow Running Club	L	28			6	56:12
136	Paul Heap	Unattached	M				40	56:20
137	Steve Mycio	Unattached	MV55		65		7	56:23
138	Roland Meylan	Buxton AC	MV40		66		24	56:35
139	David Harrison	Unattached	MV45		67		23	56:39
140	Mark Butterworth	Unattached	MV45		68		24	56:43
141	Pam Clitheroe	Unattached	LV40	29		22	4	56:53
142	Paul Clowes	Macclesfield Harriers & AC	M				41	56:58
143	Stephen Picken	Unattached	MV40		69		25	57:11
144	Richard Pankhurst	Macclesfield Harriers & AC	MV40		70		26	57:15
145	Paul Howard	Unattached	M				42	57:22
146	Steve Garner	Wreake Runners	MV55		71		8	57:27
147	Richard Griffin	Goyt Valley Striders	M				43	57:32
148	Clare Barstow	Goyt Valley Striders	L	30			7	57:37
149	Graeme Spencer	Unattached	MV45		72		25	57:43
150	James Williams	Macclesfield Harriers & AC	M				44	57:53
151	Des Miles	Unattached	MV45		73		26	57:58
152	Jenny Gibbs	Unattached	L	31			8	58:03
153	Lindsay Purdie	Unattached	LV40	32		23	5	58:04
154	Peter Vince	Unattached	MV40		74		27	58:06
155	Gareth Trimble	Wilmslow Running Club	M				45	58:07
156	Cliff Lomas	Unattached	MV60		75		3	58:09
157	Rob Milner	Unattached	M				46	58:10
158	Nicola Smith	Ellesmere Port Running Club	LV45	33		24	8	58:11
159	Fred Wardle	Unattached	MV55		76		9	58:12
160	Wona Devoona	Unattached	L	34			9	58:17
161	Judith Newham	Congleton Harriers	LV40	35		25	6	58:19
162	Darren Burns	Unattached	MV45		77		27	58:23
163	Mark Wakelin	Unattached	M				47	58:32
164	Ross Kennedy	Unattached	M				48	58:38
165	Sharon Jones	Wilmslow Running Club	LV45	36		26	9	58:51
166	Barrie Sanderson	Unattached	MV45		78		28	59:04
167	Helen Madden	Unattached	LV40	37		27	7	59:20
168	Fiona Wilson	Macclesfield Harriers & AC	LV50	38		28	7	59:26
169	Matt Ekman	Macclesfield Harriers & AC	M				49	59:38
170	Alison Unwin	Unattached	LV50	39		29	8	59:44
171	Rachel Maskell	Unattached	L	40			10	59:49
172	Simon Fenton	Wilmslow Running Club	MV65		79		1	59:52
173	Barry Carmichael	GMP	M				50	1:00:15
174	James Boyd	Unattached	M				51	1:00:26
175	Paul Hunt	Goyt Valley Striders	MV45		80		29	1:00:37
176	Simon Cartledge	Macclesfield Harriers & AC	MV50		81		12	1:00:55
177	Simon John Beardmore	Unattached	MV40		82		28	1:01:05
178	Edward Howard	Unattached	MV50		83		13	1:01:14
179	Peter Ambrose	Unattached	MV50		84		14	1:01:15
180	Robert Graves	Unattached	M				52	1:01:21
181	Rebecca Glen	Goyt Valley Striders	LV35	41		30	6	1:01:45
182	Colin Cohen	Stockport Primary Care Trust Running Club	MV55		85		10	1:02:16
183	Tim Johnson	Unattached	MV45		86		30	1:02:18
184	Sian Harrison	Unattached	LV45	42		31	10	1:02:21
185	Roy Pownall	Wilmslow Running Club	MV60		87		4	1:02:22
186	Terry Dykes	Congleton Harriers	MV60		88		5	1:02:22
187	Nigel Sym	Unattached	MV55		89		11	1:02:26
188	Ian Pickford	Unattached	MV40		90		29	1:02:48
189	Sandra Brunt	Unattached	LV40	43		32	8	1:02:53
190	Lynne Graves	Macclesfield Harriers & AC	LV40	44		33	9	1:03:09
191	Emma-Jane Eaton	Goyt Valley Striders	L	45			11	1:03:09
192	Rachel Gilliland	Unattached	LV40	46		34	10	1:03:16
193	Joanne Jones	Unattached	LV40	47		35	11	1:03:17
194	Simon Hulme	Unattached	M				53	1:03:19
195	Zoe Moohan	Unattached	L	48			12	1:03:19
196	Nina Birch	Wilmslow Running Club	L	49			13	1:03:23
197	Cynthia Chapman	Macclesfield Harriers & AC	LV65	50		36	1	1:03:33
198	Carol Culley	Cheshire Hash House Harriers	LV40	51		37	12	1:03:35

Position	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos	Time
199	Jo Foster	Macclesfield Harriers & AC	LV45	52		38	11	1:03:49
200	Christiane Bunte	Sandbach Striders	LV45	53		39	12	1:03:56
201	Allan Lock	Silson Joggers	MV70		91		1	1:04:04
202	Elsbeth Gibson	Wilmslow Running Club	LV40	54		40	13	1:04:06
203	Susannah Middleton	Macclesfield Harriers & AC	L	55			14	1:04:07
204	Nicola Williams	Unattached	LV40	56		41	14	1:04:19
205	Darren Higgins	Unattached	M				54	1:04:32
206	Tim Appleton	Razzers Runners	M				55	1:04:53
207	Richard Palmer	Wreake Runners	MV45		92		31	1:04:55
208	Michelle Wilder	Manchester Triathlon Club	LV40	57		42	15	1:04:59
209	Duncan Corns	Unattached	MV40		93		30	1:05:02
210	Charlie Seddon	Macclesfield Harriers & AC	MV55		94		12	1:05:02
211	Tommy Cannon	Unattached	MV45		95		32	1:05:05
212	Jude Whitehall	Macclesfield Harriers & AC	LV45	58		43	13	1:05:10
213	Dave Thompson	Unattached	MV50		96		15	1:05:10
214	Barry Pierce	Unattached	MV60		97		6	1:05:11
215	Mathew Simister	Unattached	M				56	1:05:23
216	Mark Ferns	Atherton	MV50		98		16	1:05:26
217	Tracy Vernon	Goyt Valley Striders	LV50	59		44	9	1:05:28
218	Matthew Wright	Macclesfield Harriers & AC	MV40		99		31	1:05:34
219	Pauline Lynch	Macclesfield Harriers & AC	LV65	60		45	2	1:05:35
220	Georgina Burton	Unattached	LV45	61		46	14	1:05:40
221	Jenny McClelland	Lymm Runners	LV40	62		47	16	1:06:04
222	Paula Spray	Unattached	LV40	63		48	17	1:06:13
223	Melissa Whitworth	Unattached	LV40	64		49	18	1:06:15
224	Jonathan Ingham	Unattached	MV45		100		33	1:06:17
225	Mary Jeal	Denbigh Harriers	LV50	65		50	10	1:06:21
226	Ian Humphreys	Unattached	MV45		101		34	1:06:59
227	Christopher Walsh	South Cheshire Harriers	MV55		102		13	1:07:13
228	Nick McDonnell	Unattached	M				57	1:07:36
229	Dominic Norrish	Unattached	M				58	1:07:36
230	Mary Melizza	Unattached	LV40	66		51	19	1:07:42
231	Sarah Flynn	Unattached	LV40	67		52	20	1:07:58
232	Vicky Wilson	Congleton Harriers	LV35	68		53	7	1:08:02
233	Anna Maddox	Unattached	LV35	69		54	8	1:08:02
234	Trevor Faulkner	Wilmslow Running Club	MV65		103		2	1:08:11
235	Ali Hutchinson	Unattached	LV45	70		55	15	1:08:14
236	Joanne Day	Macclesfield Harriers & AC	LV40	71		56	21	1:08:16
237	Angie Hart	Northern Vets AC	LV35	72		57	9	1:08:19
238	Julie Crawley	Winston Runners	LV40	73		58	22	1:08:27
239	Charlotte Langowski	Unattached	L	74			15	1:08:46
240	Anne Mellor	Manchester Harriers	LV50	75		59	11	1:08:49
241	Moira Hunt	Goyt Valley Striders	LV50	76		60	12	1:08:58
242	Carl Hyde	Unattached	M				59	1:09:09
243	Carron Lane	Winston Runners	LV50	77		61	13	1:09:10
244	Jon Hillman	North Staffs Road Runners Assoc	M				60	1:09:22
245	Jenny Thomas	Unattached	LV50	78		62	14	1:09:55
246	Helen Stanley	Unattached	LV45	79		63	16	1:10:00
247	Victoria Saunders	Unattached	LV40	80		64	23	1:10:04
248	Sonia Gadsby	A & T Road Runners	LV45	81		65	17	1:10:33
249	Bernard Thompstone	Winston Runners	MV60		104		7	1:11:00
250	Lorraine Clarke	Mow Cop Runners	LV45	82		66	18	1:11:33
251	Les Robinson	Winston Runners	MV55		105		14	1:12:02
252	David Li	Unattached	M				61	1:12:08
253	Julie Ryan	Unattached	LV45	83		67	19	1:12:38
254	Karan Macdonald	Unattached	LV45	84		68	20	1:12:58
255	Sukjit Singh	Burnham Joggers	MV50		106		17	1:13:32
256	Mark Taylor	Staffs Moorlands AC	M				62	1:13:55
257	Rosalind Dyde	Winston Runners	LV55	85		69	1	1:14:59
258	Lois Buxton	Macclesfield Harriers & AC	LV45	86		70	21	1:16:28
259	David Taylor	Staffs Moorlands AC	MV50		107		18	1:16:47
260	Katie Reid	Unattached	LV40	87		71	24	1:17:51
261	Jason Wheeldon	Unattached	M				63	1:18:21
262	Geoffrey Wilson	Unattached	MV45		108		35	1:21:13
263	Ria Bright	Dragons R C	LV40	88		72	25	1:22:45

Langley 7 2010 Langley 7 2010 - Sat-6-Nov-2010

Pos.	No.	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos
1	239	Damian Nicholls	Wilmslow RC	M				1
2	27	James Noakes	Macclesfield Harriers	MV40		1		1
3	105	Jim Pendrill	Wilmslow RC	MV40		2		2
4	213	Malcolm Fowler	Wilmslow RC	MV45		3		1
5	219	Mark Shuker	Unattached	M				2
6	238	Tom McGaff	Wilmslow RC	MV55		4		1
7	130	Philip Smith	Wilmslow RC	M				3
8	25	Neil Pettie	Goyt Valley Striders	MV35		5		1
9	163	Neil Walker	Altrincham & District AC	M				4
10	234	Julian Brown	Macclesfield Harriers	MV45		6		2
11	133	Adrian Fuller	Altrincham & District AC	MV35		7		2
12	169	Michael Berks	Altrincham & District AC	M				5
13	161	Mark Horsley-Frost	Unattached	MV40		8		3
14	178	Shaun Jordan	Bingley Harriers AC	MV55		9		2
15	218	David Livingstone	Altrincham & District AC	MV40		10		4
16	186	John Mooney	Macclesfield Harriers	MV50		11		1
17	73	Peter Abraham	Altrincham & District AC	MV35		12		3
18	237	Rob Gilbert	Wilmslow RC	MV40		13		5
19	30	Nick Bishop	Wilmslow RC	MV50		14		2
20	253	Andrew Bradley	Unattached	M				6
21	183	Dave Barr	Liverpool Harriers	MV40		15		6
22	104	Colin Coote	Unattached	MV40		16		7
23	214	Steve Dempsey	Wilmslow RC	MV45		17		3
24	122	Dan Mayers	Unattached	M				7
25	8	Ray Eagle	Wilmslow RC	MV55		18		3
26	119	Tim Munslow	West Cheshire AC	MV35		19		4
27	78	Robert Sharpe	Unattached	M				8
28	67	Bill Shone	Stockport Harriers & AC	MV40		20		8
29	100	Mick Fairs	Wilmslow RC	MV60		21		1
30	148	David Cairns	Unattached	MV40		22		9
31	225	Ronan McGonigle	Trafford AC	M				9
32	111	Steve Broadfoot	Northern Vets	MV45		23		4
33	83	David Hutchings	Stainland Lions	MV40		24		10
34	118	Iain Stanton	Vale Royal AC	M				10
35	217	Alan Wardle	Macclesfield Harriers	MV45		25		5
36	55	Mel Cragg	Unattached	MV40		26		11
37	131	Neil Gunn	Macclesfield Harriers	MV50		27		3
38	233	Maz Khoueiry	Holmfirth Harriers	MV35		28		5
39	115	Angela Jordan	Stainland Lions	L	1			1
40	199	Steve Smith	Wilmslow RC	MV45		29		6
41	36	Kristy Readman	Macclesfield Harriers	LV35	2		1	1
42	232	Jacqui Khoueiry	Holmfirth Harriers	LV35	3		2	2
43	70	Craig Hunt	Unattached	MV40		30		12
44	65	Nick Passey	Unattached	MV40		31		13
45	69	Greg Boughey	Unattached	M				11
46	16	Paul Garnett	Wilmslow RC	MV45		32		7
47	211	David Mellor	Stockport Harriers & AC	MV55		33		4

48	212	Andy Watts	Wilmslow RC	MV60		34		2
49	98	Andrea Frost	Macclesfield Harriers	LV40	4		3	1
50	109	Toby Percival	Altrincham & District AC	MV35		35		6
51	10	Paul Norris	Wilmslow RC	MV50		36		4
52	243	Matt Grove	Macclesfield Harriers	MV35		37		7
53	230	Andrew Fletcher	Unattached	MV40		38		14
54	121	Matt Billingham	Unattached	M				12
55	116	Greg Markley	Unattached	M				13
56	188	Rob Lilley	Unattached	MV35		39		8
57	248	Robert Wilson	Unattached	MV50		40		5
58	229	Alison Hartopp	Macclesfield Harriers	LV40	5		4	2
59	223	Gareth Trimble	Wilmslow RC	MV35		41		9
60	94	Kevin McCloskey	Unattached	MV40		42		15
61	226	Tim Walton	Macclesfield Harriers	MV40		43		16
62	79	Nicky Mowat	Wilmslow RC	LV50	6		5	1
63	228	Katy Green	Wilmslow RC	LV35	7		6	3
64	80	James Gowin	Wilmslow RC	M				14
65	138	Rachel Blight	Stockport Harriers & AC	L	8			2
66	135	Richard Lock	Unattached	M				15
67	156	Ian Scott	Unattached	MV50		44		6
68	110	Keith Mulholland	Macclesfield Harriers	MV45		45		8
69	140	Adrian Northcott	Staffordshire Moorlands AC	MV40		46		17
70	210	Simon Heys	Stockport Harriers & AC	MV50		47		7
71	244	Andy Lef	Unattached	MV35		48		10
72	181	Neil Goodman	Macclesfield Harriers	MV50		49		8
73	216	Alan Coatsworth	Unattached	MV50		50		9
74	149	Matt Yardley	Unattached	MV40		51		18
75	123	Brian Bailey	Macclesfield Harriers	MV35		52		11
76	42	Owen Ashcroft	Wilmslow RC	M				16
77	125	John Green	Staffordshire Moorlands AC	MV40		53		19
78	7	Steve Lomas	Macclesfield Harriers	MV40		54		20
79	49	Christine Heraghty	Wilmslow RC	LV45	9		7	1
80	207	Mandy Calvert	Macclesfield Harriers	LV45	10		8	2
81	145	Glyn Roberts	Unattached	MV40		55		21
82	151	Patrick Grannan	Wilmslow RC	MV60		56		3
83	205	Mark Wheelton	Macclesfield Harriers	MV50		57		10
84	11	Janine Ellis	Wilmslow RC	LV40	11		9	3
85	143	Neil Farmer	Unattached	MV50		58		11
86	215	Gavin Mendham	Wilmslow RC	MV60		59		4
87	162	Molly Whittall	Unattached	LV35	12		10	4
88	87	Katy Thornhill	Goyt Valley Striders	LV35	13		11	5
89	190	James Bowden	Unattached	M				17
90	17	Mathew Simister	Unattached	MV35		60		12
91	96	Rob Parkin	Congleton Harriers	MV35		61		13
92	76	Don Bullough	Wilmslow RC	MV50		62		12
93	44	Gary Willock	Unattached	MV40		63		22
94	173	Dale Harratt	Unattached	MV45		64		9
95	43	Andrew Dodd	Wilmslow RC	MV35		65		14
96	19	Jonathan Port	Unattached	MV35		66		15

97	159	David Whitfield	Unattached	MV40		67		23
98	146	Matt Read	Unattached	MV35		68		16
99	38	John Porteous	Wilmslow RC	MV55		69		5
100	89	Clare Griffin	Goyt Valley Striders	LV35	14		12	6
101	41	Ian Ashcroft	Wilmslow RC	MV60		70		5
102	6	George Bentley	Unattached	MV45		71		10
103	245	Andy Tiplady	Unattached	MV35		72		17
104	192	Ben Bowler	Unattached	M				18
105	249	John MacKintosh	Unattached	MV40		73		24
106	39	Iona Cummings	Macclesfield Harriers	L	15			3
107	5	John Gordon	Staffordshire Moorlands AC	MV40		74		25
108	40	Daniel Harle	Macclesfield Harriers	MV35		75		18
109	208	Sarah Kemp	Unattached	LV45	16		13	3
110	182	Alastair Hughes	Unattached	M				19
111	117	Jolyon Meredith	Unattached	MV40		76		26
112	64	Ben Pollock	Unattached	MV35		77		19
113	241	Steven McCall	Manchester Harriers	MV50		78		13
114	72	Clare Barstow	Goyt Valley Striders	L	17			4
115	51	Mark Butterworth	Unattached	MV45		79		11
116	236	David James	Unattached	MV45		80		12
117	164	Mark Whelan	Goyt Valley Striders	MV40		81		27
118	101	Will Meredith	Goyt Valley Striders	MV35		82		20
119	77	Andy Gray	Unattached	MV35		83		21
120	66	Gunnar Menzel	Unattached	MV40		84		28
121	209	Catriona Marshall	Wilmslow RC	LV40	18		14	4
122	37	Paul Street	Macclesfield Harriers	MV40		85		29
123	128	Ian Sparks	Macclesfield Harriers	MV50		86		14
124	221	Alan Jenkinson	Styal RC	MV60		87		6
125	61	Catherine Hurst	Trafford AC	LV45	19		15	4
126	252	Derek Fraser	Trafford AC	MV45		88		13
127	75	Sheila Parker	Unattached	LV55	20		16	1
128	254	James Bunn	Unattached	M				20
129	95	Mairi McCloskey	Unattached	LV40	21		17	5
130	26	David Ellis	Unattached	MV35		89		22
131	184	Hugh McKenna	Altrincham & District AC	MV60		90		7
132	222	Peter Skelton	Unattached	MV50		91		15
133	235	Jo Miles	Macclesfield Harriers	LV45	22		18	5
134	92	Nathan Walker	Penny Lane Striders	M				21
135	247	Matt Ekman	Unattached	MV35		92		23
136	22	Kate Ritchie	Manchester Tri Club	L	23			5
137	251	Cliff Lomas	Unattached	MV60		93		8
138	2	Fiona Wilson	Unattached	LV45	24		19	6
139	126	Ruth Goreham	Staffordshire Moorlands AC	LV40	25		20	6
140	246	Robert Anderson	Unattached	MV45		94		14
141	60	Ross Kennedy	Unattached	M				22
142	129	Neil Phillips	Unattached	MV50		95		16
143	23	Alan Turner	Wilmslow RC	MV45		96		15
144	157	Fred Wardle	Unattached	MV55		97		6
145	102	Joanne Jones	Unattached	LV40	26		21	7

146	20	Derek Murphy	Unattached	MV45		98		16
147	180	Graham Howell	Liverpool Harriers	MV60		99		9
148	152	Paul Hunt	Goyt Valley Striders	MV45		100		17
149	250	Helen Madden	Unattached	LV40	27		22	8
150	154	Tim Johnson	Unattached	MV40		101		30
151	139	Dennis Williams	Hercules Wimbledon AC	MV60		102		10
152	114	Brian West	Macclesfield Harriers	MV40		103		31
153	93	Mariusz Nurkiewicz	Unattached	M				23
154	124	Steven Berry	Goyt Valley Striders	MV45		104		18
155	224	Carol Towers	Unattached	LV40	28		23	9
156	90	Richard Griffin	Goyt Valley Striders	MV35		105		24
157	167	Lynda Cook	Unattached	LV40	29		24	10
158	153	Shirley Campbell	Unattached	LV55	30		25	2
159	204	Matt Smith	Macclesfield Harriers	MV35		106		25
160	18	Nick Blackburn	Unattached	MV40		107		32
161	198	David Turner	Unattached	MV55		108		7
162	177	Carina Ammala	Unattached	LV45	31		26	7
163	50	Sandra Brunt	Unattached	LV35	32		27	7
164	206	Cameron McNaught	Unattached	MV35		109		26
165	187	Helen Stockton	Goyt Valley Striders	L	33			6
166	147	David Wood	Manchester Harriers	MV45		110		19
167	21	Tim Appleton	Unattached	MV35		111		27
168	31	Simon Cartledge	Macclesfield Harriers	MV40		112		33
169	24	Gail Hill	Wilmslow RC	LV35	34		28	8
170	185	Kate Sutton	Wilmslow RC	LV45	35		29	8
171	155	Alison Scott	Unattached	LV45	36		30	9
172	63	Julie Lucas	Wilmslow RC	LV45	37		31	10
173	220	Nigel Sym	Macclesfield Harriers	MV55		113		8
174	194	Tony Brady	Manchester Harriers	MV60		114		11
175	127	Tracy Vernon	Goyt Valley Striders	LV45	38		32	11
176	46	Robert Collins	Unattached	MV45		115		20
177	240	June Ryan	Unattached	LV40	39		33	11
178	54	Roy Pownall	Wilmslow RC	MV60		116		12
179	136	Allan Lock	Unattached	MV65		117		1
180	170	Chris Leese	Unattached	MV55		118		9
181	202	Miranda Miesner	Macclesfield Harriers	LV35	40		34	9
182	191	Emma-Jane Eaton	Goyt Valley Striders	L	41			7
183	144	Andrew Park	Unattached	MV60		119		13
184	231	Jo Illot	Unattached	LV35	42		35	10
185	242	Helen Bristow	Unattached	LV35	43		36	11
186	160	Trevor Faulkner	Wilmslow RC	MV65		120		2
187	142	Rosemary Britton	Ashbourne RC	LV55	44		37	3
188	227	Jenny Law	Unattached	LV35	45		38	12
189	14	Daniel Kirschen	Unattached	MV50		121		17
190	59	Michelle Foden	Unattached	LV45	46		39	12
191	58	Larry Day	Macclesfield Harriers	MV35		122		28
192	197	Carol Culley	Cheshire Hash House Harriers	LV40	47		40	12
193	172	Adam Leese	Unattached	M				24
194	35	Colin Cohen	Stockport PCT Running Club	MV55		123		10

195	86	Elaine Pettie	Unattached	LV35	48		41	13
196	166	Rachel Gilliland	Unattached	LV40	49		42	13
197	82	Alison Cardwell	Unattached	LV45	50		43	13
198	176	Andy Lees	Goyt Valley Striders	MV40		124		34
199	134	Rachel Parkin	Unattached	L	51			8
200	88	Jane Mellings	Unattached	LV35	52		44	14
201	158	Les Robinson	Winston Runners	MV50		125		18
202	200	David Smith	Unattached	MV40		126		35
203	203	Pauline Lynch	Macclesfield Harriers	LV65	53		45	1
204	108	Sarah Walker	Unattached	LV40	54		46	14
205	84	Carolyn Whittle	Goyt Valley Striders	LV35	55		47	15
206	168	Jacqui Millington	Unattached	LV35	56		48	16
207	165	Hazel James	Unattached	LV45	57		49	14
208	195	Julie Crawley	Winston Runners	LV40	58		50	15
209	34	David Hayton	Unattached	MV50		127		19
210	179	Bill Mould	Staffordshire Moorlands AC	MV60		128		14
211	3	Mari Melizza	Serpentine	LV40	59		51	16
212	45	Paula Spray	Unattached	LV40	60		52	17
213	81	Ian Humphreys	Unattached	MV40		129		36
214	174	Bernadette Robinson	Unattached	LV50	61		53	2
215	112	Mark Taylor	Staffordshire Moorlands AC	M				25
216	57	Caroline Ritson	Unattached	LV45	62		54	15
217	91	Angela Summers	Unattached	LV45	63		55	16
218	29	Brian Power	Unattached	MV60		130		15
219	68	Andrew Cotton	Muller Running Club	MV40		131		37
220	113	David Taylor	Staffordshire Moorlands AC	MV50		132		20
221	1	Lois Buxton	Macclesfield Harriers	LV45	64		56	17
222	175	Bridgette Fleming	Unattached	LV55	65		57	4
223	196	Bridget Taylor	Cheshire Hash House Harriers	LV45	66		58	18

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Pos.	Name	Club	Category	L Pos.	MV Pos.	LV Pos.
1	Damian Nicholls	Wilmslow R C	M20			
2	Tom Bush	Altrincham	M20			
3	Jim Pendrill	Wilmslow R C	MV35		1	
4	Malcolm Fowler	Wilmslow R C	MV45		2	
5	Phil Darbyshire	Wigan Phoenix	MV40		3	
6	Tom McGaff	Wilmslow R C	MV50		4	
7	James Noakes	U/A	MV40		5	
8	Craig Jeffrey	Staffs Moorlands AC	MV35		6	
9	Neil Walker	Altrincham	M			
10	Richard Marlton	Stockport Harriers	MV40		7	
11	Tim Kennedy	Sale Harriers	M			
12	Julian Brown	Macclesfield Harriers	MV40		8	
13	David Livingstone	Altrincham	MV35		9	
14	Kevin Mahon	Totley A C	MV35		10	
15	Adrian Fuller	Altrincham	MV35		11	
16	Andrew John	Macclesfield Harriers	M20			
17	Iain Wedge	Vale Royal	MV40		12	
18	Olivia Walwyn	Altrincham	L20	1		
19	Mike Hibbert	Manchester Harriers	MV45		13	
20	James Wheeler	Wilmslow R C	M			
21	Mick Fairs	Wilmslow R C	MV60		14	
22	Peter Smith	U/A	MV40		15	
23	Martin Frost	u/a	MV40		16	
24	Paul Frodsham	Last Inn Runners	MV50		17	
25	Adrian Northcott	Staffs Moorlands AC	MV40		18	
26	Ian Smallwood	Wilmslow R C	MV45		19	
27	Martin Cortvriend	Denbigh Harriers	MV55		20	
28	Steve Roberts	Oswestry Olympians	MV55		21	
29	Mike Cooper	Wilmslow R C	MV45		22	
30	Angela Jordan	Stainland Lions RC	L	2		
31	Steve Smith	Wilmslow R C	MV45		23	
32	Tim Evans	Congleton Harriers	MV45		24	
33	Neil Pettie	U/A	MV35		25	
34	Ray Handley	Southport and Waterloo	MV50		26	
35	Mel Cragg	U/A	MV40		27	
36	Matthew Inglesby	U/A	M20			
37	John Halliwell	Manchester Harriers	MV45		28	
38	David Lawrance	Macclesfield Harriers	M			
39	James Eyre	Wilmslow R C	M			
40	Russell Cairns	U/A	MV35		29	
41	Peter Bannister	Wilmslow R C	M			
42	Alan Wardle	Macclesfield Harriers	MV45		30	
43	Andrew Mothershaw	Macclesfield Harriers	M20			
44	Jonathan Guildford	Manchester Front Runners	M			
45	Andrew Fletcher	U/A	MV40		31	
46	Ben Simnett	Buxton AC	M			
47	Tim Walton	Macclesfield Harriers	MV40		32	
48	Gemma Barnett	Vale Royal	L	3		

49	Andy Watts	Wilmslow R C	MV55		33	
50	Brian Holland	Goyt Valley Striders	MV50		34	
51	Craig Hunt	U/A	MV35		35	
52	Daniel Martin	U/A	MV40		36	
53	Kevin Day	Goyt Valley Striders	MV40		37	
54	Robert Oliver	Vale Royal	M			
55	David Murphy	Vale Royal	M			
56	Nick Bishop	Wilmslow R C	MV50		38	
57	Mark Tibbles	U/A	MV35		39	
58	Chris McDermott	U/A	M			
59	Peter Burton	Rotherham Harriers		0		
60	Gareth Trimble	Wilmslow R C	MV35		40	
61	Paul Kay	Spectrum Striders	MV55		41	
62	Mark Cornes	Mow Cop Runners	MV35		42	
63	Lee Grant	Goyt Valley Striders	MV40		43	
64	John Sullivan	U/A	MV45		44	
65	Robert Atkin	U/A	MV35		45	
66	Nick Markley	Manchester Front Runners	M			
67	Anthony Dickens	U/A	MV45		46	
68	Francis Reddington	Spensorborough & District AC	MV55		47	
69	Greg Markley	U/A	M			
70	Matt Grove	Macclesfield Harriers	MV35		48	
71	Alison Vesey	Altrincham	LV45	4		1
72	Kate Sutton	Wilmslow R C	LV45	5		2
73	John Green	Staffs Moorlands AC	MV40		49	
74	Liz Reeves	Congleton Harriers	L20	6		
75	Patrick Cousins	Mersey Tri	MV45		50	
76	Sarah Harris	Macclesfield Harriers	L	7		
77	John Todd	Vale Royal	MV45		51	
78	Paul Wright	Manchester Tri	MV45		52	
79	Mark Wheelton	Macclesfield Harriers	MV50		53	
80	Mathew Simister	U/A	MV35		54	
81	Dave Owen	U/A	MV45		55	
82	David Dew	U/A	MV45		56	
83	Don Bullough	Wilmslow R C	MV50		57	
84	Roger Coleman	U/A	MV50		58	
85	Chris Watts	Wilmslow R C	M20			
86	Katy Green	Wilmslow R C	LV35	8		3
87	Simon Parker	U/A	M20			
88	Steven Russell	Wilmslow R C	MV50		59	
89	Steven Corden	U/A	M			
90	Steve Lomas	Macclesfield Harriers	MV40		60	
91	Jeremy Austin	U/A	MV40		61	
92	Andrea Frost	Macclesfield Harriers	LV40	9		4
93	Chris Murdock	U/A	MV35		62	
94	Sally Ann Hales	Macclesfield Harriers	LV45	10		5
95	Nicky Mowat	Wilmslow R C	LV50	11		6
96	Tom Neill	U/A	MV45		63	
97	Tom Lynch	U/A	M20			

98	Nick Passey	U/A	MV40		64	
99	Catherine Hurst	Trafford	LV45	12		7
100	Richard Hirons	Wilmslow R C	MV45		65	
101	Neil Goodman	Macclesfield Harriers	MV50		66	
102	Gregg Boughey	U/A	M			
103	Andrew Brier	U/A	MV40		67	
104	Patrick McCarthy	Altrincham	MV40		68	
105	Mark Butterworth	U/A	MV45		69	
106	Andrew Schofield	U/A	MV40		70	
107	Iain Stanton	U/A	M			
108	Robert Anderson	U/A	MV45		71	
109	Rob Parkin	Congleton Harriers	MV35		72	
110	Colin Davies	Altrincham	MV60		73	
111	John Whitehead	U/A	MV50		74	
112	Tim Fletcher	Penny Lane Striders	M			
113	Harry Stubbs	Congleton Harriers	MV60		75	
114	Craig Partridge	Altrincham	MV40		76	
115	Brian West	U/A	MV40		77	
116	Jayne Lawton	Stockport Harriers	LV40	13		8
117	Sandre Jackson	Congleton Harriers	LV50	14		9
118	David Guy	Goyt Valley Striders	MV40		78	
119	Andy Carpenter	Manchester Harriers	M			
120	Greg Keynes	Manchester Front Runners	MV50		79	
121	Ian Ashcroft	Wilmslow R C	MV60		80	
122	Gillian Armstrong	Congleton Harriers	LV35	15		10
123	Paul Clarke	U/A	MV45		81	
124	Jonathan Port	U/A	MV35		82	
125	Paul Street	Macclesfield Harriers	MV40		83	
126	Gary Mitchell	U/A	MV40		84	
127	Holly Taylor	Chester Tri	L	16		
128	Fred Wardle	U/A	MV50		85	
129	Steven McCall	Manchester Harriers	MV50		86	
130	Andy Lee	U/A	MV35		87	
131	Jane Blackburn	U/A	LV35	17		11
132	Krzysztof Wawrzenczak	U/A	M			
133	Derek Murphy	U/A	MV45		88	
134	Richard Glover	U/A	MV45		89	
135	Penny Hinke	Wilmslow R C	LV50	18		12
136	Michael Reid	Manchester Front Runners	M			
137	Janine Ellis	Running4Women	LV40	19		13
138	Kate Roche	U/A	LV35	20		14
139	Tom Palenicek	Staffs Moorlands AC	MV60		90	
140	Gayle Evans	Congleton Harriers	LV40	21		15
141	Molly Whittal	U/A	L	22		
142	Michael Horton	Boalloy RC	MV60		91	
143	Amanda Bradbury	Wilmslow R C	LV35	23		16
144	Malcolm Jackson	Congleton Harriers	MV45		92	
145	Andy Gray	U/A	MV35		93	
146	Andy Tiplady	U/A	M			

147	Sally Price	Wilmslow R C	L	24		
148	Billy Watkinson	U/A	MV35		94	
149	Debbie Hill	Congleton Harriers	LV45	25		17
150	Simon Garrington	U/A	MV45		95	
151	Catriona Marshall	Wilmslow R C	MV40		96	
152	Joe Hyde	U/A	MV40		97	
153	David Whitfield	U/A	MV40		98	
154	Alan Jenkinson	Styal RC	MV60		99	
155	John Gordon	Staffs Moorlands AC	MV40		100	
156	Zoe Hoghton	U/A	LV35	26		18
157	Dave Tucker	Macclesfield Harriers	MV55		101	
158	Andrew Conway	U/A	MV40		102	
159	Tim Johnson	U/A	MV40		103	
160	Laura Gregg	U/A	LV40	27		19
161	David Ellis	U/A	MV35		104	
162	Simon Coton	U/A	MV35		105	
163	Fiona Wilson	U/A	LV45	28		20
164	Patrick Grannan	Handforth, Wilmslow, Alderley	MV55		106	
165	Katherine Coton	U/A	L	29		
166	Elspeth Knott	Harwich Runners	LV55	30		21
167	Sarah Woolley	Macclesfield Harriers	LV40	31		22
168	Laura Bostock	Altrincham	L	32		
169	David Taylor	Congleton Harriers	MV55		107	
170	Mark Ferns	Sale Harriers	MV45		108	
171	Matt Owen	Last Inn Runners	MV40		109	
172	Carol Handkey	Southport and Waterloo	LV50	33		23
173	David James	U/A	MV40		110	
174	Cliff Lomas	U/A	MV60		111	
175	Mark Brennan	U/A	MV50		112	
176	Christopher Stillo	Goyt Valley Striders	MV55		113	
177	Jayne Neave	Chester Tri	LV40	34		24
178	Sandra Brunt	U/A	LV35	35		25
179	David Turner	U/A	MV55		114	
180	Sarah Waite	Wilmslow R C	L	36		
181	John Shiel	Sinfin R C	MV35		115	
182	Peter Skelton	U/A	MV50		116	
183	Laura Stubbs	Congleton Harriers	LV60	37		26
184	Clare Holdcroft	Mow Cop Runners	LV35	38		27
185	Paul Heap	U/A	M			
186	Roy Pownall	Wilmslow R C	MV60		117	
187	Daniel Harle	Macclesfield Harriers	MV35		118	
188	Danny Martin	U/A	MV35		119	
189	Sally Smith	Goyt Valley Striders	L	39		
190	Steven Berry	Goyt Valley Striders	MV45		120	
191	Kasey Lynch	Wilmslow R C	L	40		
192	Iona Cummings	Macclesfield Harriers	L	41		
193	Richard Gratton	U/A	MV40		121	
194	Rod Coombs	Wilmslow R C	MV55		122	
195	David Gaston	U/A	MV50		123	

196 Robert Collins	U/A	MV45		124	
197 Jill Corbert	U/A	LV40	42		28
198 Philomena Smith	Goyt Valley Striders	LV40	43		29
199 John Malone	Winston Runners	MV50		125	
200 Rebecca Glen	Goyt Valley Striders	L	44		
201 Rosemary Britton	Ashbourne	LV55	45		30
202 James Williams	U/A	MV35		126	
203 Darren Burns	U/A	MV45		127	
204 Sarah Bull	Goyt Valley Striders	LV35	46		31
205 Mark Mothershaw	Macclesfield Harriers	MV45		128	
206 Clare Barstow	Goyt Valley Striders	L	47		
207 Steve Taggart	U/A	MV40		129	
208 Liz Smith	U/A	LV40	48		32
209 David Stewart	U/A	MV45		130	
210 Paul Calnan	U/A	MV50		131	
211 Lisa Tyrell	U/A	LV35	49		33
212 Nick Marston	U/A	M			
213 Adrian Jones	U/A	MV40		132	
214 Jonathan Ingham	U/A	MV40		133	
215 Sarah Franklin	U/A	LV35	50		34
216 David Lee	U/A	MV50		134	
217 Kate Ritchie	Sale Harriers	L	51		
218 Colin Cohen	Stockport PCT Running Club	MV55		135	
219 Christopher Wright	Macclesfield Harriers	MV35		136	
220 Alexandra Burns	Winston Runners	LV40	52		35
221 Vicky Probyn	U/A	LV40	53		36
222 Trevor Faulkner	Wilmslow R C	MV65		137	
223 Elspeth Gibson	U/A	LV35	54		37
224 Donna Siberry	U/A	L	55		
225 Cynthia Chapman	Macclesfield Harriers	LV60	56		38
226 Nigel Sym	U/A	MV55		138	
227 Michael Oliff	U/A	M			
228 Karl Smith	Goyt Valley Striders	MV45		139	
229 Tony Brady	Manchester Harriers	MV60		140	
230 Madeleine Bird	Ellesmere Port R C	LV55	57		39
231 Paul Walker	U/A	MV40		141	
232 Lynda Cook	U/A	LV40	58		40
233 Gareth Hughes	Stockport Harriers	M			
234 Gail Hill	Wilmslow R C	LV35	59		41
235 Louise Finney	Mow Cop Runners	LV35	60		42
236 Paul Unwin	U/A	MV45		142	
237 James Boyd	U/A	MV35		143	
238 Helen Madden	U/A	MV35		144	
239 John Pike	U/A	MV50		145	
240 Catherine Ellis	U/A	LV50	61		43
241 Bill Mould	Staffs Moorlands AC	MV60		146	
242 Alison Unwin	U/A	L	62		
243 Neil Berragan	U/A	MV50		147	
244 Charlotte Godfrey	Wilmslow R C	LV50	63		44

245	Robert Page	Chorlton Runners	MV50		148	
246	Liz Stillo	Goyt Valley Striders	LV50	64		45
247	Shahzad Zia	Manchester Harriers	MV35		149	
248	Jedrzej Wowczuk	U/A	M20			
249	Nigel Crierie	Ellesmere Port R C	MV40		150	
250	Richard Chidlow	U/A	M			
251	Jean Dolan	Altrincham	LV60	65		46
252	Rachel Gilliland	U/A	LV40	66		47
253	Fiona Gough	U/A	L	67		
254	Chris Leese	U/A	MV55		151	
255	Clare Baker	U/A	L	68		
256	Judy Grant	U/A	LV50	69		48
257	Les Robinson	Winston Runners	MV50		152	
258	Dawn Nelson	U/A	LV35	70		49
259	Robert Cant	Spectrum Striders	MV45		153	
260	Sally Roberts	U/A	L	71		
261	Pauline Lynch	Macclesfield Harriers	LV60	72		50
262	Paul Makin	Southport and Waterloo	MV40		154	
263	Tracy Vernon	Goyt Valley Striders	LV45	73		51
264	Susannah Middleton	Macclesfield Harriers	LV35	74		52
265	Sian Harrison	U/A	LV40	75		53
266	Alison Aldridge	U/A	LV35	76		54
267	Andrew Higgins	U/A	MV40		155	
268	Emma Kerr	U/A	LV35	77		55
269	Julie Crawley	Winston Runners	LV40	78		56
270	Steve Gregg	U/A	MV45		156	
271	Lorraine Youds	U/A	L20	79		
272	Margaret Parker	U/A	LV50	80		57
273	Rachel Parkin	U/A	L	81		
274	Ros Dyde	Winston Runners	LV50	82		58
275	Naomi Grant	Sale Harriers	LV35	83		59
276	Paula Spray	U/A	MV40		157	
277	Adam Yuile	U/A	M			
278	Andrew Holmes	U/A	MV40		158	
279	Jill Peacock	Winston Runners	LV45	84		60
280	Dana Clark	U/A	LV40	85		61
281	Tracey Yarush	U/A	LV35	86		62
282	Debbie Myers	U/A	LV50	87		63
283	Mike McDonald	Bowland Fell Runners	MV65		159	
284	Jenny Thomas	U/A	LV45	88		64
285	Julie Savage	U/A	LV50	89		65
286	Jacqui Marley	U/A	LV45	90		66
287	David Hancock	Macclesfield Harriers	MV60		160	
288	Julie Leighton	U/A	LV40	91		67
289	Tracey Kilpatrick	U/A	LV45	92		68
290	William Hitchener	U/A	MV45		161	
291	George Leighton	U/A	MV45		162	
292	Brian Power	U/A	MV55		163	
293	Michelle Haigh	South Cheshire Harriers	L	93		

294	Tim Appleton	Weaverham Shadows	MV35		164	
295	Bernard Thompstone	Winston Runners	MV60		165	
296	Suzanne Rollaston	U/A	LV40	94		69
297	Caroline Partner	Basingstoke & Mid Hants AC	L	95		
298	Sarah George	Goyt Valley Striders	L	96		
299	Will Meredith	Goyt Valley Striders	MV35		166	
300	Wayne Oakes	U/A	MV40		167	
301	Wayne Francis	U/A	M			
302	Mary Jeal	Denbigh Harriers	LV45	97		70
303	Robyn Harrison	U/A	L20	98		
304	Andrei Ives - Keeler	U/A	M20			
305	Fiona Bogues	Macclesfield Harriers	LV45	99		71
306	Chas Reynolds	U/A	MV40		168	
307	Lois Buxton	Macclesfield Harriers	LV45	100		72
308	Martin Wheeldon	Wilmslow R C	MV55		169	
309	Mark Taylor	Staffs Moorlands AC	M20			
310	Ian Betteley	U/A	M			
311	Kathryn Jones	U/A	L	101		
312	David Taylor	Staffs Moorlands AC	MV50		170	
313	Daniel O'Brien	Cheshire Hash Harriers	MV45		171	
314	Alan Roberts	U/A	MV45		172	
315	Alison O'Brien	U/A	LV40	102		73
316	David Hayton	U/A	MV50		173	
317	Kirsten Wimbledon	U/A	L20	103		
318	Peter Wimbledon	U/A	MV60		174	
319	Matthew Bailey	U/A	M			
320	Trevor Savage	U/A	MV50		175	
321	Kate Foster	U/A	LV55	104		74

Cat pos	Time
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Langley 7 2008 Langley 7 2008 - Sat-1-Nov-2008

Pos.	No.	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos
1	216	Ian Grime	Newham & Essex Beagles	MV35		1		1
2	275	Damian Nicholls	Wilmslow RC	M				1
3	215	Malcolm Fowler	Wilmslow RC	MV45		2		1
4	260	Stuart Doyle	Vale Royal AC	MV35		3		2
5	199	Tim Taylor	Macclesfield Harriers	MV45		4		2
6	233	Ross Wilson	Macclesfield Harriers	MV35		5		3
7	206	Stephen McLean	Stockport Harriers	M				2
8	259	Jason Burgess	Staffordshire Moorlands AC	M				3
9	226	David Ardern	Goyt Valley Striders	MV45		6		3
10	174	Malcolm Johnson	Stockport Harriers	M				4
11	191	Kenneth Moss	Northern Vets AC	MV55		7		1
12	272	Andrew Skitt	Manchester Harriers	M				5
13	217	Trevor Davies	Oldham & Royton Harriers	MV35		8		4
14	200	Chris Bentley	Macclesfield Harriers	M				6
15	185	James Noakes	UA	MV40		9		1
16	227	Paul Light	Staffordshire Moorlands AC	MV50		10		1
17	225	Liam Bartlett	Manchester Harriers	M20				1
18	258	Andy Fitzpatrick	Manchester Harriers	MV50		11		2
19	284	Richard Baker	South Cheshire Harriers	M				7
20	294	James Pearce	Congleton Harriers	MV35		12		5
21	144	Simon Jackson	Congleton Harriers	MV45		13		4
22	212	Dave Gough	Vale Royal AC	MV45		14		5
23	175	Julian Brown	Macclesfield Harriers	MV40		15		2
24	255	Dave Owen	Staffordshire Moorlands AC	MV45		16		6
25	207	Ray Eagle	Wilmslow RC	MV50		17		3
26	243	Bill Heaton	Wilmslow RC	MV40		18		3
27	183	James Wood	Congleton Harriers	M				8
28	114	Darren Cottier	Vale Royal AC	MV35		19		6
29	248	Andrew John	UA	M				9
30	178	Bryan Lomas	Congleton Harriers	MV35		20		7
31	229	Steve Dempsey	Wilmslow RC	MV45		21		7
32	145	James Wheeler	UA	M				10
33	269	Mike Walker	Barnet & District	M				11
34	213	Brian Yates	UA	MV35		22		8
35	10	Steve Bacon	Congleton Harriers	MV40		23		4
36	85	Mel Cragg	UA	MV40		24		5
37	237	Mick Fairs	Wilmslow RC	MV60		25		1
38	157	Andrew Fletcher	UA	MV40		26		6
39	96	Mark Abbott	UA	MV45		27		8
40	180	Peter Newham	Congleton Harriers	MV35		28		9
41	273	Ian Smallwood	Wilmslow RC	MV45		29		9
42	108	Chris Moss	Congleton Harriers	MV35		30		10
43	218	John Todd	Vale Royal AC	MV45		31		10
44	282	Chris Bailey	Wrexham A C	M20				2
45	298	Tony Hulme	Wilmslow RC	MV50		32		4
46	235	Mark Bale	Wilmslow RC	M				12
47	201	Andy Larkin	UA	MV45		33		11

48	193	Barry Blyth	Macclesfield Harriers	MV60		34			2
49	271	Lee Barratt	Stockport Harriers	MV35		35			11
50	113	Steve Broadfoot	Northern Vets AC	MV45		36			12
51	290	Rob Gilbert	Wilmslow RC	MV40		37			7
52	135	Russell Huby	UA	MV40		38			8
53	263	Kristy Readman	Macclesfield Harriers	L	1				1
54	81	Angela Jordan	Stainland Lions RC	L	2				2
55	267	Kieran Delaney	UA	M					13
56	234	Mike Cooper	Wilmslow RC	MV45		39			13
57	77	Margaret Beever	Stainland Lions RC	L	3				3
58	38	Tim Evans	Congleton Harriers	MV40		40			9
59	219	Gemma Barnett	Vale Royal AC	L	4				4
60	118	Alex McCormick	Congleton Harriers	LV45	5		1		1
61	278	Charlie Rowlands	South Cheshire Harriers	MV35		41			12
62	154	Robert Atkin	UA	MV35		42			13
63	119	David Haines	Vale Royal AC	MV35		43			14
64	95	Hanny Stockman	Macclesfield Harriers	LV40	6		2		1
65	36	Andy Watts	Wilmslow RC	MV55		44			2
66	424	Mike Buckenham	Goyt Valley Striders	MV35		45			15
67	420	Mark Brakspeat	Saddleworth	MV50		46			5
68	153	Mark Tibbles	UA	M					14
69	422	Caroline Scholes	Horwich RMI	LV35	7		3		1
70	146	Anthony Derbyshire	Boalloy	MV35		47			16
71	20	Robert Olliver	Vale Royal AC	M					15
72	210	Catherine Carney	Belle Vue Racers	LV35	8		4		2
73	209	David Mellor	East Cheshire Harriers	MV55		48			3
74	60	Don Bullough	Wilmslow RC	MV50		49			6
75	173	Keith Mulholland	Macclesfield Harriers	MV40		50			10
76	110	Graham Stanton	Cheshire Tally Ho	MV50		51			7
77	19	Jason Fazekas	UA	M					16
78	101	Stephen Jones	UA	MV35		52			17
79	100	Stephen Hall	Staffordshire Moorlands AC	MV35		53			18
80	274	Gavin Mendham	Wilmslow RC	MV55		54			4
81	164	Geoff Gilbert	Wilmslow RC	MV55		55			5
82	160	Brain Tonks	North Staff RRA	MV50		56			8
83	155	Andrea Frost	Macclesfield Harriers	LV40	9		5		2
84	256	Gareth Trimble	Wilmslow RC	MV35		57			19
85	240	David Murphy	UA	M					17
86	287	Lee Wassilenko	UA	MV35		58			20
87	241	Krzysztof Wawrzenclak	UA	M					18
88	187	Matt Grove	Macclesfield Harriers	MV35		59			21
89	262	Mike Cutler	South Cheshire Harriers	MV50		60			9
90	70	Xavier Jacquell	UA	M					19
91	277	Robert Rowlands	South Cheshire Harriers	MV35		61			22
92	430	Graeme Burns	UA	MV40		62			11
93	79	John Clarke	Vale Royal AC	MV50		63			10
94	221	Glenn Costin	East Cheshire Harriers	MV35		64			23
95	49	Nicky Mowat	Wilmslow RC	LV50	10		6		1
96	182	James Kay	UA	M					20

97	99	Jeremy Austin	UA	MV40		65			12
98	133	Gregg Boughey	UA	M					21
99	431	Michael Brown	Stockport Harriers	MV35		66			24
100	104	Stephen Lindley	UA	MV35		67			25
101	140	Mark Hamer	UA	MV40		68			13
102	297	Tom Neill	UA	MV40		69			14
103	292	Andrew Lee	UA	M					22
104	61	David Walker	UA	MV40		70			15
105	202	Philip Shering	Macclesfield Harriers	MV40		71			16
106	295	Seaton Kennerley	Congleton Harriers	MV40		72			17
107	289	Catherine Voyce	Macclesfield Harriers	L	11				5
108	211	Gerald Carney	Belle Vue Racers	MV45		73			14
109	214	Sally Ann Pattison	Macclesfield Harriers	LV45	12		7		2
110	35	Chris Watts	Wilmslow RC	M					23
111	78	Gary Mitchell	UA	MV40		74			18
112	244	Kim McBride	UA	L20	13				1
113	293	Andrew Tiplady	UA	M					24
114	429	Robert Anderson	UA	MV45		75			15
115	73	Simon Lister	Lancs Constabulary S&S	MV35		76			26
116	421	Brian Mackey	Uttoxeter	MV60		77			3
117	90	Alan Coatsworth	UA	MV50		78			11
118	13	Ian Tasker	White City Hull RRC	MV35		79			27
119	68	Anna Reeves	Congleton Harriers	L	14				6
120	25	Debbie Hope	Staffordshire Moorlands AC	LV35	15		8		3
121	111	Ian Ashcroft	Wilmslow RC	MV60		80			4
122	22	Robert Wallis	UA	MV40		81			19
123	72	Penny Hinke	Wilmslow RC	LV45	16		9		3
124	423	Benjamin Hurst	Staffordshire Moorlands AC	M					25
125	266	Keith Holt	UA	M					26
126	2	Lee Grant	UA	MV40		82			20
127	238	Steve McCall	Manchester Harriers	MV45		83			16
128	208	Martin Rands	Macclesfield Harriers	MV45		84			17
129	16	David Guy	Goyt Valley Striders	MV35		85			28
130	250	Jeremy Branscombe	UA	MV45		86			18
131	426	Geoff Smith	UA	MV35		87			29
132	158	Steven Gould	UA	M					27
133	276	Richard Pankhurst	Macclesfield Harriers	MV35		88			30
134	139	Louise Wild	UA	LV35	17		10		4
135	231	Barry Ilott	UA	MV40		89			21
136	427	Cherry Collison	Lostock A C	LV35	18		11		5
137	186	Rachel Calver	Macclesfield Harriers	LV35	19		12		6
138	122	Eleanor Robinson	Ripley Running Club	LV60	20		13		1
139	198	Alan Jones	B S Deestridders	MV35		90			31
140	176	Jo Miles	Macclesfield Harriers	LV45	21		14		4
141	162	Andrew Vincent	UA	MV40		91			22
142	239	Gerry Rogers	Styal R C	MV50		92			12
143	89	Sandre Lewis	Altrincham	L	22				7
144	46	Des Miles	UA	MV40		93			23
145	167	Robert Robertson	UA	MV45		94			19

146	300	Paul Clarke	UA	MV45		95		20
147	156	Catriona Marshall	Wilmslow RC	LV40	23		15	3
148	67	Martin Bell	UA	M				28
149	425	Mark Ferns	Sale Harriers MCR	MV45		96		21
150	296	Cliff Thomas	UA	MV60		97		5
151	134	Peter Smith	Littlewoods R C	MV50		98		13
152	26	Jonathan Tatton	UA	MV40		99		24
153	189	Tom Rogers	West Bromwich Harriers	MV40		100		25
154	190	Katy Perreault	Manchester Tri Club	L	24			8
155	41	Simon Parker	UA	M				29
156	232	Alan Jenkinson	Styal R C	MV60		101		6
157	253	Harold Pinkney	Congleton Harriers	MV55		102		6
158	92	Craig Steele	UA	MV40		103		26
159	105	Tracy Potts	Goyt Valley Striders	LV35	25		16	7
160	150	John Whitehead	UA	MV50		104		14
161	171	Philomena Smith	Goyt Valley Striders	LV40	26		17	4
162	281	Craig Partridge	Altrincham	MV40		105		27
163	37	Gayle Evans	Congleton Harriers	LV35	27		18	8
164	87	Graham Furniss	Liverpool Harriers	MV45		106		22
165	181	Judith Newham	Congleton Harriers	LV35	28		19	9
166	17	Harry Stubbs	Congleton Harriers	MV60		107		7
167	117	Jackie Kilding	UA	LV45	29		20	5
168	170	Dianne Donnelly	UA	LV40	30		21	5
169	30	Sophie Calder	UA	LV40	31		22	6
170	283	Robert Tonkinson	UA	MV35		108		32
171	165	Louisa Gilbert	Wilmslow RC	L	32			9
172	12	Fiona Wilson	UA	LV45	33		23	6
173	265	Brad Machin	Blythe Bridge R C	M				30
174	203	Roy Pownall	Wilmslow RC	MV60		109		8
175	15	Robert Collins	UA	MV45		110		23
176	223	Peter Vince	UA	MV40		111		28
177	7	Billy Watkinson	UA	MV35		112		33
178	224	Elin Karlsson	UA	L	34			10
179	268	Jimmy Reilly	UA	M				31
180	130	Paul Hunt	Goyt Valley Striders	MV40		113		29
181	86	Joanne Foster	Macclesfield Harriers	LV40	35		24	7
182	84	Helen Mann	UA	L	36			11
183	27	Andrew Holmes	UA	MV35		114		34
184	125	Rosemary Britton	Ashbourne R C	LV55	37		25	1
185	285	Iona Cummings	Macclesfield Harriers	M20				3
186	286	Daniel Harle	Macclesfield Harriers	M				32
187	270	Jenny Kinnaird	Stockport Harriers	LV35	38		26	10
188	137	Peter Watson	Wilmslow RC	MV65		115		1
189	245	Don Gibbs	UA	MV40		116		30
190	288	Richard Holloway	UA	MV35		117		35
191	195	Matt Milner	UA	MV40		118		31
192	299	Mark Brennan	UA	MV50		119		15
193	42	David Hancock	Macclesfield Harriers	MV60		120		9
194	48	David Gaston	UA	MV50		121		16

195	47	Sarah Waite	Wilmslow RC	L	39			12
196	120	Paul Clutterbuck	Vale Royal AC	MV40		122		32
197	82	Amanda Bradbury	Wilmslow RC	L	40			13
198	228	Trevor Faulkner	Wilmslow RC	MV65		123		2
199	184	Ann Lomas	Congleton Harriers	LV40	41		27	8
200	192	Paula Kennerley	Congleton Harriers	LV35	42		28	11
201	116	Robert Page	UA	MV50		124		17
202	43	Tim Johnson	UA	MV40		125		33
203	428	Jane Hodgkinson	Macclesfield Harriers	L	43			14
204	44	Alison Scott	UA	LV40	44		29	9
205	169	David Stewart	UA	MV40		126		34
206	242	Rod Coombs	Wilmslow RC	MV55		127		7
207	39	David Lee	UA	MV45		128		24
208	14	Simon Cartledge	UA	MV40		129		35
209	65	Vicky Probyn	UA	LV40	45		30	10
210	246	Sarah Heavey	UA	LV35	46		31	12
211	247	Mark Barrett	UA	MV45		130		25
212	128	Stephen Bradshaw	Vale Royal AC	MV40		131		36
213	147	Kate Hollins	Boalloy	LV35	47		32	13
214	63	Paul Calnan	UA	MV50		132		18
215	172	Karl Smith	Goyt Valley Striders	MV40		133		37
216	34	Andy Wolstenholme	UA	MV40		134		38
217	252	Judy Grant	UA	LV50	48		33	2
218	123	Dianne Lapworth	UA	LV55	49		34	2
219	11	Miranda Miesner	Macclesfield Harriers	LV35	50		35	14
220	163	Glyn Evans	Vale Royal AC	MV45		135		26
221	230	Dawn Nelson	UA	LV35	51		36	15
222	179	Tracy Vernon	Goyt Valley Striders	LV45	52		37	7
223	236	Tony Brady	Manchester Harriers	MV60		136		10
224	291	David James	UA	MV40		137		39
225	264	Barry Knapper	Blythe Bridge R C	MV45		138		27
226	131	Moira Hunt	Goyt Valley Striders	LV50	53		38	3
227	141	Charlotte Godfrey	Wilmslow RC	LV50	54		39	4
228	251	Ros Dyde	Winston Runners	LV50	55		40	5
229	126	Elizabeth Hollier	UA	LV45	56		41	8
230	121	Damian Lee	UA	MV35		139		36
231	142	Robert Gordon	UA	MV45		140		28
232	188	Bill Mould	Staffordshire Moorlands AC	MV60		141		11
233	194	Louise Finney	Biddulph RC	L	57			15
234	197	Catherine Ellis	UA	LV50	58		42	6
235	159	Phil Gaskell	Macclesfield Harriers	MV50		142		19
236	257	Nina Birch	Wilmslow RC	L	59			16
237	62	Susannah Middleton	Macclesfield Harriers	LV35	60		43	16
238	83	Ann Durrant	Macclesfield Harriers	LV45	61		44	9
239	196	Liz Stillo	Goyt Valley Striders	LV50	62		45	7
240	136	Janet Kelsall	UA	LV50	63		46	8
241	29	Jennifer Thomas	UA	LV45	64		47	10
242	204	Shirley Campbell	UA	LV50	65		48	9
243	261	Natalie Higate	Boalloy	LV40	66		49	11

244	64	Caroline Partner	Congleton Harriers	L	67			17
245	222	Daniel Kirschen	UA	MV50		143		20
246	40	Margaret Parker	UA	LV45	68		50	11
247	254	Bernard Thompstone	Winston Runners	MV60		144		12
248	143	Martin Firna	South Cheshire Harriers	MV55		145		8
249	127	Rachel Edge	UA	L	69			18
250	161	Helen Clark	UA	LV40	70		51	12
251	279	Gill James	UA	LV40	71		52	13
252	280	Jacqui Heppell	Macclesfield Harriers	LV45	72		53	12
253	102	Rachel Spearing	Macclesfield Harriers	LV40	73		54	14
254	23	Rachel Davies	UA	LV60	74		55	2
255	152	David More O'Ferrall	UA	MV40		146		40
256	220	Bryan Pycroft	FRA	MV70		147		1
257	107	Fiona Bogues	Macclesfield Harriers	LV40	75		56	15
258	93	Kamal Basran	Wilmslow RC	LV55	76		57	3
259	1	Lois Buxton	Macclesfield Harriers	LV40	77		58	16
260	249	Ann Robinson	Winston Runners	LV35	78		59	17
261	205	Ian Price	UA	M				33
262	124	David Taylor	Staffordshire Moorlands AC	MV50		148		21
263	138	Savitri McAsey	Macclesfield Harriers	MV50		149		22
264	76	Gordon Meek	UA	MV50		150		23
265	97	Hilary Shipley	UA	LV40	79		60	17
266	80	Kate Foster	UA	LV55	80		61	4
267	5	Samantha Bailey	UA	LV35	81		62	18
268	115	Kathy Ling	Wrekin R R	LV65	82		63	1

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Langley 7 Langley - Sat-3-Nov-2007

Pos.	No.	Name	Club	Category	L Pos.
1	150	Adam Elliot	Sale Harriers	M	
2	173	Damien Nicholls	Wilmslow RC	M	
3	121	Michael Halman	Wilmslow RC	M	
4	135	Malcolm Fowler	Wilmslow RC	MV40	
5	122	Bradley Murphy	Manchester Tri Club	M	
6	96	Matt Cullen	St Helens Sutton AC	M	
7	155	Tom McGaff	Wilmslow RC	MV50	
8	29	Kenneth Moss	Northern Vets	MV55	
9	87	Bernie Jones	Vale Royal AC	MV45	
10	226	Joe Chambers	Stockport Harriers	M	
11	98	Andy Fitzpatrick	Manchester Harriers	MV50	
12	111	Paul Light	Staffordshire Moorlands AC	MV45	
13	188	Jim Pendrill	Wilmslow RC	MV35	
14	1	Trevor Morris	Wilmslow RC	MV45	
15	191	Adrian Fuller	Altrincham	M	
16	95	David Andrew Owen	Staffordshire Moorlands AC	MV45	
17	67	Julian Brown	Macclesfield Harriers	MV40	
18	106	Michael Harrington	Vale Royal AC	MV35	
19	167	Chris Bentley	Macclesfield Harriers	M	
20	170	James Pearce	Congleton Harriers	MV35	
21	119	Andrew John Skitt	Manchester Harriers	M	
22	241	Neil Walker	Altrincham	M	
23	127	David Lay	U/A	MV40	
24	59	Ryan Holroyd	Staffordshire Moorlands AC	M20	
25	78	Tim Stock	Macclesfield Harriers	MV45	
26	201	David Livingstone	Altrincham	MV35	
27	161	James Wood	Congleton Harriers	M	
28	73	Anne Farmer	Macclesfield Harriers	L	1
29	227	Jon Robinson	Goyt Valley Striders	M	
30	246	Jonathan Bradshaw	Macclesfield Harriers	MV35	
31	61	Graham Clews	U/A	MV35	
32	197	John Todd	Vale Royal AC	MV45	
33	52	Malcolm Johnson	U/A	M	
34	156	Andrew Fletcher	U/A	MV35	
35	194	Ian Smallwood	Wilmslow RC	MV40	
36	185	Richard Watts	U/A	MV50	
37	89	Ray Sagle	Wilmslow RC	MV50	
38	6	Andrew Aldridge	Cambridge & Coleridge AC	M	
39	102	John Halliwell	Manchester Harriers	MV40	
40	168	Chris Holden	Macclesfield Harriers	M	
41	115	Andy Butler	Goyt Valley Striders	MV50	
42	140	Mick Fairs	Wilmslow RC	MV55	
43	138	Peter Carne	Wilmslow RC	MV45	
44	152	Richard Thomas	Macclesfield Harriers	MV45	
45	164	Steve Broadfoot	Northern Vets	MV45	
46	133	Alex McCormick	Congleton Harriers	MV40	
47	165	Jon Peach	U/A	MV40	
48	202	Kristy Readman	U/A	L	2
49	97	Mike Cooper	Wilmslow RC	MV40	
50	232	Mark Bale	Wilmslow RC	M	
51	198	Gemma Todd	Vale Royal AC	L	3
52	118	Andy Watts	Wilmslow RC	MV55	
53	245	Jonathan Hull	Goyt Valley Striders	MV35	
54	116	Tim Lowe	U/A	M20	

55	157 Brian Bailey	Macclesfield Harriers	MV35	
56	200 Gavin Mendham	Wilmslow RC	MV55	
57	104 Glyn Evans	Vale Royal AC	MV45	
58	174 Shaun Jackson	U/A	MV35	
59	56 Robert Olliver	U/A	M	
60	236 Lee Wassilenko	U/A	MV35	
61	114 Gareth Edwards	Wilmslow RC	MV35	
62	63 Kate Sutton	Wilmslow RC	LV45	4
63	160 Tim Walton	U/A	MV35	
64	72 Hanny Stockman	Macclesfield Harriers	LV40	5
65	190 Sally Giliver	Wilmslow RC	LV45	6
66	17 Geoff Gilbert	Wilmslow RC	MV55	
67	222 Warren Bowden	Sale Harriers	MV40	
68	207 Andrew Lee	U/A	M	
69	43 Neil Bailey	Hinckley RC	MV45	
70	20 Richard Yorke	U/A	M	
71	107 Peter Hamer	U/A	MV35	
72	231 Don Bullough	Wilmslow RC	MV50	
73	178 Mark Mills	U/A	MV40	
74	83 Stephen Hall	Staffordshire Moorlands AC	MV35	
75	7 Charlie Rowlands	South Cheshire Harriers	MV35	
76	113 Lance Taylor	Wilmslow RC	MV45	
77	123 Robin Britton	Staffordshire Moorlands AC	MV55	
78	120 Sally Maddock	Wilmslow RC	L	7
79	166 Sve Kool	Wilmslow RC	L	8
80	85 David Phillips	Royton Road Runners	MV60	
81	27 Andy Roberts	Belle Vue Racers	MV40	
82	105 Barry Swindells	Northern Vets	MV65	
83	33 Andrew Davison	Stockport Harriers	MV45	
84	49 Paul Wright	Manchester Tri Club	MV45	
85	159 Tony Hulme	Wilmslow RC	MV60	
86	110 Ross Wilson	Macclesfield Harriers	MV35	
87	230 Nicky Mewdt	Wilmslow RC	LV45	9
88	57 Michael Horton	Boalloy RC	MV60	
89	40 Philip Howarth	U/A	MV50	
90	141 Kevin Day	Goyt Valley Striders	MV40	
91	149 Robert Wilson	U/A	MV45	
92	65 Debbie Hill	Congleton Harriers	LV45	10
93	219 Graeme Burns	U/A	MV40	
94	176 Louise Wild	U/A	LV35	11
95	99 Gareth Trimble	Wilmslow RC	MV35	
96	204 Natalie Abbott	U/A	LV45	12
97	100 Sam Scott	St Helens Sutton AC	M	
98	101 Philip D'Netto	U/A	MV35	
99	224 Matt Grove	Macclesfield Harriers	MV35	
100	193 David Owens	U/A	M	
101	212 Christine Chapman	Macclesfield Harriers	LV35	13
102	117 Tim Hargreaves	Stockport Harriers	MV50	
103	74 Gill May Armstrong	Congleton Harriers	LV35	14
104	54 Robert Rowlands	U/A	MV35	
105	90 Rob Parkin	Congleton Harriers	MV35	
106	228 John Polierly	Wilmslow RC	MV50	
107	129 Richard Benson	Congleton Harriers	MV55	
108	177 Martin Gallowby	U/A	M	
109	147 Paul Watson	U/A	MV45	
110	35 Malcolm Jackson	Congleton Harriers	MV40	

111	183	Ciaran Dunne	U/A	MV35	
112	38	Phill Marley	Macclesfield Harriers	MV40	
113	187	Mark Ferns	Sale Harriers	MV45	
114	108	Sally Price	Wilmslow RC	L	15
115	58	Kevin Holroyd	Staffordshire Moorlands AC	MV45	
116	144	Pete Doyle	Congleton Harriers	MV45	
117	162	Penny Hinke	Wilmslow RC	LV45	16
118	132	Richard Phillips	U/A	MV40	
119	68	Jo Miles	Macclesfield Harriers	LV45	17
120	169	Roger John Coleman	U/A	MV45	
121	208	Andy Tiplady	U/A	M	
122	235	Dave Walker	Macclesfield Harriers	MV50	
123	91	Sandra Lewis	Altrincham	L	18
124	148	Sarah Kemp	U/A	LV40	19
125	175	Craig Partridge	U/A	MV35	
126	225	Estelle Migmir	Stockport Harriers	LV35	20
127	77	George Leighton	U/A	MV40	
128	136	Sally Ann Pattison	Macclesfield Harriers	LV45	21
129	92	Chris Buck	U/A	MV40	
130	26	Nicholas Girriths	U/A	MV40	
131	247	Jeremy Branslombe	U/A	MV40	
132	221	Richard Pankhurst	Macclesfield Harriers	MV35	
133	220	Richard Hardiman	U/A	MV35	
134	24	Jill Colbert	St Helens Sutton AC	LV35	22
135	51	Stephen Sanders	Goyt Valley Striders	MV50	
136	109	David Forster	Congleton Harriers	MV45	
137	62	John Gordon	Staffordshire Moorlands AC	MV40	
138	154	Peter Davis	Goyt Valley Striders	MV40	
139	243	Sean Barry	Wilmslow RC	MV35	
140	3	Matt Ekman	U/A	MV35	
141	134	Jackie Kilding	U/A	LV40	23
142	14	Owen Ashcroft	Wilmslow RC	M	
143	82	Peter Watson	Wilmslow RC	MV65	
144	12	Des Miles	U/A	MV40	
145	186	David Taylor	Congleton Harriers	MV55	
146	216	Robert Davies	Congleton Harriers	M	
147	238	Mike Cutler	South Cheshire Harriers	MV50	
148	234	Cliff Lomas	U/A	MV60	
149	126	David Gaston	U/A	MV45	
150	146	Paul Hunt	Goyt Valley Striders	MV40	
151	196	Philomena Smith	Goyt Valley Striders	LV40	24
152	158	Tony Smith	Congleton Harriers	MV50	
153	192	Anthony Lowndes	U/A	M	
154	214	Jayne Lawton	Stockport Harriers	LV35	25
155	137	Rod Coombs	Wilmslow RC	MV55	
156	76	William Hitchener	U/A	MV45	
157	79	Joshua Thornborrow	U/A	M	
158	153	Peter Hill	Goyt Valley Striders	MV50	
159	213	Judith Newham	Congleton Harriers	LV35	26
160	215	Ann Lipton	Congleton Harriers	LV35	27
161	143	Derek Dalis	Congleton Harriers	MV60	
162	46	David Sinnott	Saddleworth RC	MV55	
163	189	Mark Whelan	Goyt Valley Striders	MV40	
164	131	Roy Pownall	Wilmslow RC	MV55	
165	125	John Pike	U/A	MV45	
166	19	Charlie Seddon	Macclesfield Harriers	MV50	

167	199 Paul Clutterbuck	Vale Royal AC	M	
168	151 Gary McGlone	U/A	MV45	
169	16 Louisa Gilbert	Wilmslow RC	L	28
170	223 Rachel Calar	Macclesfield Harriers	L	29
171	88 Trevor Faulkner	Wilmslow RC	MV65	
172	142 Judith Ceuppews	Congleton Harriers	LV45	30
173	13 Tim Johnson	U/A	MV40	
174	2 Miranda Miesner	Macclesfield Harriers	L	31
175	240 Ian Sparks	Macclesfield Harriers	MV45	
176	218 Peter Ling	U/A	MV40	
177	145 Natalie Higate	Boalloy RC	LV40	32
178	203 Laurence Hobday	U/A	MV50	
179	21 Beth Warren	Macclesfield Harriers	L20	33
180	94 Maria Owen	Staffordshire Moorlands AC	LV40	34
181	60 Helen Macleod	Macclesfield Harriers	LV35	35
182	22 Linda Warren	Macclesfield Harriers	LV35	36
183	124 Rosemary Britton	U/A	LV55	37
184	217 Liz Beesley	U/A	L	38
185	80 Tessa Whiskard	U/A	L	39
186	50 Cynthia Chapman	Macclesfield Harriers	LV60	40
187	18 Tricia Ironside	Vale Royal AC	LV35	41
188	55 Clare Power	Macclesfield Harriers	LV35	42
189	181 Jonathan Salom	U/A	MV40	
190	182 John Simons	U/A	MV40	
191	103 Tony Brady	Manchester Harriers	MV60	
192	239 Colin Cohen	Stockport Primary Care Trust	MV50	
193	139 Mark Brennen	U/A	MV45	
194	30 Matthew Cheetham	U/A	MV45	
195	25 Jenny Clink	Sale Harriers	L	43
196	195 Karl Smith	Goyt Valley Striders	MV40	
197	163 Daniel Kirschen	U/A	MV50	
198	210 Elizabeth Lynan	Penny Lane Striders	L	44
199	211 Tony Man	Penny Lane Striders	MV35	
200	128 Simon Gartledge	Fell Ponies	MV35	
201	112 Mark Mothershaw	Macclesfield Harriers	MV40	
202	11 P Griffith	U/A	MV35	
203	44 Louise Oliver	Hinckley RC	LV45	45
204	172 James Ashton	U/A	MV35	
205	206 Elaine DeFries	U/A	LV40	46
206	84 Julia Norman	U/A	LV40	47
207	37 Donna Siberry	U/A	L	48
208	93 Maxine Buck	U/A	LV35	49
209	244 Bill Mould	Staffordshire Moorlands AC	MV55	
210	171 Clare Wilson	Dub Runners	L	50
211	4 Jennifer Tatler	Macclesfield Harriers	L	51
212	81 Robert Nixon	U/A	MV35	
213	233 Elizabeth Hamer-Davies	Winston Runners	LV40	52
214	229 Julie Crawley	Winston Runners	LV35	53
215	205 Alison Deykin	U/A	LV35	54
216	248 Louise Bates	U/A	LV40	55
217	237 John Ray Latham	South Cheshire Harriers	MV55	
218	242 Jenny Mamas	U/A	LV45	56
219	5 John Noakes	U/A	MV65	
220	75 Julie Leighton	U/A	LV35	57
221	39 Jacqui Heppell	Macclesfield Harriers	LV40	58
222	34 Margaret Fox	Congleton Harriers	LV70	59

223	180 Brian Power	U/A	MV55	
224	209 Marie Fletcher	U/A	L	60
225	130 Shirley Cambell	U/A	LV50	61
226	41 Kathryn Roberts	U/A	LV40	62
227	8 Caroline Partner	Congleton Harriers	L	63
228	45 Katie Reid	U/A	LV35	64
229	86 Rachel Davies	U/A	LV60	65
230	179 Gill Power	U/A	LV50	66
231	47 Jane Stephens	Macclesfield Harriers	LV40	67
232	48 Gordon Meek	U/A	MV50	
233	53 Kate Foster	U/A	LV50	68
234	184 Rachel Alinson	Macclesfield Harriers	LV35	69

MV Pos.	LV Pos.	Cat pos	Time
		1	37:36
		2	37:55
		3	39:27
	1	1	40:13
		4	40:33
		5	40:52
	2	1	41:13
	3	1	41:19
	4	1	41:38
		6	41:41
	5	2	41:43
	6	2	41:45
	7	1	41:59
	8	3	42:16
		7	42:23
	9	4	42:44
	10	2	42:48
	11	2	43:10
		8	43:19
	12	3	43:29
		9	43:30
		10	44:02
	13	3	44:04
		1	44:05
	14	5	44:07
	15	4	44:24
		11	44:28
		1	44:31
		12	44:40
	16	5	45:17
	17	6	45:24
	18	6	45:29
		13	45:37
	19	7	45:38
	20	4	45:39
	21	3	45:45
	22	4	45:56
		14	45:58
	23	5	46:18
		15	46:42
	24	5	46:42
	25	2	46:50
	26	7	47:03
	27	8	47:09
	28	9	47:12
	29	6	47:29
	30	7	47:39
		2	47:47
	31	8	47:56
		16	48:01
		3	48:03
	32	3	48:14
	33	8	48:21
		2	48:28

34		9	48:32
35		4	48:34
36		10	48:35
37		10	48:42
		17	48:48
38		11	48:53
39		12	49:05
	1	1	49:05
40		13	49:14
	2	1	49:26
	3	2	49:27
41		5	49:36
42		9	49:57
		18	50:05
43		11	50:09
		19	50:15
44		14	50:24
45		6	50:28
46		10	50:30
47		15	50:39
48		16	50:45
49		12	50:48
50		6	50:52
		4	50:55
		5	50:55
51		1	51:02
52		11	51:08
53		1	51:09
54		13	51:11
55		14	51:12
56		2	51:17
57		17	51:20
	4	3	51:24
58		3	51:37
59		7	51:38
60		12	51:44
61		15	51:50
	5	4	51:53
62		13	51:54
	6	1	52:04
63		18	52:20
	7	5	52:28
		20	52:29
64		19	52:32
65		20	52:47
		21	52:58
	8	2	53:18
66		8	53:21
	9	3	53:27
67		21	53:29
68		22	53:38
69		9	53:41
70		7	53:44
		22	53:44
71		16	53:48
72		14	53:56

73		23	53:59
74		15	54:07
75		17	54:10
		6	54:11
76		18	54:31
77		19	54:33
	10	6	54:34
78		16	54:35
	11	7	54:38
79		20	54:46
		23	54:48
80		10	54:53
		7	55:00
	12	2	55:05
81		24	55:06
	13	4	55:11
82		17	55:14
	14	8	55:15
83		18	55:17
84		19	55:26
85		20	55:34
86		25	55:36
87		26	55:39
	15	5	55:41
88		11	55:52
89		21	55:53
90		21	55:54
91		22	55:59
92		27	56:12
93		28	56:13
	16	3	56:16
		24	56:23
94		2	56:29
95		23	56:31
96		8	56:36
		25	56:37
97		12	56:57
98		4	56:59
99		22	57:07
100		24	57:09
	17	4	57:12
101		13	57:19
		26	57:32
	18	6	57:41
102		9	57:43
103		23	57:46
		27	57:50
104		14	57:52
	19	7	58:02
	20	8	58:02
105		5	58:02
106		10	58:25
107		25	58:29
108		11	58:34
109		24	58:45
110		15	58:50

		28	58:54
111		25	58:59
		8	59:06
		9	59:11
112		3	59:29
	21	9	59:29
113		26	59:39
		10	59:42
114		26	59:49
115		27	59:56
	22	5	59:58
116		16	1:00:00
		1	1:00:07
	23	6	1:00:08
	24	9	1:00:20
	25	10	1:00:22
	26	1	1:00:25
		11	1:00:26
		12	1:00:48
	27	1	1:00:48
	28	11	1:00:58
	29	12	1:00:59
117		28	1:01:15
118		29	1:01:16
119		6	1:01:35
120		17	1:01:45
121		27	1:01:48
122		28	1:01:48
		13	1:02:07
123		30	1:02:20
124		18	1:02:46
		14	1:03:23
125		29	1:03:24
126		30	1:03:36
127		31	1:03:52
128		31	1:03:55
	30	10	1:04:00
129		32	1:04:16
	31	7	1:04:16
	32	8	1:04:44
		15	1:04:44
	33	13	1:05:15
130		12	1:05:21
		16	1:05:23
		17	1:05:29
131		33	1:05:56
	34	9	1:06:02
	35	14	1:06:02
	36	15	1:06:14
	37	10	1:06:16
132		13	1:06:45
	38	11	1:06:46
133		4	1:06:57
	39	16	1:06:59
	40	11	1:06:59
	41	1	1:07:12

134		14	1:08:19
		18	1:08:49
	42	1	1:08:52
	43	12	1:09:10
		19	1:09:16
	44	17	1:10:29
	45	2	1:12:46
	46	2	1:12:56
	47	13	1:12:57
135		19	1:12:59
	48	3	1:17:00
	49	18	1:24:53

Langley 7 Langley - Sat-4-Nov-2006

Pos.	No.	Name	Club	Category	L Pos.	MV Pos.	LV Pos.	Cat pos
1	133	Michael Halman	Wilmslow RC	M				1
2	170	Damian Nicholls	Wilmslow RC	M				2
3	169	Martin Armstrong	Sunderland Harriers	MV40			1	1
4	179	Malcom Fowler	Wilmslow RC	MV40			2	2
5	113	Tim Pattison	Macclesfield Harriers	M20				1
6	188	Stuart Doyle	Vale Royal	M				3
7	171	Jim Pendrill	Wilmslow RC	M				4
8	151	Andrew Bradley	Macclesfield Harriers	M				5
9	138	Andrew Skitt	Manchester Harriers	M				6
10	148	Tim Taylor	Macclesfield Harriers	MV40			3	3
11	201	Paul Targett	Clayton Le Moors	MV40			4	4
12	228	Jonathon Bradshaw	Macclesfield Harriers	M				7
13	131	John Walker	Staffordshire Moorlands	MV45			5	1
14	173	Graham Tailor	Wilmslow RC	M				8
15	105	Nick Burke	Altrincham	M				9
16	65	Ray Eagle	Wilmslow RC	MV50			6	1
17	155	Steve Bacon	Congleton Harriers	M				10
18	123	Adrian Fuller	Altrincham	M				11
19	160	Paul Light	Staffordshire Moorlands	MV45			7	2
20	194	Tim Stock	Macclesfield Harriers	MV40			8	5
21	73	Simon Jackson	Congleton Harriers	MV40			9	6
22	175	David Peach	Dauam Runners	MV40			10	7
23	218	Peter Newham	Congleton Harriers	M				12
24	176	Nick Peach	Sale Harriers	MV45			11	3
25	190	Paul Frodsham	U/A	MV45			12	4
26	206	Lee Wassilenko	U/A	M				13
27	124	John Halliwell	Manchester Harriers	MV40			13	8
28	122	David Livingstone	Altrincham	M				14
29	121	Mick Fairs	Wilmslow RC	MV55			14	1
30	89	Ian Smallwood	Wilmslow RC	MV40			15	9
31	189	Ian Wedge	West Cheshire	M				15
32	33	Pete Nield	Macclesfield Harriers	M				16
33	120	Mike Cooper	Wilmslow RC	MV40			16	10
34	125	David Mellor	East Cheshire Harriers	MV55			17	2
35	11	Jane Clarke	Wilmslow RC	LV35	1		1	1
36	208	Jon Falkner	Macclesfield Harriers	MV40			18	11
37	172	Peter Carne	Wilmslow RC	MV40			19	12
38	34	Mel Cragg	U/A	MV40			20	13
39	154	Andrew Fletcher	U/A	MV45			21	5
40	195	Rachel Lawrence	Macclesfield Harriers	L	2			1
41	150	Mark Messenger	Macclesfield Harriers	MV40			22	14
42	53	Andy Butler	Goyt Valley Striders	MV45			23	6
43	97	Chris Weeks	Macclesfield Harriers	M				17
44	197	Gavin Mendham	Wilmslow RC	MV55			24	3
45	130	Liam Bartlett	Manchester Harriers	M20				2
46	207	Jason Hikin	U/A	M				18
47	145	Andrew Thurlow	Macclesfield Harriers	M				19
48	56	Robert Olliver	U/A	M				20
49	99	Nigel Lee	Newcastle (staffs)	MV50			25	2
50	196	Kristy Readman	U/A	L	3			2
51	95	Kevin Day	Goyt Valley Striders	MV40			26	15
52	62	Charlie Rowlands	South Cheshire Harriers	M				21
53	67	Neil Gunn	U/A	MV45			27	7

54	135	Tim Walton	U/A	M				22
55	59	Andrew Lee	U/A	M				23
56	55	Mike Walker	U/A	M				24
57	156	Brian Bailey	BAE Woodford RC	M				25
58	182	David Ceuppens	Boalloy	M				26
59	216	Alan Webster	Macclesfield Harriers	MV45		28		8
60	52	Paul Ayres	Wilmslow RC	MV50		29		3
61	4	Clive Booth	U/A	M				27
62	198	Robert Wilson	U/A	MV45		30		9
63	24	Ronald Warrender	Road Runners Club	MV45		31		10
64	174	Guy Aatrse-Tuyn	Boalloy	MV40		32		16
65	204	Tom Neill	U/A	MV40		33		17
66	213	Catherine Brown	Macclesfield Harriers	L	4			3
67	224	Neil Goodman	Macclesfield Harriers	MV45		34		11
68	37	Richard Benson	Congleton Harriers	MV50		35		4
69	166	Ian Scott	U/A	MV45		36		12
70	178	Sean Barry	Wilmslow RC	M				28
71	153	Nicky Howat	Wilmslow RC	LV45	5		2	1
72	1	Mark Ferns	Sale Harriers	MV45		37		13
73	139	Andy Burgon	Macclesfield Harriers	MV45		38		14
74	66	Kate Sutton	Wilmslow RC	LV40	6		3	1
75	6	Graeme Burns	U/A	M				29
76	199	Carl Stoneley	U/A	MV40		39		18
77	221	Pete Doyle	Congleton Harriers	MV45		40		15
78	72	Paul Wright	U/A	MV40		41		19
79	88	John Perez	U/A	M				30
80	43	Ian Ashcroft	Wilmslow RC	MV60		42		1
81	227	Andrew Harcourt	Stockport Harriers	M				31
82	205	Natalie Abbott	U/A	LV45	7		4	2
83	112	Sally Ann Pattison	Macclesfield Harriers	LV45	8		5	3
84	69	Richard Pankhurst	U/A	M				32
85	100	Martin Platt	Macclesfield Harriers	MV50		43		5
86	134	J Hancock	Macclesfield Harriers	MV40		44		20
87	51	Don Green	East Cheshire Harriers	MV55		45		4
88	143	Debbie Hill	Congleton Harriers	LV45	9		6	4
89	223	Seaton Kennerley	Congleton Harriers	M				33
90	187	Matt Owen	U/A	M				34
91	61	Sandre Jackson	Congleton Harriers	LV45	10		7	5
92	210	Martin Mallett	Macclesfield Harriers	M				35
93	63	Andy Roberts	Belle Vue Racers	MV40		46		21
94	25	Stephen Jones	Road Runners Club	MV45		47		16
95	35	Philip Howarth	U/A	MV50		48		6
96	225	John Anderson	U/A	MV40		49		22
97	128	Paul Watson	FRA	MV45		50		17
98	60	Malcolm Jackson	Congleton Harriers	MV40		51		23
99	146	Brian James West	U/A	MV40		52		24
100	106	Nel Moore	Congleton Harriers	LV40	11		8	2
101	117	M Tavemer	Vale Royal	MV40		53		25
102	127	Steve McCall	Manchester Harriers	MV45		54		18
103	165	M Godfrey	Pensby Runners	MV55		55		5
104	41	Gary Mitchell	U/A	M				36
105	71	Harry Stubbs	Congleton Harriers	MV55		56		6
106	177	Gilian Armstrong	Congleton Harriers	LV35	12		9	2
107	111	Ken Clewlow	U/A	MV50		57		7
108	90	Don Bullough	Wilmslow RC	MV45		58		19
109	136	Andrew Brier	U/A	M				37

110	183	Mary Ceuppens	Boalloy	L	13			4
111	209	Robert Rowlands	U/A	M				38
112	44	Jason Bostock	U/A	M				39
113	5	Janet Booth	U/A	LV40	14		10	3
114	137	Joe Hyde	U/A	MV40		59		26
115	212	Julie Newham	Congleton Harriers	LV35	15		11	3
116	54	Ian Sparks	U/A	MV45		60		20
117	93	John Gordon	Staffordshire Moorlands	M				40
118	26	John Porteous	Wilmslow RC	MV50		61		8
119	180	Denen Dale	Congleton Harriers	MV60		62		2
120	40	David Gaston	U/A	MV45		63		21
121	144	Roy Pownall	Wilmslow RC	MV55		64		7
122	28	Jill Colbert	Women's Running Network	LV35	16		12	4
123	81	Simon Newton	U/A	M				41
124	116	Jo Molyneaux	Vale Royal	LV45	17		13	6
125	10	Des Miles	U/A	MV40		65		27
126	104	Peter Watson	Wilmslow RC	MV60		66		3
127	74	Kirsten Mundt	U/A	LV35	18		14	5
128	94	Charlie Seddon	Macclesfield Harriers	MV50		67		9
129	220	Bernard Gallagher	U/A	MV45		68		22
130	118	Chris Knapton	Altrincham	MV45		69		23
131	20	Stephen Booth	Macclesfield Harriers	MV45		70		24
132	141	Chris Stillo	Goyt Valley Striders	MV50		71		10
133	215	Sarah Kemp	U/A	LV40	19		15	4
134	32	Geoff Pike	U/A	MV45		72		25
135	132	Sally Maddock	Wilmslow RC	L	20			5
136	27	Catriona Marshall	Wilmslow RC	LV35	21		16	6
137	211	David Whewell	Macclesfield Harriers	MV45		73		26
138	38	Tracy Whitehurst	Boalloy	LV35	22		17	7
139	47	Keith Woods	U/A	M				42
140	77	Paul Hunt	Goyt Valley Striders	MV40		74		28
141	192	Dave Walker	Macclesfield Harriers	MV50		75		11
142	48	Jamie Singleton	U/A	M				43
143	109	Chris Buck	U/A	MV40		76		29
144	202	Peter Hill	Goyt Valley Striders	MV50		77		12
145	87	Phill Marley	U/A	MV40		78		30
146	42	Maggie Fenn	U/A	L	23			6
147	49	Penny Hinke	Wilmslow RC	LV45	24		18	7
148	70	Jim Walker	U/A	MV40		79		31
149	85	Cathy Delargy	U/A	LV35	25		19	8
150	164	Toni Whitehead	U/A	L	26			7
151	159	Rod Coombs	Wilmslow RC	MV55		80		8
152	149	Clare Rafferty	Wilmslow RC	LV35	27		20	9
153	68	Alison Gunn	Macclesfield Harriers	LV45	28		21	8
154	46	Michael Smith	U/A	MV40		81		32
155	98	Caroline Thompson	Macclesfield Harriers	L	29			8
156	82	Paul Newton	U/A	M				44
157	14	Cynthia Chapman	Macclesfield Harriers	LV60	30		22	1
158	191	Laurence Hobday	U/A	MV50		82		13
159	75	Philip Mountfort	U/A	MV55		83		9
160	17	Kath Steer	U/A	LV45	31		23	9
161	119	Andrew Cable	U/A	MV40		84		33
162	114	Barrie Brookes	East Cheshire Harriers	MV60		85		4
163	19	Alan Johnson	U/A	M				45
164	18	Amanda Bradbury	U/A	L	32			9
165	92	Robert Shaw	U/A	MV40		86		34

166	181	Judith Ceuppens	Congleton Harriers	LV40	33		24	5
167	161	Johnathan Salem	U/A	MV40		87		35
168	157	Julie Savage	U/A	LV45	34		25	10
169	129	Linda Warren	Macclesfield Harriers	L	35			10
170	31	Simon Moorhouse	Macclesfield Harriers	MV45		88		27
171	222	Paul Calman	U/A	MV45		89		28
172	162	Simon Webb	U/A	M				46
173	142	Liz Stillo	Goyt Valley Striders	LV50	36		26	1
174	152	Sophie Styler	Sale Harriers	L	37			11
175	29	Helen Burt	Congleton Harriers	LV40	38		27	6
176	168	Yuh-Ying Chen	U/A	L	39			12
177	184	Bill Mould	SMAC	MV55		90		10
178	147	Sarah Tyrrell	U/A	L	40			13
179	91	Joanne Day	Macclesfield Harriers	LV35	41		28	10
180	158	Kathryn Smith	U/A	LV50	42		29	2
181	15	John Noakes	U/A	MV60		91		5
182	79	Julie Leighton	U/A	LV35	43		30	11
183	86	Jacqui Heppell	U/A	LV40	44		31	7
184	30	Shirley Campbell	U/A	LV50	45		32	3
185	103	Simon Cartledge	U/A	M				47
186	22	Janet Jones	Stockport Harriers	LV50	46		33	4
187	108	Peter Brinsley	Congleton Harriers	MV60		92		6
188	186	David Taylor	Staffordshire Moorlands	MV45		93		29
189	84	Tracey Kilpatrick	U/A	LV40	47		34	8
190	80	George Leighton	U/A	MV40		94		36
191	214	Joanne Foster	U/A	LV40	48		35	9
192	110	Maxine Buck	U/A	LV35	49		36	12
193	193	Brian Poner	U/A	M				48
194	217	Ross Dyde	Winston Runners	MV50		95		14
195	163	Kerry Webb	U/A	LV35	50		37	13
196	203	Jenny Thomas	U/A	LV45	51		38	11
197	200	Margaret Parker	U/A	LV45	52		39	12
198	167	Rachel Spearing	Macclesfield Harriers	LV40	53		40	10
199	140	Elizabeth Savage	U/A	LV50	54		41	5
200	96	Fiona Bagues	Macclesfield Harriers	LV40	55		42	11
201	12	Katie Benson	Congleton Harriers	L	56			14
202	185	Helen Holden	U/A	LV55	57		43	1
203	102	Jamie Kirwin	U/A	MV50		96		15
204	107	Rachel Davies	U/A	LV55	58		44	2
205	45	Ann Robinson	Winston Runners	LV45	59		45	13
206	219	Bernard Thompstone	Winston Runners	MV55		97		11
207	76	Kate Foster	U/A	LV50	60		46	6
208	126	Karen Hyde	Macclesfield Harriers	LV40	61		47	12
209	229	Julie Ryan	U/A	LV40	62		48	13
210	115	Jenny Tomlinson	U/A	LV60	63		49	2
211	3	Caroline Partner	Congleton Harriers	L	64			15
212	226	Nicola Jones	U/A	L	65			16

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Langley 7 Langley - Sat-5-Nov-2005

INDIVIDUAL RESULTS

Pos.	No.	Name	Club	Category	L Pos.
1	886	Damian Nichols	Wilmslow RC	M	
2	948	David Nolan	Macclesfield Harriers	M	
3	990	Ciaran Fitzpatrick	Manchester Harriers	M	
4	962	Ed Gamble	Cheshire Hill Racers	MV40	
5	762	Rob Downs	Wilmslow RC	MV40	
6	846	Andrew Skitt	Manchester Harriers	M	
7	991	Andy Fitzpatrick	Manchester Harriers	MV45	
8	971	David Gee	Manchester Harriers	MV50	
9	862	Maurice Oldham	Manchester Harriers	MV50	
10	946	Bill Heaton	Wilmslow RC	MV40	
11	939	Colin Fray	Wilmslow RC	MV45	
12	236	Jonathan Bradshaw	Macclesfield Harriers	M	
13	907	Dave Gough	Vale Royal AC	MV40	
14	921	Toni McIntosh	Central AC	L	1
15	913	Martin Frity	Compton Harriers	MV40	
16	915	Ben Gregory	Stockport Harriers	MV50	
17	931	John Sugden	U/A	MV40	
18	229	Tony Hulme	Wilmslow RC	MV55	
19	850	Joe Burgon	Macclesfield Harriers	M20	
20	965	Lee Wassilenko	U/A	M	
21	904	Richard Watts	U/A	MV45	
22	848	Julian Brown	Macclesfield Harriers	MV40	
23	974	Ann Farmer	Macclesfield Harriers	L	2
24	781	Paul Nyland	Stockport Harriers	M	
25	777	Richard Kay	U/A	M	
26	805	Michael Cooper	Wilmslow RC	MV40	
27	951	Chris Bentley	Macclesfield Harriers	M	
28	935	Ian Smallwood	Wilmslow RC	MV40	
29	975	Huw Morris	Stockport Harriers	MV40	
30	204	Peter Newham	Congleton Harriers	M	
31	892	Joanna Seymour	Hallamshire Harriers	L	3
32	223	John Todd	Vale Royal AC	MV40	
33	220	Ricky Gwilt	Altrincham & District AC	MV55	
34	954	Mick Fairs	Wilmslow RC	MV55	
35	861	Mel Cragg	U/A	M	
36	912	David Livingstone	Altrincham & District AC	M	
37	952	Nicholas Stone	City of Stoke AC	MV45	
38	956	Alison Hartopp	Macclesfield Harriers	LV35	4
39	947	John Foulds	Horwich	MV45	
40	953	Peter Carne	Wilmslow RC	MV40	
41	203	Jason Bushwell	U/A	M	
42	899	Sally Newman	Wreake Runners	LV40	5
43	219	Kristy Readman	U/A	L	6
44	786	Andrew Lee	U/A	M	
45	202	Steve Dempsey	Wilmslow RC	MV40	
46	949	Andrew Bradley	Macclesfield Harriers	M	
47	869	Nigel Lee	Newcastle Staffs AC	MV50	
48	230	Gavin Mendham	Wilmslow RC	MV55	
49	796	Martin Jones	U/A	MV40	
50	831	Dave Pemberton	U/A	MV40	
51	844	Bob Wellings	U/A	M	
52	807	Martin Platt	Macclesfield Harriers	MV50	

53	960	Tim Walton	U/A	M	
54	932	Mike Nelson	Macclesfield Harriers	M	
55	901	Paula Telford	Vale Royal AC	L	7
56	765	Andrew Watts	Wilmslow RC	MV55	
57	894	Alistair Fitzgerald	Goyt Valley Striders	M	
58	1000	Charles Pollitt	U/A	M	
59	227	Neil Goodman	Macclesfield Harriers	MV45	
60	992	Rachael Moore	U/A	L	8
61	926	Andrew Thurlow	Macclesfield Harriers	M	
62	857	David Knowles	U/A	M	
63	237	Paul Capey	Sale Harriers	M	
64	788	David Quinn	Wilmslow RC	MV45	
65	973	Steve Smith	Wilmslow RC	MV40	
66	837	Michael Livingstone	U/A	MV40	
67	900	Steve Garner	Wreake Runners	MV50	
68	874	Dennis Williams	Hercules Wimbledon	MV55	
69	970	Simon Heys	Stockport Harriers	MV45	
70	955	Peter Smith	U/A	M	
71	830	Richard Plant	U/A	MV55	
72	968	David Wilson	Longton Harriers	MV50	
73	995	Stephen Wood	Macclesfield Harriers	M	
74	228	Tom Neill	U/A	MV40	
75	923	Pete Doyle	Congleton Harriers	MV45	
76	818	Steven Haynes	U/A	MV45	
77	903	Nicky Mowat	Wilmslow RC	LV45	9
78	905	Jason Stott	Pennine	M	
79	982	Natalie Abbott	U/A	LV45	10
80	851	Andy Burgon	Macclesfield Harriers	MV45	
81	906	Jane Champion	Vale Royal AC	LV40	11
82	809	Richard Benson	Congleton Harriers	MV50	
83	774	Ian Rutherford	U/A	M	
84	838	Su Wilson	U/A	L	12
85	928	Sally Maddock	Wilmslow RC	L	13
86	864	John Williams	U/A	MV45	
87	919	Sally Ann Pattison	Macclesfield Harriers	LV40	14
88	989	David Lawrence	U/A	M	
89	218	Andy Nurney	U/A	M	
90	811	Brian Macfadyen	Macclesfield Harriers	MV45	
91	890	Adam Reynolds	U/A	M	
92	772	Simon Bannister	U/A	M	
93	977	Charlie Rowlands	South Cheshire Harriers	M	
94	983	Paul Williams	U/A	MV40	
95	898	Kevin Gleave	Goyt Valley Striders	MV40	
96	201	Mike Cutler	South Cheshire Harriers	MV45	
97	881	Robert Spotswood	Abergele Harriers	MV45	
98	766	Ian Ashcroft	Wilmslow RC	MV55	
99	222	Christopher Lees	U/A	MV45	
100	833	Steve Grant	U/A	M	
101	778	Angela Swinden	U/A	LV35	15
102	205	Seaton Kennerley	Congleton Harriers	M	
103	958	Andrew Fletcher	U/A	M	
104	998	Carl Bedson	Glossopdale	M	
105	234	Nicholas Griffiths	U/A	M	
106	984	Don Bullough	Wilmslow RC	MV45	
107	221	Geoff Smith	U/A	M	
108	858	Patrick Chan	Sale Harriers	M	

109	225 Alan Webster	Macclesfield Harriers	MV45	
110	804 Cathal Cruise	U/A	MV50	
111	945 Gareth Trimble	Wilmslow RC	M	
112	210 Karen McCrackle	Stockport Harriers	L	16
113	217 Ian Dix	U/A	M	
114	879 Paul Wright	U/A	MV40	
115	845 Nicole Brough	U/A	L	17
116	942 Harry Stubbs	Congleton Harriers	MV55	
117	834 Raymond McWilliams	U/A	M	
118	883 Tracey Torr	U/A	LV35	18
119	238 Robert Anderson	U/A	MV40	
120	849 Jo Miles	Macclesfield Harriers	LV40	19
121	981 Sean Barry	Wilmslow RC	M	
122	209 Nick Pearson	Staffordshire Moorlands	M	
123	878 Amanda Wielopolska	Pensby Runners	L	20
124	824 Sandre Jackson	Congleton Harriers	LV45	21
125	782 Rod Coombs	Wilmslow RC	MV55	
126	764 Philip Howarth	U/A	MV50	
127	911 Lucy Gettins	Compton Harriers	LV40	22
128	885 Richard Sutherland	Pensby Runners	M	
129	918 Matthew Holmes	Manchester Harriers	M20	
130	806 Kate Sutton	Wilmslow RC	LV40	23
131	863 Jason Welch	U/A	M	
132	969 Anthony Bridgwood	Longton Harriers	MV55	
133	908 Mary Tavener	Vale Royal AC	LV40	24
134	816 Dave Buxton	Macclesfield Harriers	MV40	
135	872 Judith Dutton	U/A	LV55	25
136	909 Marc Whiteside-Ehlen	U/A	M	
137	972 Alan Jenkinson	U/A	MV55	
138	985 Andrew Brier	U/A	M	
139	993 Joe Hyde	U/A	MV40	
140	887 Peter Watson	Wilmslow RC	MV60	
141	822 David Taylor	Congleton Harriers	MV55	
142	797 Christine Chapman	U/A	LV35	26
143	853 John Harvey	Stockport Harriers	M	
144	902 Fran Swallow	Macclesfield Harriers	LV35	27
145	914 Ian Mayers	Congleton Harriers	M	
146	855 Michael Walker	U/A	MV55	
147	943 Dave Wood	Manchester Harriers	MV40	
148	825 Malcolm Jackson	Congleton Harriers	LV40	28
149	233 Michael McCarthy	U/A	M	
150	925 Brian James West	U/A	M	
151	944 Debbie Hill	Congleton Harriers	LV45	29
152	865 Simon Moorhouse	U/A	MV45	
153	980 Mark Ferns	U/A	MV45	
154	776 Christopher Knapton	Altrincham & District AC	MV45	
155	916 David Gregory	Manchester Harriers	MV60	
156	920 Derek Lucas	Congleton Harriers	MV60	
157	835 Sandra Lewis	U/A	L	30
158	211 Alan Weeks	Macclesfield Harriers	MV55	
159	793 Martin Bell	U/A	M	
160	794 Simon Hulme	U/A	M	
161	891 Roy Pownall	Wilmslow RC	MV55	
162	967 Catherine Brown	Macclesfield Harriers	L	31
163	877 Farouk Vawda	Fitness First Gorton	M	
164	843 Penny Hinke	Wilmslow RC	LV45	32

165	826	Chris Stillo	U/A	MV50	
166	232	John McCarthy	U/A	M	
167	957	Gillian Armstrong	Congleton Harriers	LV35	33
168	787	Robert Gordon	U/A	MV45	
169	224	Richard Hough	U/A	MV50	
170	936	Julie Lucas	Wilmslow RC	LV40	34
171	801	Mark Bailey	Biddulph Running Club	M	
172	860	Kerry Webb	U/A	LV35	35
173	859	Toni Whitehead	U/A	L	36
174	815	Julie Savage	U/A	LV45	37
175	212	Graham Anderson	Macclesfield Harriers	MV60	
176	884	Andrew Sadler	U/A	MV45	
177	821	Estelle McGuire	Stockport Harriers	LV35	38
178	979	Robert Rowlands	Crewe and Nantwich AC	M	
179	893	Trevor Faulkner	Wilmslow RC	MV60	
180	882	Bob Lynch	Macclesfield Harriers	MV60	
181	961	Judith Ceuppens	Congleton Harriers	LV40	39
182	922	Robert Tonkinson	U/A	M	
183	213	Heather Anderson	U/A	L	40
184	842	Glyn Roberts	U/A	MV50	
185	999	Paul Walker	U/A	M	
186	880	P Mountfort	U/A	MV55	
187	927	Katie Thurlow	U/A	L	41
188	933	Helen Corbishley	U/A	L	42
189	994	Wayne Oakes	U/A	M	
190	779	James Lanham	Manchester Harriers	MV55	
191	200	Anna Reeves	Congleton Harriers	L	43
192	868	Julie Fairclough	U/A	LV40	44
193	823	Cynthia Chapman	Macclesfield Harriers	LV55	45
194	959	David Taylor	Staffordshire Moorlands	MV45	
195	917	Nigel Thomas Burin	Manchester Harriers	MV50	
196	910	Alison Horsfield	Macclesfield Harriers	LV35	46
197	976	Paul Calnan	U/A	MV45	
198	814	Jean Dolan	Altrincham & District AC	LV55	47
199	963	Colin Cohen	Stockport Primary Care Trust	MV50	
200	856	Susan Bates	U/A	LV40	48
201	802	Jill Colbert	Womens Running Network	LV35	49
202	235	Andy Tiplacly	U/A	M	
203	866	Rachel Bell	U/A	LV35	50
204	924	Felicity Doyle	Congleton Harriers	LV45	51
205	770	Vincent Galley	U/A	M	
206	767	Daniel Hall	U/A	M	
207	832	Sarah Baker	Macclesfield Harriers	L	52
208	888	Adam Watts	Pensby Runners	MV40	
209	964	David Lee	U/A	MV45	
210	978	Keith Fletcher	Altrincham & District AC	MV60	
211	996	Gerry Howden	U/A	MV55	
212	783	Joanne Harrop	U/A	LV35	53
213	950	Jim Crook	Macclesfield Harriers	MV60	
214	827	Liz Stillo	U/A	LV50	54
215	938	Paul Gray	U/A	M	
216	790	Jane Harrop	Stainland Lions	L	55
217	889	Steven Yates	Manchester Harriers	M	
218	940	Helen Burt	Congleton Harriers	LV40	56
219	780	John Noakes	U/A	MV60	
220	207	Sue Poirrette	U/A	LV40	57

221	897 Ray Gill	U/A	MV60	
222	934 Nancy Bunyan	Macclesfield Harriers	LV40	58
223	761 Jane Hughes	U/A	LV40	59
224	941 Brinn Vigrass	Staffordshire Moorlands	MV60	
225	813 Kathryn Smith	U/A	LV50	60
226	215 Catherine Ellis	U/A	LV45	61
227	987 Jonathan Salem	U/A	MV40	
228	986 Simon Webb	U/A	M	
229	216 Daniel Kirschen	U/A	MV45	
230	798 Ros Dyde	Winton	LV45	62
231	819 Raya Haynes	Stockport Harriers	LV35	63
232	836 Paula O'Gara	U/A	LV35	64
233	785 Andrew Burton	U/A	MV40	
234	784 Debbie Burton	U/A	LV40	65
235	789 Victoria Howarth	U/A	LV35	66
236	214 Charlotte Anderson	U/A	LV35	67
237	231 Andrew Worsley	U/A	M	
238	817 Kim Morgan	U/A	LV40	68
239	895 Chas Reynolds	U/A	MV50	
240	226 Andrew Higgins	Macclesfield Harriers	M	
241	841 Kate Bartram	U/A	L	69
242	930 Zoe Elder	Macclesfield Harriers	LV35	70
243	839 Paul Howe	U/A	M	
244	929 Jill Hine	U/A	LV40	71
245	769 Laura Massey	U/A	L	72
246	988 Karen Hyde	Macclesfield Harriers	LV40	73
247	792 Mike Lamont	Winston Runners	MV60	
248	966 Simon Cartledge	U/A	M	
249	876 Donna Southby	U/A	L	74
250	997 Julie Ryan	U/A	LV35	75
251	208 Rachel Spearing	U/A	LV40	76
252	763 Kate Foster	U/A	LV50	77
253	871 Sam Summersgill	U/A	LV50	78
254	870 Elizabeth Smart	Congleton Harriers	LV45	79
255	873 Caroline Partner	Congleton Harriers	L	80
256	896 Stan Butler	U/A	MV50	
257	206 Karen Luckman	U/A	LV40	81
258	937 Ann Robinson	Winston Runners	LV45	82

AWARDS

MV Pos.	LV Pos.	Cat pos	Time	Men	Name
		1	38:53	1st	Damian Nichols
		2	39:12	2nd	David Nolan
		3	40:15	3rd	Ciaran Fitzpatrick
1		1	40:36	<u>U20</u>	<u>Name</u>
2		2	40:41	1st	Joe Burgon
		4	41:26	2nd	Matthew Holmes
3		1	41:45	3rd	-
4		1	41:59		
5		2	42:09		
6		3	42:19		
7		2	43:09		
		5	43:25	<u>V40</u>	<u>Name</u>
8		4	43:25	1st	Ed Gamble
		1	43:51	2nd	Rob Downs
9		5	44:02	3rd	Bill Heaton
10		3	44:04	<u>V45</u>	<u>Name</u>
11		6	44:14	1st	Andy Fitzpatrick
12		1	44:25	2nd	Colin Fray
		1	44:39	3rd	Richard Watts
		6	44:46	<u>V50</u>	<u>Name</u>
13		3	44:52	1st	David Gee
14		7	44:53	2nd	Maurice Oldham
		2	44:54	3rd	Ben Gregory
		7	44:55	<u>V55</u>	<u>Name</u>
		8	45:04	1st	Tony Hulme
15		8	45:06	2nd	Ricky Gwilt
		9	45:13	3rd	Mick Fairs
16		9	45:43	<u>V60</u>	<u>Name</u>
17		10	45:53	1st	Peter Watson
		10	45:57	2nd	David Gregory
		3	46:01	3rd	Derek Lucas
18		11	46:05		
19		2	46:08		
20		3	46:12		
		11	46:14		
		12	46:18		
21		4	46:23		
	1	1	46:37		
22		5	46:39		
23		12	46:59		
		13	47:06		
	2	1	47:13		
		4	47:16		
		14	47:21		
24		13	47:23		
		15	47:26		
25		4	47:27		
26		4	47:29		
27		14	47:34		
28		15	47:40		
		16	47:42		
29		5	47:52		

		17	47:53
		18	47:56
		5	48:00
30		5	48:07
		19	48:18
		20	48:26
31		6	48:28
		6	48:34
		21	48:38
		22	48:59
		23	49:11
32		7	49:13
33		16	49:14
34		17	49:23
35		6	49:26
36		6	49:30
37		8	49:35
		24	49:40
38		7	49:47
39		7	50:14
		25	50:22
40		18	50:31
41		9	50:34
42		10	50:39
	3	1	50:47
		26	50:47
	4	2	50:53
43		11	50:56
	5	2	51:00
44		8	51:11
		27	51:12
		7	51:13
		8	51:17
45		12	51:22
	6	3	51:24
		28	51:25
		29	51:27
46		13	51:43
		30	51:44
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47		19	52:04
48		20	52:12
49		14	52:16
50		15	52:19
51		8	52:25
52		16	52:27
		33	52:31
	7	2	52:38
		34	52:44
		35	52:50
		36	53:01
		37	53:16
53		17	53:24
		38	53:35
		39	53:36

54		18	53:38
55		9	53:41
		40	53:42
		9	53:42
		41	53:43
56		21	53:45
		10	53:47
57		9	53:50
		42	53:51
	8	3	54:06
58		22	54:10
	9	4	54:16
		43	54:20
		44	54:34
		11	54:36
	10	3	54:38
59		10	54:41
60		10	54:43
	11	5	54:49
		45	54:51
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	12	6	54:59
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	16	5	55:45
		50	55:52
67		14	55:56
68		25	55:58
	17	8	56:00
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		52	56:17
	18	4	56:18
69		19	56:22
70		20	56:29
71		21	56:30
72		2	56:32
73		3	56:37
		12	56:43
74		15	56:47
		53	56:52
		54	56:53
75		16	56:57
		13	57:22
		55	57:22
	19	5	57:32

76		11	57:40
		56	57:45
	20	6	57:53
77		22	58:05
78		12	58:17
	21	9	58:21
		57	58:31
	22	7	58:32
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	23	6	58:40
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80		23	58:48
	24	8	58:48
		58	58:50
81		5	59:06
82		6	59:09
	25	10	59:15
		59	59:16
		15	59:17
83		13	59:18
		60	59:18
84		17	59:28
		16	59:40
		17	59:44
		61	59:57
85		18	59:59
		18	59:59
	26	11	1:00:05
	27	2	1:00:11
86		24	1:00:13
87		14	1:00:21
	28	9	1:00:26
88		25	1:00:35
	29	3	1:00:41
89		15	1:01:00
	30	12	1:01:07
	31	10	1:01:13
		62	1:01:14
	32	11	1:01:17
	33	7	1:01:25
		63	1:01:53
		64	1:01:56
		19	1:01:56
90		26	1:01:56
91		26	1:02:14
92		7	1:02:24
93		19	1:02:36
	34	12	1:02:42
94		8	1:02:45
	35	1	1:02:50
		65	1:02:57
		20	1:03:04
		66	1:03:06
	36	13	1:03:21
95		9	1:03:26
	37	14	1:03:35

96		10	1:03:51
	38	15	1:03:54
	39	16	1:04:14
97		11	1:04:22
	40	2	1:05:10
	41	8	1:06:04
98		27	1:06:41
		67	1:06:42
99		27	1:07:06
	42	9	1:07:38
	43	13	1:07:44
	44	14	1:07:45
100		28	1:08:08
	45	17	1:08:09
	46	15	1:08:09
	47	16	1:08:11
		68	1:08:12
	48	18	1:08:53
101		16	1:08:53
		69	1:09:23
		21	1:10:02
	49	17	1:10:10
		70	1:10:13
	50	19	1:10:15
		22	1:11:35
	51	20	1:11:56
102		12	1:12:05
		71	1:12:50
		23	1:13:21
	52	18	1:13:34
	53	21	1:13:44
	54	3	1:14:27
	55	4	1:14:36
	56	10	1:14:54
		24	1:14:56
103		17	1:15:21
	57	22	1:16:57
	58	11	1:17:52

<u>Club</u>	<u>Time</u>	<u>Ladies</u>
Wilmslow RC	38:53	28 1st
Macclesfield Harriers	39:12	37 2nd
Manchester Harriers	40:15	45 3rd
<u>Club</u>	<u>Time</u>	<u>U20</u>
Macclesfield Harriers	44:39	1st
Manchester Harriers	54:52	2nd
-	-	3rd
		<u>V35</u>
		52 1st
		115 2nd
		132 3rd
<u>Club</u>	<u>Time</u>	<u>V40</u>
Cheshire Hill Racers	40:36	56 1st
Wilmslow RC	40:41	95 2nd
Wilmslow RC	42:19	101 3rd
<u>Club</u>	<u>Time</u>	<u>V45</u>
Manchester Harriers	41:45	91 1st
Wilmslow RC	43:09	93 2nd
U/A	44:52	138 3rd
<u>Club</u>	<u>Time</u>	<u>V50</u>
Manchester Harriers	41:59	228 1st
Manchester Harriers	42:09	239 2nd
Stockport Harriers	44:04	266 3rd
<u>Club</u>	<u>Time</u>	<u>V55</u>
Wilmslow RC	44:25	149 1st
Altrincham & District AC	46:08	207 2nd
Wilmslow RC	46:12	212 3rd
<u>Club</u>	<u>Time</u>	<u>V60</u>
Wilmslow RC	55:37	1st
Manchester Harriers	56:32	2nd
Congleton Harriers	56:37	3rd

<u>Name</u>	<u>Club</u>	<u>Time</u>
Toni McIntosh	Central AC	43:51
Ann Farmer	Macclesfield Harriers	44:54
Joanna Seymour	Hallamshire Harriers	46:01
<u>Name</u>	<u>Club</u>	<u>Time</u>
-	-	-
-	-	-
-	-	-
<u>Name</u>	<u>Club</u>	<u>Time</u>
Alison Hartopp	Macclesfield Harriers	46:37
Angela Swinden	U/A	52:38
Tracey Torr	U/A	54:06
<u>Name</u>	<u>Club</u>	<u>Time</u>
Sally Newman	Wreake Runners	47:13
Jane Champion	Vale Royal AC	51:00
Sally Ann Pattison	Macclesfield Harriers	51:24
<u>Name</u>	<u>Club</u>	<u>Time</u>
Nicky Mowat	Wilmslow RC	50:47
Natalie Abbott	U/A	50:53
Sandre Jackson	Congleton Harriers	54:38
<u>Name</u>	<u>Club</u>	<u>Time</u>
Liz Stillo	U/A	1:02:50
Kathryn Smith	U/A	1:05:10
Kate Foster	U/A	1:14:27
<u>Name</u>	<u>Club</u>	<u>Time</u>
Judith Dutton	U/A	55:21
Cynthia Chapman	Macclesfield Harriers	1:00:11
Jean Dolan	Altrincham & District AC	1:00:41
<u>Name</u>	<u>Club</u>	<u>Time</u>
-	-	-
-	-	-
-	-	-

Langley 7, nr. Macclesfield

6th November 2004

Pos	Num	Name	Cat	Club	Time
1	804	Ciaran Fitzpatrick	MU20	Manchester Harriers	38.54
2	285	David Lockett		Salford	39.15
3	276	Damian Nicholls			39.35
4	801	Peter Speake		Bildeston Bounders	39.43
5	280	Peter Mallison		South Cheshire	40.05
6	188	Craig Jeffery		Staffordshire Moorlands AC	40.14
7	272	Ed Grange		Stockport Harriers	40.54
8	159	Paul Frodsham	M45	West Cheshire AC	40.58
9	290	Andy Fitzpatrick	M45	Manchester Harriers	41.11
10	253	Tom McGaff	M45	Wilmslow AC	41.17
11	262	Graham Taylor	M40	Wilmslow AC	41.22
12	256	Jim Pendrill		Wilmslow AC	41.32
13	168	Gareth Briggs	M	Staffordshire Moorlands AC	41.51
14	257	Maurice Oldham	M50	Manchester Harriers	41.58
15	186	Kristan McKenna			42.08
16	193	Nick Bishop	M45	Wilmslow AC	42.11
17	251	Phil Wood			42.17
18	185	John Sugden	M40		42.17
19	282	Colin Fray	M45	Wilmslow AC	42.30
20	180	Kenneth Moss	M50	Northern Vets	42.30
21	802	Keith Burgess	M40		42.42
22	228	Ben Gregory	M45	Stockport Harriers	43.15
23	835	Paul Skipper		Didsbury Tri	43.28
24	184	Bill Shone		Stockport Harriers	43.36
25	803	Joe Dooley		East Cheshire	43.40
26	242	Steve Bacon		Congleton Harriers	43.47
27	179	Dave Owen	M40	Staffordshire Moorlands AC	43.47
28	151	Mike Wilcox	M45	Rugby & Northampton AC	44.11
29	827	Jim Heron		Macclesfield Harriers	44.27
30	198	Nigel Critchlow		Buxton	44.29
31	156	Simon Jackson	M40	Congleton Harriers	44.33
32	172	Dennis Wharton	M45	St Helens Striders	44.33
33	278	Ian Walker	M45		44.37
34	119	Rob Downs	M40	U/A	44.48
35	260	Adrian Fuller		Altrincham	44.54
36	195	Mick Fairs	M55	Wilmslow AC	44.54
37	237	Chris Bentley		Macclesfield Harriers	44.56
38	169	Paul Birkett	M	U/A	45.03
39	393	Alison Hartopp	F35	Macclesfield Harriers	45.19
40	118	Martin Loy	M	U/A	45.25
41	234	Martin Fray	M40	Compton Harriers	45.42
42	232	Paul Stepto	M40	Stockport Harriers	45.53
43	231	Andy Butler	M45	Goyt Valley Striders	46.10
44	267	Huw Morris	M40	Stockport Harriers	46.22
45	236	Andrew Gray	M40	Macclesfield Harriers	46.34
46	241	Tony Hulme	M50	Wilmslow AC	46.34
47	374	Lisa Wilyman	F	Valley Striders	46.48

48	191	Tim Hargraves	M45	Stockport Harriers	46.54
49	832	Kevin Day		Goyt Valley Striders	47.00
50	289	Chris Rhodes	M45	Congleton Harriers	47.02
51	811	Marion Martin	F45	Spectrum Striders	47.08
52	132	Kevin Gleave	M40	Goyt Valley Striders	47.24
53	820	Paul Flinn	M40		47.42
54	828	Paul Rushworth		Bbc RC	47.44
55	149	Derek Paton	M40	U/A	47.44
56	284	Paul Sellers	M45	Congleton Harriers	47.55
57	258	Ian Hughes	M40	Macclesfield Harriers	48.01
58	384	Michela Stepto	F35	Stockport Harriers	48.05
59	166	Dennis Williams	M55	Hercules Wimbledon	48.10
60	197	Will Taylor			48.11
61	358	Jane Clarke	F35	Wilmslow RC	48.11
62	812	Paul Kay	M50	Spectrum Striders	48.14
63	286	Philip Bratby	M55	Congleton Harriers	48.15
64	299	Chris Wright	M45	Peel Road Runners Tamworth	48.18
65	815	John Battersby	M45	Sale	48.19
66	229	Peter Smith			48.31
67	360	Janet Hatton	F40	U/A	48.31
68	283	Jane Meller	F35	Stockport	48.31
69	263	Andrew Fletcher			48.35
70	116	Steve Smith	M40	Wilmslow AC	48.35
71	175	David Livingstone		Altrincham	48.46
72	145	Francesco Brancia	M	U/A	48.46
73	150	Stephen Esplin	M	Stockport Harriers	48.54
74	274	Peter White	M40		48.54
75	831	Steve Hennessey	M45	Goyt Valley Striders	49.00
76	383	Chris Habron		Macclesfield Harriers	49.04
77	382	Kristy Readman	F		49.09
78	255	Tim Walton			49.09
79	389	Kate Ayres	F45	Wilmslow RC	49.13
80	365	Sam Wright	F35	Rugby & Northampton AC	49.19
81	158	Mustapha Hamden	M	U/A	49.20
82	400	Sally Ann Pattison	F40	Macclesfield Harriers	49.35
83	129	Richard Taylor	M	U/A	49.43
84	174	Chris Brook			49.43
85	113	Tom Neill	M40	U/A	49.48
86	823	Marcus Byrne		Macclesfield Harriers	50.07
87	259	Paul Lamb	M40		50.08
88	296	Jamie Smith	M55	Wilmslow AC	50.08
89	126	Andrew Thurlow	M	Macclesfield Harriers	50.12
90	181	Matthew Holnes	MU20	Manchester Harriers	50.13
91	273	Matthew Kowalski-Hicks		Macclesfield Harriers	50.22
92	177	Martin Rands	M40	Macclesfield Harriers	50.23
93	117	David Knowles	M	U/A	50.32
94	163	Andrew Lee	M	U/A	50.41
95	192	Bill Rutter	V50	Macclesfield Harriers	50.41
96	111	John Delany	M60	Stockport Harriers	50.41
97	161	Robin Wignall	M60	Altricham AC	50.41
98	829	Mike Cutler	M45	South Cheshire	50.50
99	183	Chris Sanders			51.00
100	240	Derek Dale	M60	Congleton Harriers	51.10
101	281	Ray Ski		Manchester Harriers	51.19

102	102	Paul Thomson	M50	Sale Harriers	51.22
103	144	Brian MacFadyen	M45	Macclesfield Harriers	51.27
104	805	Chris Lees	M45		51.31
105	288	Stephen Wood	M50	Macclesfield Harriers	51.37
106	148	John Williams	M40	U/A	51.39
107	137	Mike Cooper	M40	Wilmslow AC	51.42
108	298	Katie Green	F	Wilmslow	51.50
109	295	Carl Benson		Glossopdale	51.59
110	397	Carole Bowley	F40		51.59
111	390	Sheila Bradley	F45	Buxton	52.11
112	143	Daniel Finchett	M	U/A	52.11
113	106	Phillip Howarth	M50	U/A	52.12
114	243	Richard Benson	M50	Congleton Harriers	52.18
115	133	Nick Griffiths	M	U/A	52.20
116	189	Dave Marsdon	M50	Staffordshire Moorlands AC	52.21
117	248	Mark Pearson			52.32
118	244	Leigh Renshaw			52.40
119	No number				52.40
120	819	Tony Riddington	M50		52.58
121	270	Jan Bettany	M	Biddulph RC	53.03
122	190	Malcolm Abraham			53.16
123	354	Nel Moore	F40	Congleton Harriers	53.21
124	268	Mark Platts			53.23
125	110	David Gaston	M45	U/A	53.23
126	810	Andrew Addis		Macclesfield Harriers	53.30
127	114	Nicholas Langford	M40	U/A	53.47
128	121	Andrew Rouse	M	U/A	53.59
129	238	Seaton Kennerley		Congleton Harriers	54.03
130	800	Fran Swallow	F35	Macclesfield	54.11
131	196	Colin Wilshaw	M40	Buxton	54.25
132	173	Stephen Young	M	Preston Harriers	54.30
133	176	Garath Cooper	M40		54.30
134	105	Gareth Trimble	M	Wilmslow AC	54.39
135	138	Clive Boyden	M40	U/A	54.41
136	287	Dave Walker	M50	Glossopdale	54.57
137	134	Harry Stubbs	M55	Congleton Harriers	54.57
138	249	??			54.57
139	245	Phillip Bell	M50	Macclesfield Harriers	55.06
140	821	Joakin Hindemith		Silk Court Striders	55.07
141	809	Barry Thompson	M45	Stockport	55.07
142	122	Alistair Macleod	M45	U/A	55.07
143	103	Michael Muldoon	M	U/A	55.13
144	140	Kelvin Berton	M	Shaftsbury Barnet Harriers	55.13
145	200	Tim Jarvis	M45	Macclesfield Harriers	55.28
146	115	David Taylor	M50	Congleton Harriers	55.37
147	147	Dave Buxton	M	Macclesfield Harriers	55.42
148	108	David Heald	M	U/A	55.49
149	388	Lucy Gettins	F40	Compton Harriers	55.49
150	152	Chris Stillo	M50	U/A	55.49
151	135	Neil Smith	M40	U/A	55.58
152	153	Andy Roberts	M40	U/A	56.16
153	271	Chris Ruck			56.29
154	199	Laurence Hobday	M45		56.29
155	136	Derek Lucas	M55	Congleton Harriers	56.36

156	275	John Mackintosh			56.41
157	164	Malcolm Schofield	M65	Altricham AC	57.00
158	252	Joe Hyde			57.06
159	371	Sophie Hine	F	U/A	57.06
160	836	Gary Griffin			57.06
161	233	Roy Pownall	M55	Wilmslow AC	57.13
162	247	Andrew Brier			57.13
163	818	Alan Weeks	M55	Macclesfield Harriers	57.16
164	373	Emilie Clement	F	Macclesfield Harriers	57.19
165	372	Alison Scott	F40	U/A	57.44
166	355	Judith Ceuppens	F40		58.00
167	395	Fiona Cosgrove	F35		58.00
168	146	Andrew Lee	M	U/A	58.00
169	381	Linden Hiscock	F		58.03
170	291	Andrew Saddler	M45		58.06
171	830	Simon Morehouse	M40		58.18
172	165	Mark Bailey	M	Biddulph RC	58.18
173	254	Chris Lomas	M55		58.28
174	104	Michael Gleeson	M	U/A	58.30
175	364	Susan Wright	F40	U/A	58.38
176	194	Peter Hill	M50	Goyt Valley Striders	58.42
177	157	Anthony Fuller	M	U/A	58.56
178	239	Jim Crook	M60	Macclesfield Harriers	59.24
179	292	Gary Crosbie	M40		59.24
180	822	Erik Hagglund	M40		59.28
181	369	Elizabeth Pardoe	F35	Womens Running Network	59.40
182	128	David Donaghue	M	U/A	59.40
183	187	David Whewell	M40	Macclesfield Harriers	59.43
184	379	Kate Sutton	F40	Wilmslow RC	59.43
185	387	P Calan	F45		59.55
186	359	Cynthia Chapman	F55	Macclesfield Harriers	60.12
187	178	Peter Ogdon			60.19
188	120	Yiuko Ho	M45	U/A	60.19
189	246	Jonathon Bell		Macclesfield Harriers	60.22
190	171	Geoff Pike	M45	U/A	60.29
191	No number				60.32
192	No number				60.45
193	235	Trevor Faulkner	M60		60.48
194	101	Tony Thackery	M55	West Cheshire AC	60.52
195	300	Rebecca Lawrence	F	Peel Road Runners	61.32
196	366	Liz Stillo	F45	High Peak	61.42
197	266	Stephen Moore		Manchester YMCA	62.04
198	261	Bryan Pycroft	M65	Fell Runners Association	62.04
199	230	Claire Plunkett	F		62.04
182	182	Steven Yates		Manchester Harriers	62.04
201	807	Susan Poirrette	F35		62.30
202	813	Emma Wimbledon	F		62.30
203	131	Peter Rowlands	M65	Trentham AC	62.45
204	356	Amanda Bradbury	F	Wilmslow RC	62.50
205	396	Nancy Bunyan	F35	Macclesfield Harriers	63.06
206	160	Brian Vigrass	M70	Staffordshire Moorlands AC	63.28
207	277	Charlie Seddon		Macclesfield Harriers	63.28
208	824	Jim Curtis	M40	Silk Court Striders	63.40
209	294	Julie Ryan	F35		64.19

210	363	Jane Hughes	F40	Scarab	64.39
211	139	Robert Mccurrie	M	U/A	64.53
212	814	Sarah Baker	F		65.02
213	392	Dagmar Bentley	F		65.13
214	265	Tim Moore	M55	Manchester YMCA	65.28
215	380	Emma Moores	F35		65.42
216	293	Jane Coppack	F35		66.05
217	279	Colin Cohen	M50		66.05
218	833	Garry Fildes			66.05
219	386	C Mellis	F45		66.30
220	806	Caroline Ritson	F35		66.34
221	264	Graham Hobbs	M50	Manchester YMCA	67.21
222	368	Lois Buxton	F40	Macclesfield Harriers	67.26
223	808	Clare Wilson	F		67.54
224	391	Lorna Third	F40		68.04
225	378	Cath Hughes	F40		68.14
226	399	Maxine Buck	F35		68.35
227	297	Jenny Thomas	F40		69.30
228	385	Una Clarke	F45		69.30
229	362	Rachel Allinson	F35	Macclesfield Harriers	69.30
230	826	Jane Haslam	F		69.38
231	376	Amanda Glanfield	F	U/A	69.41
232	834	Lee Bibby			70.03
233	269	Paul Robinshaw		Macclesfield Harriers	71.49
234	398	Eva Robinshaw	F35		71.58
235	361	Rachel Webster	F	U/A	72.11
236	No number				74.45
237	377	Katy Miller	F	U/A	74.48
238	817	Joanne Kelley	F40		74.53
239	No number				77.03
240	351	Kate Foster	F50	U/A	77.49
241	816	Sue Mangan	F50		80.28
242	825	Noreen Masons	F35	Silk Court Striders	92.12

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Langley 7 ~ 1st November 2003

Position	Time	Race no.	Surname	First Name	Club	Cat	Age position
1	39.15	199	Nicholls	Damian	Macclesfield Harriers	M	1
2	40.25	191	Brookman	Les	Warrington AC	M45	1
3	41.29	166	Fitzpatrick	Andy	Manchester Harriers	M45	2
4	41.43	152	Moss	Kenneth	Northern Vets	M50	1
5	42.03	233	Johnson	Alex	Macclesfield Harriers	M	2
6	42.21	204	Richards	Mark	Goyt Valley	M40	1
7	42.32	186	Sugden	John	U/A	M40	2
8	42.38	183	Halman	Michael	Wilmslow Running Club	M	3
9	43.04	124	Parrot	Stuart	Wilmslow Running Club	M40	3
10	43.06	162	Mellor	David	East Cheshire Harriers	M50	2
11	43.15	147	Stock	Tim	Macclesfield Harriers	M40	4
12	43.25	187	Scott	Andy	Manchester Harriers	M	4
13	43.34	178	Briggs	Gareth	U/A	M	5
14	43.44	173	Bradley	Andrew	Macclesfield Harriers	M	6
15	43.52	155	Vose	Kevin	Altrincham AC	M40	5
16	44.01	142	Wharnton	Dennis	St Helens	M45	3
17	44.05	216	Morris	Huw	Stockport Harriers	?	?
18	44.18	179	Smallwood	Ian	Wilmslow Running Club	M40	6
19	44.20	130	Lay	David	U/A	M	7
20	44.27	169	Shone	Bill	Stockport Harriers	M	8
21	44.39	225	Cortvriend	Martin	Macclesfield Harriers	M50	3
22	45.01	182	Bentley	Chris	Macclesfield Harriers	M	9
23	45.07	333	Harris	Sarah	Macclesfield Harriers	F	1
24	45.18	308	Hills	Nicky	Macclesfield Harriers	F35	1
25	45.33	133	Fletcher	Andrew	U/A	M	10
26	45.51	339	Stepto	Michela	Stockport Harriers	F35	2
27	46.07	203	Yousefian	Hossein	Stockport Harriers	M50	4
28	46.28	146	Morris	Dale	Manchester Harriers	M	11
29	47.00	136	Jackson	Simon	Congleton Harriers	M40	7
30	47.07	163	Britton	Robin	Staffs Moorlands	M50	5
31	47.16	215	Toole	Paul	Stockport Harriers	M	12
32	47.19	192	Hughes	Ian	Macclesfield Harriers	M40	8
33	47.21	161	Platt	Martin	Macclesfield Harriers	M45	4
34	47.26	345	Carr	Anne	Macclesfield Harriers	F	2
35	47.30	131	Philban	Mark	U/A	M	13
36	47.34	226	Pattison	Barry	Macclesfield Harriers	M	14
37	47.39	227	Cutler	Mike	South Cheshire	M45	5
38	47.43	151	Marlow	Roy	Dark Peak	M55	7
39	47.46	118	Williams	Dennis	Hercules	M55	8
40	47.50	188	Hamdan	Mustapha	U/A	M	15
41	48.00	190	Nelson	Mike	Macclesfield Harriers	M	16
42	48.06	219	Nield	Peter	Macclesfield Harriers	M	17
43	48.17	189	Hennessey	Steve	Goyt Valley	M45	6
44	48.19	127	Macfadyen	Brian	Macclesfield Harriers	M45	7
45	48.20	153	Bailey	Brian	BAE Woodford	M	18
46	48.20	184	Wardle	Alan	Macclesfield Harriers	M40	9
47	48.21	332	Pattison	Sally	Macclesfield Harriers	F40	1
48	48.25	135	Walton	Derek	Altrincham AC	M60	1
49	48.32	206	Woodland	Roy	U/A	M45	8
50	48.48	342	Caile	Sharon	Macclesfield Harriers	F	3
51	48.51	311	Hatton	Janet	U/A	F35	3
52	48.52	137	Eaton	Russell	U/A	M	19

53	48.58	168	Bradley	Jim	Buxton AC	M60	2
54	49.21	128	Ratcliffe	John	Tattenhall	M55	3
55	49.24	156	Doyle	Pete	Congleton Harriers	M45	9
56	49.29	207	Dale	Derek	Congleton Harriers	M55	4
57	49.35	149	Bradbury	J	Congleton Harriers	M55	5
58	49.45	148	Coop	Derek	Horwich Harriers	M40	10
59	50.10	159	Humphries	Jim	Macclesfield Harriers	M55	6
60	50.19	132	Brancia	Francesco	U/A	M	20
61	50.53	212	Byrne	Marcus	Macclesfield Harriers	M	21
62	51.00	176	Rands	Martin	Macclesfield Harriers	?	?
63	51.07	210	Ski	Ray	Manchester Harriers	M45	10
64	51.13	208	Burgon	Mike	U/A	M40	11
65	51.20	121	Gleave	Kevin	Goyt Valley	M40	12
66	51.28	197	Simpson	Tom	U/A	M	22
67	51.28	209	Gallagher	Bernard	U/A	M45	11
68	51.40	143	Booth	Clive	U/A	M	23
69	51.49	202	Titterton	Tom	Stockport Harriers	M60	3
70	51.56	174	Todd	Brian	U/A	M45	12
71	52.07	327	Murray	Barbara	Macclesfield Harriers	F45	1
72	52.09	160	Horrocks	Richard	U/A	M	24
73	52.10	218	Griffiths	Nicholas	U/A	M	25
74	52.17	220	Anderson	John	U/A	M	26
75	52.19	126	Ashcroft	Ian	Wilmslow Running Club	M55	7
76	52.37	318	Wallis	Sarah	Macclesfield Harriers	F35	4
77	52.39	134	Harris	Philip	U/A	M45	13
78	52.40	334	Bradley	Shelia		F45	2
79	52.57	221	Baker	Alistair	Macclesfield Harriers	M	27
80	52.57	145	Bracqbien	Dennis	Macclesfield Harriers	M40	13
81	53.08	326	Culshaw	Jan	U/A	F35	5
82	53.24	157	Sinnott	Phil	U/A	M45	14
83	53.24	114	Howarth	Philip	U/A	M60	6
84	53.28	348	Kershaw	Cheryl	Macclesfield Harriers	F	4
85	53.38	194	Saxton	Mark	U/A	M40	14
86	53.41	167	Ayres	Paul	Wilmslow Running Club	M45	15
87	53.46	196	Housley	David	U/A	M	28
88	53.47	341	Frost	Andrea	U/A	?	?
89	54.09	108	Bell	Jonathan	Macclesfield Harriers	M	29
90	54.10	123	Moore	Nel	Congleton Harriers	F40	2
91	54.12	180	Crawford	Vic	Macclesfield Harriers	M45	16
92	54.14	214	Stone	Andrew	U/A	M	30
93	54.16	211	Carthy	Colin	U/A	M	31
94	54.18	319	Booth	Janet	U/A	F35	6
95	54.23	109	Bell	Philip	Macclesfield Harriers	M50	7
96	54.27	170	Bettany	J	Biddulph Running Club	?	?
97	54.30	313	Bentley	Colette	U/A	F35	7
98	54.58	198	Hobday	Laurence	U/A	M45	17
99	55.29	106	Smith	Neil	U/A	?	?
100	55.34	338	Delrio	Lisa	Trentham	F35	8
101	55.41	324	Sutton	Kate	Wilmslow Running Club	F40	3
102	55.42	222	Weeks	Alan	Macclesfield Harriers	?	?
103	55.47	185	Gregory	Steven	Macclesfield Harriers	M40	15
104	55.53	350	?	?	?	?	?
105	56.05	175	Small	Joe	Stockport Harriers	M45	18
106	56.14	217	Mayhall	John	Rochdale Harriers	M40	16
107	56.16	195	Simpson	Bill	St Helens Road Runners	?	?
108	56.18	150	Faulkner	Trevor	Wilmslow Running Club	M60	4

109	56.40	346	Hopkinson	Nicola	Ilford AC	F40	4
110	56.50	316	Britton	Rosemary	Staffs Moorlands	F50	1
111	57.08	171	Durcan	Michael	Stockport Harriers	M55	8
112	57.18	201	Settle	Geoff	Settle Harriers	M50	8
113	57.20	164	Evans	Andy	Macclesfield Harriers	M40	17
114	57.23	139	Roberts	Glyn	U/A	M50	9
115	57.26	200	Crook	Jim	Macclesfield Harriers	M55	9
116	57.33	115	Thackery	Tony	West Cheshire	M55	10
117	57.45	141	Davies	Heath	U/A	M	32
118	57.46	205	Page	Julian	FRA	M40	18
119	58.01	328	Hiscock	Linden	U/A	F	5
120	58.13	347	Ceuppens	Judith	Congleton Harriers	F40	5
121	58.18	330	Dolan	Jean	Altrincham	F55	1
122	58.26	349	Bell	Amanda	Congleton Harriers	F35	9
123	58.29	158	Hill	Peter	Goyt Valley	M45	19
124	58.33	224	Mould	Bill	SAME	M55	11
125	58.39	322	Power	Clare	Macclesfield Harriers	F35	10
126	59.00	336	Hynes	Amanda	Wilmslow Running Club	F	6
127	59.01	340	Gunn	Alison	U/A	F40	6
128	59.40	193	Gunn	Neil	U/A	M45	20
129	60.04	138	Rollaston	Lee	U/A	M	33
130	60.32	335	Morson	Jackie	Buxton AC	F45	3
131	60.45	337	Freeman	Maggie	Stone Master Marathoners	F50	2
132	60.48	172	Viernes	Bryan	Staffs Moorlands	M65	1
133	60.56	344	Fletcher	Julie	Macclesfield Harriers	F	7
134	60.58	104	Noakes	John	U/A	M65	2
135	61.45	165	Taylor	David	Staffs Moorlands	M45	21
136	62.50	321	Fox	Margaret	Congleton Harriers	F65	1
137	62.51	154	Bray	Tony	U/A	M50	10
138	62.57	343	Stubbs	Pauline	Wilmslow Running Club	F50	3
139	63.09	177	Moore	Tim	YMCA Harriers	M55	12
140	63.15	213	Power	Brian	U/A	M50	11
141	63.36	312	Swaine	Tessa	Tattenhall Runners	F45	4
142	63.36	331	Blatch	Rosemary	U/A	F40	7
143	63.41	329	Moores	Emma	U/A	F	8
144	63.52	304	Franklin	Sarah	U/A	F	9
145	64.22	181	Hodds	Graham	YMCA Harriers	M50	12
146	64.53	140	Ho	Yiuko	U/A	M45	22
147	66.05	122	Randles	Sean	U/A	M45	23
148	66.50	323	Lee	Angela	Wilmslow Running Club	F	10
149	68.01	129	Brinsley	Peter	Congleton Harriers	M65	3
150	68.08	303	Clyne	Mary	Sale Harriers	F40	8
151	68.45	325	Maddock	Sally	Wilmslow Running Club	F	11
152	72.30	310	Leedham	Barbara	Winston Runners	F55	2
153	74.28	317	Hodges	Lucinda	U/A	F45	5
154	74.57	306	Gordon	Diana	U/A	F55	3
155	75.30	305	Brownsword	Julia	Sett Valley	F50	4
156	75.37	309	Sutcliffe	Julie	Winston Runners	F35	11
157	75.45	314	Wiles	Susan	U/A	F	12
158	75.45	320	McHugh	Kirsty	U/A	F	13
159	75.45	144	McHugh	Liam	U/A	M	34

Langley 7 - 02/11/02

Position	Number	Name	Club	Time
1	88	Martin Armstrong	Vabco Mol	37.57
2	374	Damian Nicholls	Macclesfield Harriers	41.04
3	368	Mike Shaw	Stockport Harriers	41.16
4	178	Maurice Oldham	Manchester Harriers	41.35
5	361	Richard Marlton	Stockport Harriers	41.36
6	381	Ben Gregory	Stockport Harriers	41.49
7	355	David Peach	Horwich RMI Harriers	41.56
8	107	Andy Donnelly	Manchester Harriers	42.22
9	194	Andy Fitzpatrick	Manchester Harriers	42.47
10	389	Kieth Burgess	U/A	43.16
11	110	John Sugden	U/A	43.25
12	103	Peter Mallinson	South Cheshire Harriers	43.29
13	377	Paul Walters	U/A	43.42
14	198	Barry Blyth	Macclesfield Harriers	43.47
15	371	Huw Morris	Stockport Harriers	43.56
16	79	Darren Washington	Boalloy RC	44.02
17	111	Lee Campbell	Boalloy RC	44.24
18	383	Darren Wood	Boalloy RC	44.57
19	100	David Lay	U/A	45.17
20	195	David Mellor	East Cheshire Harriers	45.29
21	90	Dale Morris	Manchester Harriers	45.56
22	173	Martin Platt	Macclesfield Harriers	46.10
23	386	Mark Abbott	U/A	46.15
24	87	Stan Winterton	Trentham	46.20
25	376	Stuart Nash	Silverdale RC	46.27
26	94	Brian Macfadyen	Macclesfield Harriers	46.28
27	360	Michael Warburton	Stockport Harriers	46.29
28	379	Dave Bowers	Macclesfield Harriers	46.30
29	385	Phillip Bratby	Congleton Harriers	46.42
30	181	Andrew Fletcher	U/A	46.48
31	91	Nick Mills	Pembroke	47.26
32	109	Andy Watts	Wilmslow RC	47.28
33	102	Gordon Bickerton	South Cheshire Harriers	47.35
34	356	Gavin Mondham	Wilmslow RC	47.45
35	384	Paul Sellers	Congleton Harriers	47.55
36	406	Martin Cortvriend	Macclesfield Harriers	48.05
37	174	Nigel Lee	Newcastle Staffs AC	48.16
38	200	Alan Wardle	Macclesfield Harriers	48.22
39	190	Mark Smith	U/A	48.??
40	400	Judy McBride	Macclesfield Harriers	49.00
41	375	Neil Gunn	U/A	49.11
42	85	James Bradbury	Congleton Harriers	49.19
43	395	David Tucker	Macclesfield Harriers	49.23
44	187	Paul Meredith	U/A	49.27
45	118	Alan Oakes	Boalloy RC	49.30
46	410	Ken Anderson	Stafford Harriers	49.32
47	96	Carole Bowley	U/A	49.41
48	98	Jim Bradley	Buxton AC	49.49
49	411	Jonathan Hull	U/A	49.50
50	95	Michael O'Donnell	U/A	49.52
51	106	Jim Humphries	U/A	50.06
52	378	Anne Carr	Macclesfield Harriers	50.07

53	193	Stephen Nicol	U/A	50.13
54	412	Mike Cutler	South Cheshire Harriers	50.14
55	175	Johnathan Bell	U/A	50.21
56	104	Paul Hogan	Clayton Harriers	50.28
57	358	Colin Ardron	Macclesfield Harriers	50.40
58	86	David Andrew	U/A	50.41
59	186	Derek Dale	Congleton Harriers	50.54
60	405	Roger Teagle	Macclesfield Harriers	51.29
61	372	Antony Lear	Macclesfield Harriers	51.30
62	382	Kevin Day	Stubbington Geen Runners	51.35
63	392	Ray Ski	Manchester Harriers	52.03
64	108	Chris Dehan	East Cheshire Harriers	52.14
65	184	Maurice Hopkinson	Northern Vets AC	52.49
66	393	Roy Ilsley	Stockport Harriers	52.55
67	402	Stephen McBride	Macclesfield Harriers	53.13
68	196	David Heald	U/A	53.15
69	97	Sheila Bradley	Buxton AC	53.17
70	369	Alan Ireland	Macclesfield Harriers	53.44
71	99	Clive Boyden	South Cheshire Harriers	53.50
72	390	Giles Fielding	U/A	53.51
73	189	Richard Benson	Congleton Harriers	54.25
74	359	Chris Lamb	Tattenhall	55.02
75	391	David Forster	NSRRA	55.08
76	182	Steven Gregory	Macclesfield Harriers	55.12
77	117	Charlotte Godfrey	Wilmslow RC	55.28
78	387	David Shoesmith	Macclesfield Harriers	55.30
79	399	Alan Richards	U/A	55.38
80	84	Mark Saxton	U/A	55.55
81	354	Alan Weeks	Macclesfield Harriers	56.21
82	176	Phillip Bell	U/A	56.31
84	119	Richard Baker	Wilmslow RC	56.34
85	380	David Taylor	Congleton Harriers	56.42
86	116	Trevor Faulkner	Wilmslow RC	56.47
87	92	Andrew Doyle	Merseyside Police	56.49
88	373	Peter Hill	Goyt Valley	56.51
89	89	Michael Horton	Boalloy RC	56.53
90	171	Dianne Donnelly	U/A	56.59
91	101	Sheila Bickerton	South Cheshire Harriers	57.00
92	366	?	?	57.08
93	414	Jim Crook	Macclesfield Harriers	57.19
94	363	Charlie Seddon	Macclesfield Harriers	57.45
95	197	John Cope	Boalloy RC	58.01
96	365	Sue Stafford	Goyt Valley	58.14
97	114	Derek Burton	Macclesfield Harriers	58.17
98	388	Victor Crawford	Macclesfield Harriers	58.24
99	112	Tracey Whitehurst	Boalloy RC	58.27
100	180	Rosemary Britton	SMAC	58.33
101	177	Maggie Freeman	Stone MM	58.41
102	93	Phillip Dean	U/A	58.43
103	362	Andrew Etherton	U/A	59.16
104	353	Cheryl Kersahw	Macclesfield Harriers	59.25
105	80	Michelle Kershaw	Macclesfield Harriers	59.25
106	415	Gavin Tennant	U/A	59.29
107	370	Elizabeth Davies	Macclesfield Harriers	59.39
108	394	Wendy Nettleton	Goyt Valley	60.02
109	364	Helen Anderson	Macclesfield Harriers	60.04

110	185	Bill Mansley	Spectrum Striders	60.16
111	115	Anji Lee	U/A	60.25
112	199	David Upton	Stone MM	60.37
113	357	Sabine Robinson	Macclesfield Harriers	60.42
114	367	Ken Wright	Rolls Royce Harriers	61.04
115	396	Lionel Jones	Trentham	61.16
116	398	Yvonne Richards	U/A	62.24
117	120	Mark Whelan	Goyt Valley	63.02
118	420	Denis Bracqbien	U/A	63.41
119	179	David Taylor	Staffs Moorlands	63.56
120	397	Johanna Dixon	U/A	64.44
121	188	Shirrin Norris	U/A	64.44
122	192	Rachel Marchington	U/A	67.05
123	113	Jacqueline Burton	Macclesfield Harriers	69.01
124	105	Margaret Black	Macclesfield Harriers	69.01
125	416	Orla McKenna	U/A	72.42
126	191	Wendy Dean	U/A	73.45
127	82			74.09
128	172	Julie Walton	Macclesfield Harriers	77.52
129	183	Elaine Gregory	Macclesfield Harriers	81.15